ANNUAL REPORT 2023





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IT'S TIME FOR PEACE

by Father **Dante Carraro** Director of Doctors with Africa CUAMM I will always carry the cry of Pope Francis during his 2023 Apostolic Journey to South Sudan in my heart.

In Juba, his voice weary yet decisive, in front of the highest local authorities, he pronounced: "ENOUGH OF THIS! (Luke 22.51). Now is the time to say 'Enough,' no ifs, ands or buts. Enough bloodshed. Enough conflicts. Enough violence and mutual recriminations." He continued: "May the patience and the sacrifices of the South Sudanese, of such young, poor, humble and courageous people, challenge everyone.

Now is the time for PEACE!"

My heart is full of sorrow and pain after what I've seen in **South Sudan** and other places, where people leave in search of bread and safety, looking for simple answers, seeking a glimmer of dignity. Fleeing intolerable conditions, they often suffer due to forced displacement. And, at least on the African continent, almost all of the people who migrate do so within the country they live in: only a small percentage flee abroad, all the way to the Mediterranean. It's a phenomenon that's growing, even in the countries we work in.

In Mozambique, in the southern province of Cabo Delgado, many families have fled Palma and Mocímboa da Praia, heading south to Pemba and Montepuez. They make up almost half of the two million people living in the area. In South Sudan, 5 million people have fled, either crossing into **Ethiopia and Uganda** or remaining in the country and heading to camps in Juba, Minkamen, Nyal, Bentiu and Malakal.

So much suffering and so much pain. Then there's Ethiopia, where similar tragedies are found in the Somali Region to the south, in the Gambella refugee camps to the west, in the Debre Berhan area, in the Amhara Region to the north, without mentioning the disaster in Tigray. All this has challenged CUAMM and our being WITH Africa. The end goal is and always will be supporting the long-term development of healthcare systems and heavily investing in the education and training of local personnel.

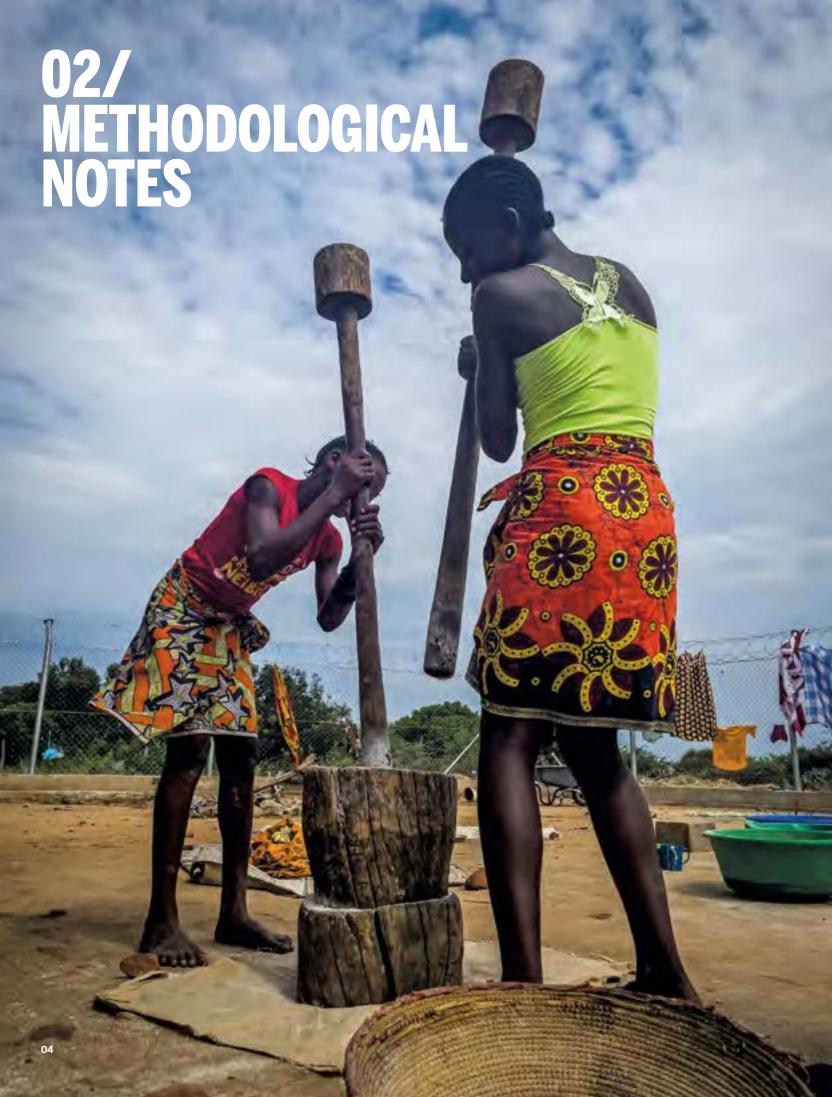
These emergencies, acute at times, prolonged at others, **have become** "our home," our land, our suffering, our people and our lives. For this reason, on **Africa Day** (May 25th), we organized a **mobilization** with hundreds of local events dedicated to the Africa that we carry in our name and for which we tenaciously and obstinately work, day in and day out. These events were designed to **engage** towns and cities, parishes and associations, professional groups, Rotary and Lyons clubs, universities, and the young and not-so-young, and to **take concrete action starting precisely from young Africans**, giving them the education and training opportunities that they so deeply desire (training is and always has been at the root of CUAMM's actions), investing in and building paths for their future. It's an Africa made of special people who want to study and learn, people who, for this very reason, have found the work that they are passionate about and dedicated to, as is recounted in **Africa, Andata e Ritorno** (**Africa, There and Back**), the book which was published by Laterza in October.

"A Casa Mia" (At Home) was thus the heartfelt plea that we launched at the 2023 Annual Meeting. It's a plea which **expresses** the deepest desire of every human being: that of finding a place where you feel at home, a place to live in peace.

In over 70 years of working in Africa, we've learned that **training** and **work opportunities** are a fundamental lever for long, thorough development. It's the only way for things to improve, because competent, motivated people and professionals are what truly make a difference.

So, we've set a goal to train 10,000 healthcare workers, a goal that we'll work towards together with who decide to help us. We couldn't do it without you!

Foreword 03



OUR FUNDAMENTALS

For the past 70 years, Doctors with Africa CUAMM has worked tirelessly to promote and protect the health of people in low-income countries, by helping to develop and improve local health systems. While our methods evolve over time to best meet changes and growth in local contexts, Doctors with Africa CUAMM's modus operandi has remained constant, featuring:

- the on-the-ground presence of health professionals working alongside local actors and institutions, both public and private, to tackle everyday challenges;
- ongoing **dialog** with public and private, local and international institutions to ensure that what we do is in line with domestic and international health policies and standards:
- ongoing scholastic training for international and local staff, with a focus on monitoring and operational research as tools for continuously improved health.

PRO IFCTS

From the start, this combination of on-the-ground presence and dialog within a **project framework** has been the driving force for the development of beneficiary settings – from analysis of the situations at hand and definition of the most pressing needs and goals, to the actions to be taken to achieve them.

Our **project modus operandi** is thus the way we put Doctors with Africa CUAMM's mission into action and, together with the field presence of "CUAMM doctors," a guarantee that the most vulnerable can get the care they need.

In parallel, we implement project-based activities aimed at improving healthcare systems and providing services which benefit the entire community.

Guiding documents:

- Strategic Plan 2008-2015

Strengthening health systems: Doctors with Africa CUAMM's contribution to helping the poor achieve their right to health per the Millennium Development Goals

- Strategic Plan 2016-2030

Strengthening health systems to build resilient communities in Africa.

https://doctorswithafrica.org/en/who-we-are/mission/strategic-plan-2016-2030/

The above documents focus on the following aspects of health systems:

- accessibility and equitable financing in order to reduce inequalities,
- public-private partnerships in order to optimize, rather than duplicate, joint efforts,
- ongoing training of local human resources in order to build up sustainable institutional capacities,
- monitoring and evaluation of the performance of interventions and health care systems in order to optimize efficiency and effectiveness, including through operational research projects on different methodologies, strategies and clinical aspects.

We looked to the WHO when selecting the areas in which to intervene and strengthen health systems, operating on three system levels: hospitals, peripheral health centers, and communities.

WHO, 2010, Monitoring the Building Blocks of Health Systems: A handbook of Indicators and their Measurement Strategies, Geneva.

In order to develop project proposals in keeping with these principles and to achieve maximum efficacy and to reach our stated objectives, Doctors with Africa CUAMM follows the guidelines for the planning and analysis of health systems (at both the district and hospital levels) based on the WHO's six "building blocks" framework.

https://sdgs.un.org/goals

The end goal was and remains first and foremost to guarantee primary health care, helping to achieve a number of the former Millennium Development Goals (MDGs), such as reducing child and maternal mortality and combating major endemic diseases such as HIV/AIDS, tuberculosis and malaria, and more recently the Sustainable Development Goals (SDGs). In particular:

SDG 3 (good health and well-being)

which encompasses many of the targets for the reduction of preventable morbidity and mortality, starting with improved maternal and child health, a reduction in chronic diseases and the achievement of universal health coverage and access to healthcare;

- SDG 2 (zero hunger)

specifically, Target 2.2: to end all forms of acute and chronic malnutrition;

SDG 5 (gender equality)

specifically, Target 5.6: to ensure universal access to sexual and reproductive health and rights;

SDG 6 (clean water and sanitation)

as non-health-related determinants of people's health status, and further goals including education, employment and the reduction of inequalities.

The same framework has been adopted by the international development agencies with which Doctors with Africa CUAMM collaborates and implements projects.

https://trasparenza.aics.gov.it/moduli/downloadFile. php?file=oggetto_allegati/233812235500_ ODocumento+triennale+di+programmazione+ indirizzo+2021-2023.pdf

In its three-year (2019-2021) planning and policy document, the Italian Agency for Development Cooperation defined the SDG-based priorities underlying its development aid policies. They are also aligned with those of the European Commission:

https://ec.europa.eu/info/strategy/internationalstrategies/sustainable-development-goals_it

as well as those of the U.K.'s Foreign, Commonwealth & Development Office:

https://www.gov.uk/international-development-funding/uk-aid-direct

and of France's Agence Française de Développement: https://www.afd.fr/fr

This cooperation policy alignment among development agencies and donors helps generate project proposals that align with and are responsive to the needs of beneficiary nations, where the monitoring framework is already incorporated into the goals and targets adopted by the U.N.'s 193 Member States in September 2015.

MONITORING

These agencies assess and monitor development cooperation projects and programs based on the framework devised by the Development Assistance Committee of the Organisation for Economic Co-operation and Development (OECD DAC), which features six recently revised evaluation criteria:

- 1 Relevance
- 2 Coherence
- 3 Effectiveness
- 4 Efficiency
- 5 Impact
- 6 Sustainability

http://www.oecd.org/dac/evaluation/ daccriteriaforevaluatingdevelopmentassistance. htm?source=post_page-2

These parameters are used collectively to assess whether a project has achieved its set objectives and whether the latter were relevant to and coherent with the local context and other concurrent interventions, aiming for the efficient use of resources and sustainable impacts and outcomes.

Methodological notes 05

To that end, the monitoring process, including ongoing dialog with *stakeholders* (both funders and beneficiaries), also entails assessing how prudently and efficiently human and financial resources are being used, a matter that has always been of primary importance to Doctors with Africa CUAMM. It is made explicit in our mission and through our commitment to working with local partners. Moreover, spending thriftily but judiciously, including in terms of technical aspects, is an operational choice.

To monitor and measure the effectiveness of our projects and their impact on the SDGs and local health systems, we believe that it is essential to use internationally recognized indicators and targets, to compare the systems implemented in different districts, hospitals and countries, and to evaluate different organizational and clinical methodologies in order to unearth evidence of what works, what doesn't work, and what works best in limited-resource settings.

One of the main such tools used for monitoring hospital performance is the standard unit of output (SUO).

Andrea Mandelli, Daniele Giusti, **Using HMIS for monitoring and planning: the experience of Uganda Catholic Medical Bureau; Health Policy and Development Journal**, Vol. 3, N. 1, April, 2005,
pp. 68-76

Developed by Daniele Giusti in the 1990s and used by Uganda's Ministry of Health up until a few years ago, the SUO is a composite index calculated based on the respective costs for five standard, consistently available hospital services: outpatient contacts, inpatient episodes, deliveries, pre- and postnatal visits, and immunizations.

For maternal health, CUAMM uses the system laid out in *Monitoring Emergency Obstetric Care*, a WHO publication that defines indicators for the availability, coverage and quality of obstetric and neonatal care.

Monitoring emergency obstetric care: a handbook. World Health Organization 2009

We have used all of these performance indicators for many years now, both to report annually on our activities and to help guide the design of future projects, taking a dialectical approach to our interactions with local stakeholders and settings – health personnel first and foremost, but also local authorities, public and private international partners, and the health service beneficiaries themselves.

We strongly believe that in addition to providing numerous health services and activities year after year, we must also make sure to always correlate baseline data to the final results achieved and the targets set during the planning phase, to ensure that our actions continue to improve and become increasingly effective over time.

This is why we not only use the **indicators from each country's information system** (which also set targets, either annual or aligned with the above-mentioned SDGs and major endemic diseases such as malaria, TB and HIV) but also, in order to standardize our performance indicators and measurement systems, why we recently started to collaborate with the Management and Healthcare Laboratory of the Sant'Anna School of Advanced Studies in Pisa, which has been working for around 15 years to develop a **performance evaluation system** for use by Italy's regional healthcare systems.

https://www.mediciconlafrica.org/wp-content/
uploads/2020/10/Report_CUAMM19_web.pdf *

Tavoschi L, Belardi P, Mazzilli S, Manenti F, Pellizzer G,
Abebe D, Azzimonti G, Nsubuga JB, Dall'Oglio G, Vainieri M.

An integrated hospital-district performance evaluation
for communicable diseases in low-and middle-income
countries: Evidence from a pilot in three sub-Saharan
countries. PLoS One. 2022 Mar 31;17(3):e0266225. PMID:
35358254; PMCID: PMC8970489. https://doi.org/10.1371/
journal.pone.0266225

Belardi P, Corazza I, Bonciani M, Manenti F, Vainieri M.

Evaluating Healthcare Performance in Low- and MiddleIncome Countries: A Pilot Study on Selected Settings
in Ethiopia, Tanzania, and Uganda.
Int J Environ Res Public Health. 2022 Dec 20;20(1):41..
PMID: 36612364; PMCID: PMC9819807.https://doi.
org/10.3390/ijerph20010041

In 2019, this innovative system was used in three African countries and four different systems consisting of a non-profit hospital and peripheral government health facilities, leading to the publication of annual reports with 117 indicators, 48 of which were evaluated with respect to international benchmarks or standards and represented by 5 colored bands based on the statistical distribution of the values, from 0 (red) to 5 (dark green).

*The 2022 Annual Report is available upon request



HUMAN RESOURCES

In alignment with Doctors with Africa CUAMM's 2000 Policy Document and subsequent 2008-2015 and 2016-2030 Strategic Plans, the **human resources** we depend on to implement CUAMM projects are our most precious capital. Accordingly, our personnel management system plays an increasingly important role, focusing on HR development in terms of both motivation and professionalism, and making recruitment, selection and training activities as central as those of monitoring and evaluation.

Personnel recruitment is carried out in keeping with our **Strategic Plan**, with job openings being publicized in order to reach the greatest possible number of potential candidates both internationally and in the African country where the job will be located. Those from CUAMM's own network are seen as capital to be retained and developed, and external candidates are seen as opportunities to expand our pool of professional talent.

In keeping with WHO recommendations, our selection process is based on the criteria of equal opportunity and nondiscrimination, with candidates being considered regardless of ethnicity, gender, political orientation, sexual orientation, religion and/or personal opinions.

Global Code of Practice on the International Recruitment of Health Personnel

During the selection process, we seek out candidates who possess not only the requisite technical skills, but also the motivation and values that have always been the underlying spirit of Doctors with Africa CUAMM's activities as well as "the qualifying, significantly distinctive aspect of the modus operandi" of all the individuals who work with CUAMM, as stated in *Charisma at the Service of Health* [Il carisma al servizio della salute], co-edited by N. A. De Carlo and G. Luzzato (2006, pp. 55-59).

A third, critically important area is that of training, which CUAMM has always seen as crucial to ensuring quality services for beneficiary communities. Each aid worker is given precise preparation and training for their specific mission, and continues to receive on-the-job training once on the ground. The professional growth of both local and international personnel is thereby ensured per the training guidelines set out in the above-mentioned WHO Code of Practice.

Finally, Doctors with Africa CUAMM enters into written contracts with its personnel, drawn up in compliance with the laws of the country where the intervention is to take place and any existing collective bargaining agreements. By signing their contract, each aid worker makes a commitment to adhere to CUAMM's mission and the International Red Cross's Code of Conduct, to which CUAMM is a signatory.

The Code of Conduct for the International Red Cross and Red Crescent Movement and Non Governmental Organisations (NGOs) in Disaster Relief, 1992

More specifically, by signing on to the policies that CUAMM has drawn up in keeping with international standards and guidelines, each aid worker formally pledges to uphold gender equality, safeguard children, and protect both the latter and adults from sexual exploitation or abuse while doing their jobs.

https://doctorswithafrica.org/en/who-we-are/organization/organization/

Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW): Basic principles from the UN Secretary-General's Bulletin on Special measures for protection from sexual exploitation and sexual abuse (ST/SGB/2003/13)

Doctors with Africa CUAMM also takes responsibility for ensuring the psychological and physical safety of its workers, both nationally and internationally. To this end, we drew up a document covering CUAMM's general principles vis-à-vis the security of our personnel, with a special security plan for each of the African countries where we're present:

Guidelines for personnel security.

Prevention of and response to road accidents and violence, Doctors with Africa CUAMM (2006)

To further safeguard the well-being of our personnel, CUAMM has adopted a system for monitoring and evaluating both the technical and general skills of its human resources, with the aim of continuously improving the awareness and sense of responsibility of each individual and of our organization overall.

FINANCES, FUNDING AND ASSETS

of the Italian Civil Code.

In terms of finances, funding and assets, the operational strategy of Doctors with Africa CUAMM is centered around the efficient and effective use of its resources as a path to achieving its mission.

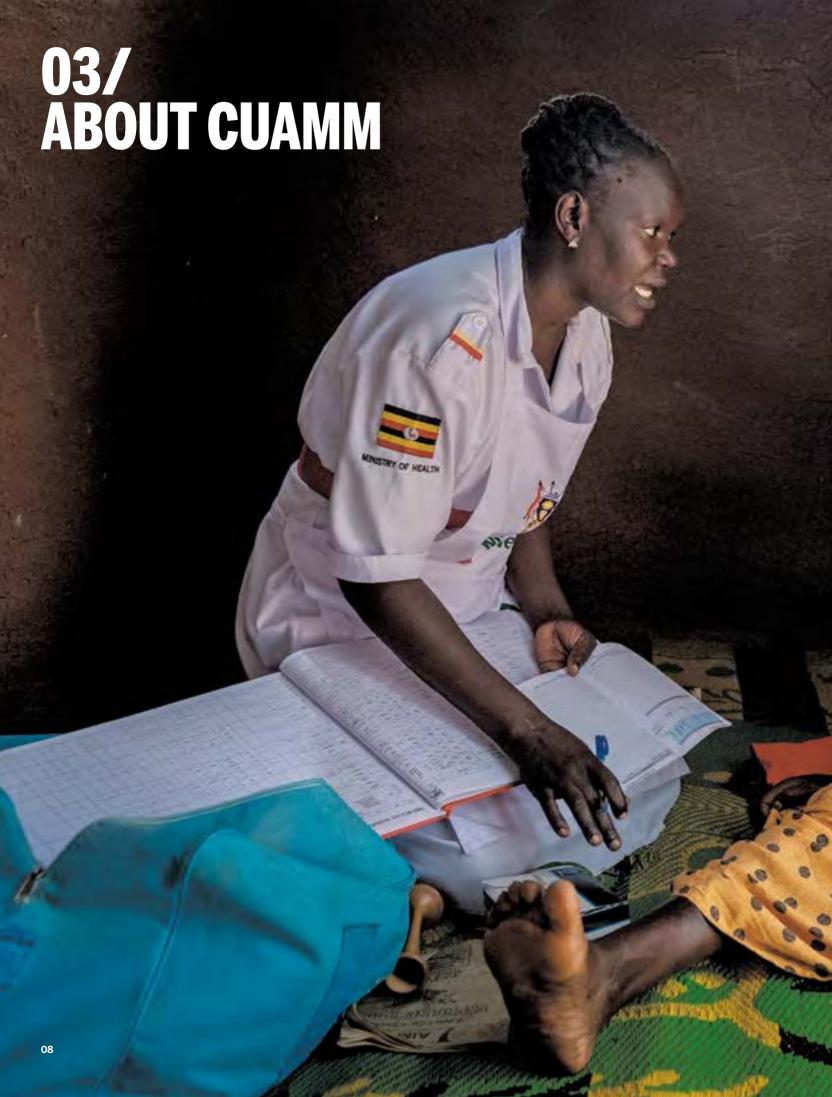
In accordance with the relevant regulatory framework, the annual financial statements of Doctors with Africa CUAMM are **audited** by an **independent** auditing firm to ensure that they clearly and accurately represent the organization's finances, assets and economic achievements.

The accounting principles used comply with those recommended by the Consigli Nazionali dei Dottori Commercialisti and Esperti Contabili (representative bodies of accounting professions in Italy), duly interpreted and adjusted where necessary to reflect the organization's particular nature. The valuation criteria used for drawing up the annual financial statements comply with the provisions set forth in Article 2426

Our organization's activities are also subject to oversight and monitoring by the Board of Auditors in accordance with the latter's standards of conduct and the provisions of Legislative Decree 117/2017 as recommended by the aforementioned Consigli Nazionali as well as the Supervisory Board appointed for this purpose in accordance with applicable law. Reporting for individual institutional projects generally involves independent external audits in order to assure donors of the coherence and congruity of expenditures for the activities actually implemented compared to the activities covered by the contracts entered into with said donors.

The Foundation operates in compliance with all current national and/or regional regulations and laws concerning the environment; occupational health; safety and hygiene; and privacy.

Methodological notes 07





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Legal form:

Non-governmental organization legally integrated within the Opera San Francesco Saverio Foundation, a civilly recognized ecclesiastical entity. Enrolled in the National Registry of non-profit organizations pursuant to Leg. Decree 460/1997 by order of the Veneto Branch of the Italian Revenue Agency, prot. n. 2015/13016 of March 12, 2015. Civil society organization registered per Article 26 of Law N. 125/2014 by Decree n. 2016/337/000119/4 of March 24, 2016. Pursuant to Leg. Decree 117/2017, Doctors with Africa CUAMM is a third sector organization pending registration with Italy's Single National Third Sector Registry (RUNTS), tax code/VAT number 00677540288.

Tax status: Third sector organization.

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Regent Estate - P.O. Box 23447.

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Chernivtsi (Ukraine), 58029, pr-t Nezalezhnosti, 106.

Prorizna St. 9, office 2, Kyiv 01001

Operational areas:

Italy and the African and Eastern European countries where Doctors with Africa CUAMM maintains offices.

WHERE WE WORK

DOCTORS WITH AFRICA CUAMM IN NUMBERS

73 years

9 countries

main hospitals

843health facilities supported

116 districts

1 university

schools for nurses and midwives

3,465 human resources on the ground, including

282 Europeans, of whom

273 <u>are Ita</u>lian.

SOUTH SUDAN

4

main hospitals (Cueibet, Lui, Rumbek and Yirol)

2

schools for midwives (Lui and Rumbek)

300

human resources

2,100

human resources under special management

11

districts

SIERRA LEONE

ETHIOPIA

main hospitals

Gambella RH)

school for nurses

human resources

(Wolisso, Gambella and

and midwives (Wolisso)

3

1

298

27

districts

2

main hospitals (PCMH Freetown, Pujehun CMI)

99

human resources

9

districts

CENTRAL AFRICAN REP.

2

main hospitals (Bangui and Bocaranga)

116

human resources

6

districts

UGANDA

2

main hospitals (Aber and Matany)

1

school for nurses and midwives (Matany)

134

human resources

17

districts

MOZAMBIQUE

3

main hospitals (Beira, Nhamatanda and Montepuez)

1

University (Beira)

298

human resources

27

districts

TANZANIA

3

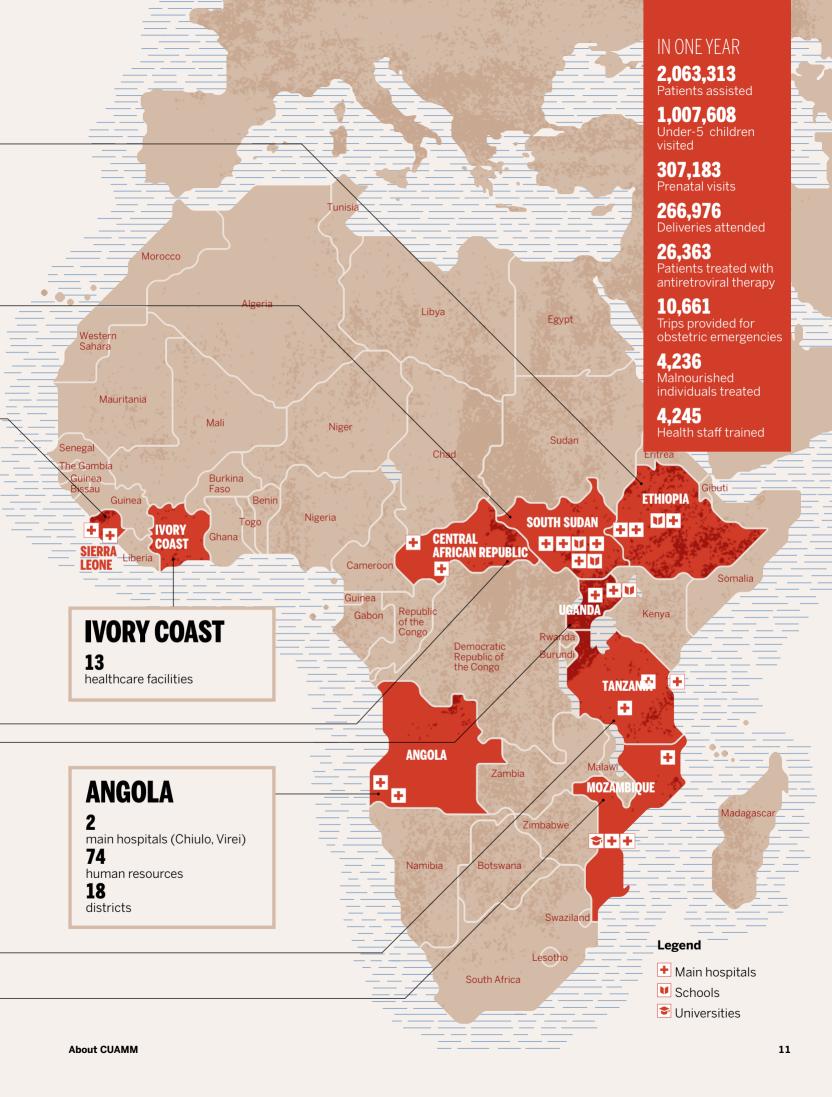
main hospitals (Tosamaganga, Kivunge and Dodoma)

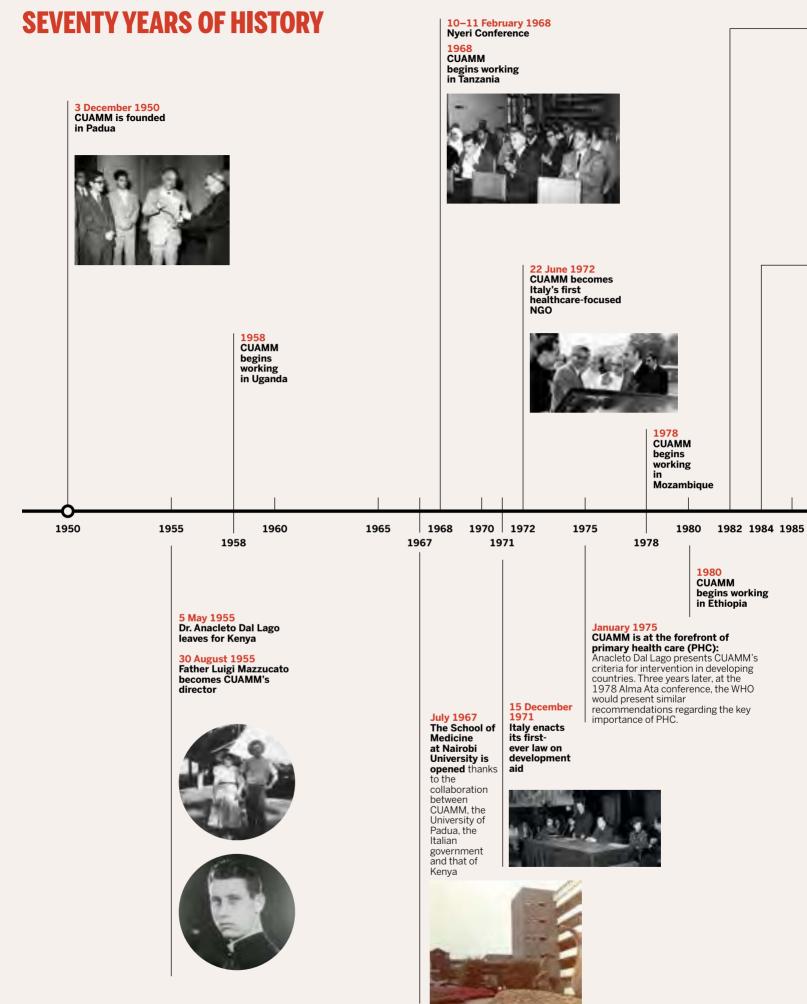
90

human resources

11

districts





July 1982 Tanzanian **President Julius** Nverere welcomes CUAMM volunteers working in the country to the presidential palace



October 1984 The Nursing and Midwifery School is opened at Matany Hospital



25 July 1998 **Professor Francesco** Canova, CUAMM'S founding father. passes away



25 August 2007 In Beira, the first group of 13 med school students

graduates from Catholic University of Mozambique



February 2008 A new director for CUAMM:

Father Luigi Mazzucato ends his term as Director of Doctors with Africa CUAMM; Father Dante Carraro replaces him.



15 December 2013

July 2014

War in South Sudan

8 August 2014 Ebola breaks out in Western Africa

Midwifery school set up in Lui, South Sudan



November 2016

The "Mothers and Children First: the First 1,000 Days" program is launched with a message from Italy's President

May 2016

Private audience with Pope Francis

March – April 2019 Tropical cyclones Idai and Kenneth

hit Mozambique

19 November 2022

Annual meeting at the Vatican with Pope Francis



1987-1990 **Hospital buildings** are constructed in Tanzania



1997 CUAMM begins working in Angola

> 2006 CUAMM begins working

23 September 2000 Inauguration of the St. Luke **Catholic Hospital** in Wolisso, Ethiopia



2012 CUAMM begins working in Sierra Leone

in South Sudan

November

2011 The "Mothers and Children First" program begins

23 March 2011 Publication of Paolo Rumiz's book II Bene Ostinato

March 2020 The WHO declares the worldwide COVID-19 public health emergency

3 December 2020 Doctors with Africa CUAMM turns 70

4 August 2018 CUAMM begins working in the Central African Republic

26 November 2015 Father Luigi Mazzucato passes away



About CUAMM 13

OUR HISTORY WITH AFRICA

ANGOLA



1997

Intervention begun in Uíge Province to tackle the emergency caused by the civil war

Health system support provided in Luanda and in Uíge and Cunene Provinces during the transition from emergency response to development work.

Launch of the program in support of the National Tuberculosis Control Program with funding from the Global Fund, continued until 2016.

Start of the "Mothers and Children First" program at the Chiulo Hospital in Cunene Province; its aim is to ensure access to safe deliveries and care for newborns in four African countries.

Innovative intervention in Luanda to improve capabilities to diagnose tuberculosis, diabetes and hypertension.

Launch of "Mothers and Children First. The First 1,000 Days" (the period from conception through a child's second birthday)

DOT pilot program begun in six municipalities in five provinces. Thanks to a solar panels, electricity is ensured for the hospital in Chiulo.

Integrated program to tackle acute malnutrition (FRESAN) started in Cunene Province.

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

ETHIOPIA



1980

First doctor sent to the Gambo leprosy hospital.

Agreement made with the Ethiopian Episcopalian Conference for construction of St. Luke Catholic Hospital in Wolisso with an attached school for midwives and nurses.

2012

Start of the "Mothers and Children First" program.

CUAMM beings working in South Omo.

The "Mothers and Children First. The First 1,000 Days" program begins.

Activities including support for South Sudanese refugees started in the Gambella Region.

CUAMM's partnership with the Ethiopian Ministry of Health strengthened with launch of two technical assistance projects.

2019

Wolisso hospital recognized by the Ethiopian Medical Society (through Ethiopian Health Minister Dr. Amir Aman) as best-performing hospital of the year.

Project begun in Harawa District, Somali Region, with infrastructure improvement and staff training activities.

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

MOZAMBIQUE



Launch of healthcare cooperation projects.

Action taken for the functional rehabilitation of the Sofala Province health network.

Support provided to Provincial Health Directorates (Sofala, Zambezia and Maputo).

Support provided to Beira Central Hospital.

Partnership with the Catholic University of Mozambique in Beira.

2014

Intervention in Cabo Delgado Province.

"Mothers and Children First. The First 1,000 Days" program begins.

Intervention in Tete Province to combat HIV/AIDS among the adolescent population; launch of the program to fight non-communicable diseases.

2018

Relations begun with Mozambique's Ministry of Health to draw up national guidelines on the management and treatment of diabetes and hypertension.

2019

Program to combat non-communicable diseases begun at primary healthcare level and 4th-level hospitals. Sofala and Cabo Delgado Provinces severely damaged by tropical cyclones Idai and Kenneth.

2022

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

CENTRAL AFRICAN REPUBLIC



July 2018

CUAMM begins working at the Bangui pediatric complex.

August 2018

Giovanni Putoto, CUAMM's Head of Planning, meets with the Central African Republic's President Faustin-Archange Touadéra at the launch of the project to support the Children's Hospital in Bangui, funded in part by the European Commission's Bêkou Trust Fund.

April 2019 Project Head Stefano Vicentini presents project activities and data from Bangui Children's Hospital to the Central African Republic's National Assembly.

November 2019

Pierre Somse, Health Minister of the Central African Republic, and Stefano Manservisi, Director-General of DEVCO, visits Bangui Children's Hospital.

December 2019The European Commission's Bêkou Trust Fund renews its confidence in CUAMM and Action Contre la Faim (ACF), making it possible to continue the partnership and activities with Bangui Children's Hospital for another year.

In partnership with OCHA, the eight ambulances used in the Bangui health referral system are made continuously operational

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

SIERRA LEONE



CUAMM begins working in Sierra Leone's Pujehun District.

Sierra Leone is the country hit hardest by the Ebola outbreak. CUAMM stays on in Pujehun, ensuring the presence of international personnel and the continuity of essential

2015

Support started up for the hospital in Lunsar after it was forced to close during the Ebola

The "Mothers and Children First. The First 1,000 Days" program launched in Pujehun; support provided to PCMH, the country's largest maternity hospital, in Freetown.

Support begun to regional hospitals in Makeni and Bo and to the district hospital in Bonthe. Inauguration of Sierra Leone's first maternal intensive care unit at PCMH.

Launch of the National Emergency Medical Service (NEMS).

NEMS figures: 80 operational ambulances and 28,792 "missions" completed.

2020

NEMS handed over to national health authorities. Three maternal intensive care units set up in Bo, Makeni and Pujehun.

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

SOUTH SUDAN



2006-2012

Activities launched at Yirol and Lui hospitals.

Public health program in Yirol

West and Rumbek North. Cueibet health center given hospital status. Midwifery diploma course begun in Lui.

2015-2017

Public health program expanded throughout the former Lakes State. Activities begun at the hospital in Rumbek

2017-2018

Response to the famine in the former Unity State with an emergency intervention in the swamplands near the Nyal Port. Public health program launched in four counties of former Western Equatoria. Activities begun at the hospital in Maridi.

Operating room completed in Nyal. New cycle of the midwifery diploma course begun at the Lui Health Sciences Institute. Community health program begun: 640 community health workers in 8 counties.

New pediatric ward at the hospital in Rumbek completed and inaugurated. Community health program expanded to all 11 counties. Epilepsy clinic started up at Lui and Maridi hospitals and the Mundri health center. Support begun for the Rumbek Health Sciences Institute.

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

TANZANIA



1968

Efforts to reinforce the Iringa health system begun.

Opening of the hospital in Iringa.

2012

Launch of the "Mothers and Children First" program to ensure access to safe deliveries and care for newborns in four African countries.

Project to address child

malnutrition launched in the Iringa

and Njombe Regions.

2016

Launch of second phase of "Mothers and Children First. The First 1,000 Days," (the period from conception through a baby's 2nd birthday), with a focus on nutrition.

The Prime Minister names CUAMM the "best partner" in the field of nutrition.

2018 CUAMM active in Tanzania

for 50 years.

CUAMM becomes a member of technical working groups on nutrition, maternal and child health, early development, chronic non-communicable diseases and HIV.

2020-2021

Test and Treat program for HIV prevention and treatment in the Simiyu and Shinyanga Regions wrapped up; activities focused on chronic diseases trengthened.

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

UGANDA



First doctor sent to the hospital in Angal.

Bilateral health cooperation agreement between Italy and Uganda: CUAMM doctors begin working within the country's health system.

1990s

Hospital in Arua rebuilt and hospitals in Maracha, Angal, Aber and Matany renovated.

2012 "Mothers and Children First" program begun.

"Mothers and Children First. The First 1,000 Days," (the period from conception through a baby's 2nd birthday), program begun.

CUAMM returns to West Nile to support the response to the South Sudanese refugee crisis.

Activities launched throughout the Lango sub-region.

Project begun in support of eye health in Arua District.

Launch of the third phase of the "Mothers and Children First" program: "People and Skills."

About CUAMM 15

MISSION AND VALUES

The core values underlying Doctors with Africa CUAMM's mission and activities are:

- Christian inspiration and bonds with the Catholic Church, with constant reference to Christian values and the Gospel:
- "With Africa": our organization works with African communities, involving local people at various levels. We use the word "with" to underscore our conception of sharing, interchange, intense engagement, and mutual effort, highlighting not only local problems and needs, but also the values of the continent in order to foster long-term development;
- experience: Doctors with Africa CUAMM has more than 70 years of experience working in developing countries:
- specific and exclusive expertise in the field of medicine and healthcare;
- confidentiality: our goal is to keep the focus on those in need of aid, not on those providing it. Doctors with Africa CUAMM seeks to engage with everyone who believes in the values of dialog, cooperation, volunteer work, cultural exchange, friendship between peoples, the defense of human rights, respect for life, the willingness to make personal sacrifices, prioritizing the poor, the spirit of service, and an understanding of

CUAMM's criteria for intervention. We carry out long-term projects aimed at engendering development, training dedicated human resources in both Italy and Africa, conducting research and disseminating the findings, and affirming the basic and universal human right to health.

We have two central goals:

- to improve health conditions in Africa, based on our conviction that health is a universal human right, not a commodity, and thus access to health services cannot be a privilege; and
- to foster feelings of positivity and solidarity towards Africa, i.e., a sense of responsibility to help increase institutional and public interest in, hope for, and commitment to improving the future of the continent

POSTCARDS FROM 2023

SOUTH SUDAN

Meeting with Pope Francis in Juba, South Sudan. 3 February 2023

On his ecumenical journey, Pope Francis stopped in Juba, South Sudan to bring the world's attention to the poorest country in the world, with millions of people displaced due to internal conflicts, floods and food insecurity, a country in which Doctors with Africa CUAMM has worked since 2006.



VATICAN CITY

Guardian of Life award given to Magdalen Awor, Vatican City. 21 February 2023

The Pontifical
Academy for Life gave
the Guardian of Life
award to Ugandaborn Magdalene Awor
for the passion and
professionalism
which she puts into
her work as an
midwife and educator
at the school in
Rumbek, South
Sudan.



SIERRA LEONE

Opening of the PEN-Plus Clinic, Pujehun, Sierra Leone. 23 February 2023

The PEN-Plus Clinic was opened in the village of Pujehun, Sierra Leone. This space will be used to treat patients with diabetes, hypertension and other chronic pathologies, which are sharply increasing in the country.



SENEGAL

Reading Africa at the Italian Cultural Institute in Dakar, Senegal. 18 March 2023

The Italian Cultural Institute in Dakar, Senegal promoted the exhibit based on the African literature project titled "Reading Africa" by Doctors with Africa CUAMM, illustrated by Andrea Mongia.



ACTIVITIES

- Doctors with Africa CUAMM is active in the field of international development and cooperation in accordance with Law N. 125 of 11 Aug 2014 and later amendments (Art. 5.1.n of Leg. Decree 117/2017).
- Organization and management of cultural, artistic and/or recreational activities of social interest, including publishing, to foster and spread the culture and practice of volunteer work and activities of general interest (Art. 5.1.i of Leg. Decree 117/2017).
- Organization and management of activities of social, cultural and religious interest (Art. 5.1.k of Leg. Decree 117/2017).
- University-level and post-graduate training (Art. 5.1.g of Leg. Decree 117/2017).
- **Scientific research** of particular social interest (*Art. 5.1.h of Leg. Decree* 117/2017).

NETWORKS WITH OTHER VOLUNTEER ORGANIZATIONS

Doctors with Africa CUAMM is a member of the **Link 2007 network** based in Rome (198 Via Germanico). CUAMM is also a **member of the Italian Network for Global Health**, based in Rome (30 Via dei Giubbonari), which is working to fight three pandemics (HIV/AIDS, tuberculosis, and malaria) and to advance the universal right to healthcare.

OTHER ASSOCIATIONS

Doctors with Africa CUAMM is:

- a member of the Global Outbreak Alert and Response Network (GOARN), which is part of the World Health Organization, headquartered in Geneva, c/o WHO.
- a member of the Global Infection Prevention and Control Network (GIPC), which is part of the World Health Organization, headquartered in Geneva, c/o WHO.
- a partner in the Conference of Italian University Rectors (CRUI) with the protocol signed January 10, 2022, headquartered at 48 Piazza Rondanini, Rome.
- a member of the Italian Institute of Donation (IID), headquartered at 2 Via Pantano, Milan.
- registered with the Register of Associations of the Municipality of Padua, n. 427, under section n. 4: peace, human rights and international cooperation.
- a member of the American Chamber of Commerce in Italy, headquartered at 1 Via Cantù, Milan.

ITALY

AfricaDay and the "In Movimento" press conference, Milan.
25 May 2023

To celebrate Africa
Day at its branch in
Palazzo Marino,
Doctors with Africa
CUAMM launched a
mobilization to place
Africa and its needs
at the center,
presenting events
which will get
everyone involved in a
new challenge:
training 10,000 new
healthcare workers in
Africa.



ETHIOPIA

Annual general meeting, Addis Ababa, Ethiopia. 25 September 2023

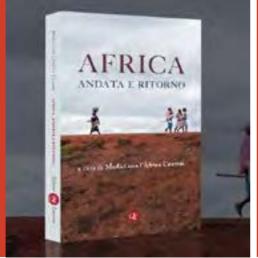
An event for accountability with institutions and stakeholders for a commitment that has lasted over 40 years in a country facing new hallenges Ethiopia.



ITALY

Africa, Andata e Ritorno comes to bookstores. 6 October 2023

Published by Laterza, Africa, Andatae Ritorno (Africa: There and Back) was released in October. Through 30 letters and heartfelt, intimate conversations, it speaks to life in the field and the hardships and joys of the youngest CUAMM professionals, both Italian and African.



ITAL

Father Dante and Professor Mantovani on Che Tempo Che Fa, Milan. 17 December 2023

Professor Alberto Mantovani, Chairman of the Humanitas Research Foundation, and Father Dante Carraro were guests of Fabio Fazio on the Italian television program Che Tempo Che Fa. Their conversation touched upon Africa, health, training, young people and the book Africa, There and Back.



About CUAMM 17



ANNUAL MEETING "ON THE MOVE WITH AFRICA AMID CRISES AND DEVELOPMENT"

The annual meeting is the most important event for Doctors with Africa CUAMM as it gives us a chance to **take stock** of what has been achieved in terms of projects in the field, with the presentation of the annual data from the **Mothers and Children First. People and Skills** program to the many donors that support it. Moreover, it's an important opportunity to **engage institutions** on many levels with the goal of **bringing Africa to the center of attention**, **political agendas and public opinion**.

The event was held at the Conservatory of Milan on Saturday, November 4, 2023, with Sveva Sagramola as the master of ceremonies. Many guests took to the stage, welcomed and introduced by Massimiliano Baggio, Director of the Conservatory of Milan. They included Mons. Delpini, Archbishop of Milan, and Italian politicians Antonio Taiani and Paolo Gentiloni, who discussed the Mattei Plan for Africa and the EU Recovery Plan. Professor Romano Prodi, Chairman of Fondazione per la Collaborazione tra i Popoli (Foundation for Collaboration between Populations) was joined by the Minister of Health of the Central African Republic, Pierre Somse to discuss conditions in the country. Special guests included Alberto Mantovani, who is Scientific Director of the Humanitas Clinical and Research Center, and Fabio Fazio, who invited Don Dante to his television program Che Tempo Che Fa. As a voice from Africa, Mozambique to be precise, Kajal Chhaganlal, Educational Director of the Catholic University of Mozambique, recounted her personal story of education.

They were joined by many others, including Mons. Claudio Cipolla, Bishop of Padua and Chairman of CUAMM, Card. Matteo Zuppi, President of the Italian Episcopal Conference, Giovanni Azzone, President of Cariplo, Elio Franzini, State University Rector, Beppe Severgnini, columnist at Corriere della Sera, Emma Campagnolo, JPO at CUAMM, who recounted her experience in Tanzania, Cecilia Sala, journalist at Chora Media, and Neri Marcoré, who brought an extraordinary rendition of La Guerra di Piero to the stage.

ANNUAL MEETING 2023

40 volunteers involved

12

buses organized

1,800 attendees



"It is a great honor and pleasure for me and the entire Conservatory to have you here.

For many years, we've been 'in movement' with CUAMM, organizing concerts and events to sustain its work in Africa. And once again today, we reaffirm our support for all of you."

Massimiliano BaggioDirector of the Conservatory of Milan

About CUAMM 19





"The Central African Republic is one of the poorest countries in the world. It has undergone decades of political instability, a situation which has led to disruptions in the national health system. Our maternal mortality rate is very high, the second-worst in the world, with 729 deaths every 10,000 live births and one of the worst infant mortality rates in the world, with 50 infant deaths for every 1,000 births.

It's a terrible situation. And it is in this context that we can appreciate the work carried out by CUAMM and by the Italian Government. In just 5 years, thanks to CUAMM, we've trained 20 pediatricians. Before there were only two."

Pierre Somse, Minister of Health Central African Republic "We live in a deeply interconnected world; we see continuous emergencies that, wherever they arise, impact the entire region. The experience of CUAMM shows us that improving quality of life in a large area guarantees improvement for all our communities. As a foundation, we decided to support an activity in Africa because it aligns with the goal of strengthening its communities, and the data presented here today are proof of that."

Giovanni Azzone, President Cariplo Foundation



- 1. Massimiliano Baggio, Director of the Conservatory of Milan, kicks off the event
- 2. Attendees of the Annual Meeting
- 3. Donors and sponsors
- 4. Daniela Talarico, a volunteer from the Milan CUAMM branch, gives lunch boxes to attendees
- 5. The staff of CUAMM Italy and Country Representatives
- 6. Antonio Tajani: Minister of Foreign Affairs and

- International Cooperation 7. Paolo Gentiloni: European Commissioner for Economy
- 8. Fabio Fazio and Alberto Mantovani: Journalist and television host; Scientific Director of Humanitas
- 9. Kajal Chhaganlal, Educational Director Catholic University of Mozambique
- 10. Neri Marcorè: Writer and actor













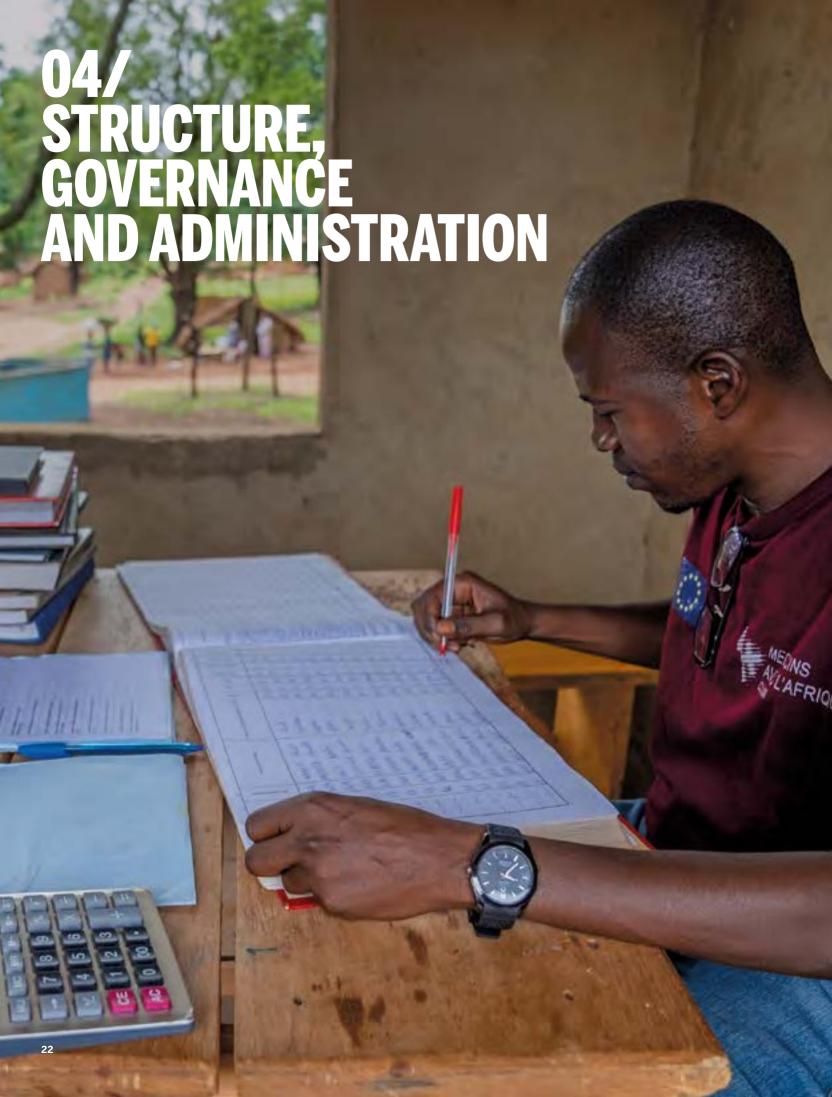








About CUAMM 21



STRUCTURE, GOVERNANCE AND ADMINISTRATION

SIZE AND MAKE-UP OF THE MEMBERSHIP BASE

While Doctors with Africa CUAMM, as a non-profit activity which is part of the Opera San Francesco Saverio Foundation, does not have a formally constituted membership base, it does have an Italy-wide network of over 5,200 volunteers who work in support of its goals. Some are members of CUAMM groups, while others are not members of any specific association, linked instead to the organization based on shared values and their belief in CUAMM projects in Italy and Africa.

SYSTEM OF GOVERNANCE AND CONTROL, STRUCTURE, RESPONSIBILITIES AND COMPOSITION

As a third sector organization (TSO) branch of the Opera San Francesco Saverio Foundation, Doctors with Africa CUAMM is governed by the Foundation's own Board of Directors, which consists of eight members and the Bishop of Padua, its de jure President. The Board and its Chairperson are responsible for governing CUAMM through the functions of direction, control and promotion. From 2021-2023, the **Board of Directors** was composed as follows (appointment decree by the Bishop of Padua N. 605/2021, dated 2 April 2021):

- Chairperson: Msgr. Claudio Ćipolla
- Members: Pietro Badaloni, Massimo Carraro, Diamante Ortensia D'Alessio, Carmelo Fanelli, Mario Raviglione, Vincenzo Riboni, Alberto Rigolli and Giuseppe Zaccaria.

Oversight of the organization is assigned to the **Board of Auditors** that reports to the Foundation. From 2021-2023, the Board of Auditors was composed as follows (appointment decree by the Bishop of Padua N. 606/2021, dated 2 April 2021):

- Chairperson: Piersandro Peraro
- Members: Marco Razzino and Ennio Peruzzi.

The Board of Directors approved amendments to Doctors with Africa CUAMM's model of organization, management and control by a resolution dated 11 June 2021. On the same occasion, pursuant to Art. 6 paragraph 1.b) of Legislative Decree. N. 231/2001, the Board appointed a **Supervisory Body** from 2021 to 2023, composed as follows:

- Chairperson: Atty. Regina Proietti
- Members: Matteo Capuzzo and Ettore Boles.

By resolution of June 11, 2021, in accordance with Art. 4 paragraph 3 of Legislative Decree N. 117/2017, the Board of Directors also approved the Regulations of the Foundation's TSO branch as published by deed of Notary Daria Righetto of Padua (Rep. N. 11.401, Racc. N. 6186 deposited at the Padua branch of the National Revenue Agency on 22 July 2021 under N. 30869, series 1T).

The **legal representation** and **management of Doctors with Africa CUAMM** is vested in its Director, Msgr. Dante Carraro, whom the Board of Directors appointed for the three-year period from 2021 to 2023 by a resolution dated 11 June 2021, through power of attorney of the Bishop of Padua, the Foundation's *de jure* President (Rep. N. 77293 - Racc. 26685 of June 14, 2018, Notary Fulvio Vaudano of Padua). The Director has signatory powers for financial management as well.

To ensure optimal operational management and facilitate the carrying out of certain procedures and/or handling of certain documents, some of the powers assigned to the Director may also be performed by the **Administrative Manager** of Doctors with Africa CUAMM, Andrea Borgato, through power of attorney of the Bishop of Padua, the Foundation's President (Rep. n. 743 - racc. 561 dated 15 March 2023, Notary Nicolas Marcolina of Padua). The functions of **Deputy Director** and the **management of finance and control** are also assigned to the Administrative Manager.

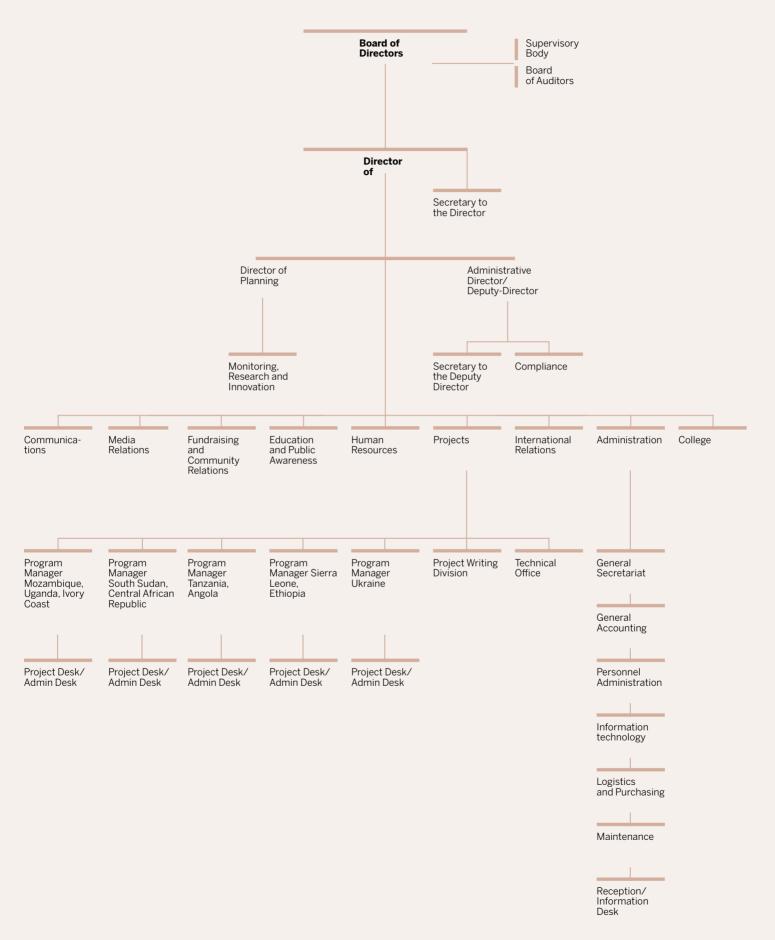
To help manage the organization's activities, CUAMM's Director relies on several managers whom he/she appoints to each of its divisions, as follows:

- Planning, monitoring, research and innovation Giovanni Putoto
- Project management Fabio Manenti
- Human resources Bettina Simoncini
- Administration Andrea lannetti
- International relations Andrea Atzori
- Communication Anna Talami
- Media relations Linda Previato
- Education and public awareness
 Chiara Cavagna
- Fundraising and community relations
 Oscar Merante Boschin.

INTERNAL DEMOCRATIC SYSTEM AND PARTICIPATION IN CUAMM'S ACTIVITIES BY ITS SUPPORTERS

As its legal form is that of the Opera San Francesco Saverio Foundation, Doctors with Africa CUAMM does not have a membership base. Its supporters participate in the activities of the organization in accordance with Art. 3 of Italy's TSO Regulations.

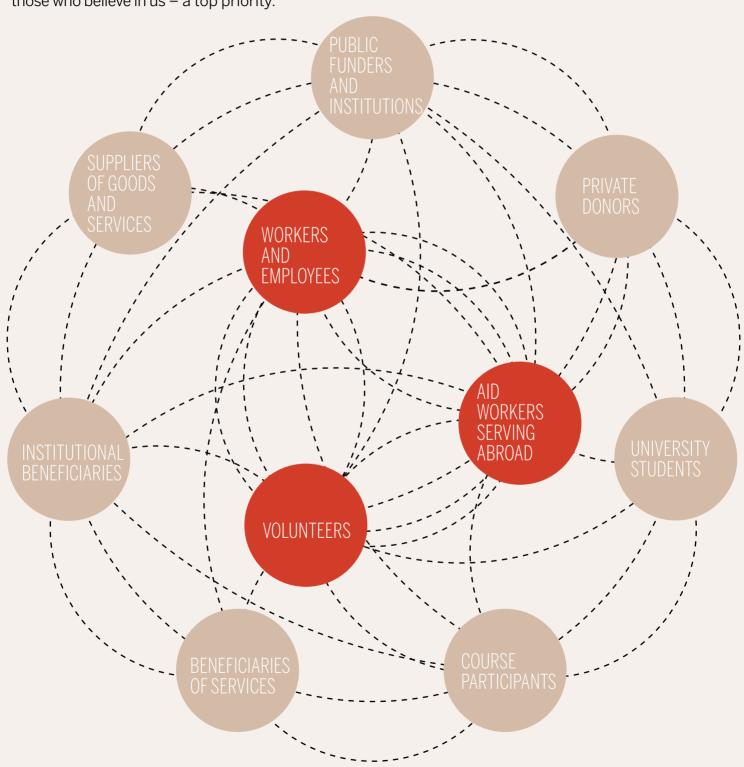
ORGANIZATIONAL CHART



MAP OF STAKEHOLDERS



CUAMM is deeply committed to accountability: it is crucial to us to know that our supporters consider us worthy of their trust. That's why we've made our relationship with our stakeholders, whether institutional or private, internal or external –with those who believe in us – a top priority.



Stakeholder

Interests/expectations

How we engage them

Internal stakeholders

Workers and employees

- achievement of mission objectives, job motivation/recognition
- stable employment
- corporate well-being and "company culture"
- professional autonomy in one's role
- sense of belonging
- salary and benefits
- equal opportunities
- training and acquisition of new skills/ –
 opportunities for professional growth –
- health and security for the individual and his or her coworkers
- work-life balance

- dissemination of the organization's Code of Ethics and its policies
- meetings with division heads
- periodic meetings with the Director (general staff meetings)
- periodic publications: èAfrica and Health and Development
- CUAMM weekly newsletter
- CUAMM monthly newsletter
- training and acquisition of new skills/ occasional/thematic newsletter from the Director
 - circulation of Annual Report providing information on activities, including financial statements
 - participation in events organized for external stakeholders, especially the Annual Meeting

Aid workers serving abroad

- salary proportional to the services rendered
- job motivation/recognition, achievement of mission objectives
- professional autonomy in one's role
- sense of belonging
- sense of moral/social gratification
- equal opportunities
- training and acquisition of new skills/ opportunities for professional growth –
- health and security for the individual and his or her coworkers

- dissemination of the organization's Code of Ethics and its policies
- meetings in the field (in Africa) with the Director and division heads
- periodic publications: èAfrica and Health and Development
- CUAMM weekly newsletter
- CUAMM monthly newsletter
- training and acquisition of new skills/ occasional/thematic newsletter from the Director
 - circulation of Annual Report providing information on activities, including financial statements
 - participation in events organized for external stakeholders

Volunteers

- work atmosphere suitable to one's psychophysical characteristics
- sense of belonging
- sense of moral/social gratification
- training and acquisition of new skills/ opportunities for professional growth
- dissemination of the organization's Code of Ethics and its policies
- meetings with the Director and specific division heads
- periodic publications: èAfrica and Health and Development
 - CUAMM weekly newsletter
 - CUAMM monthly newsletter
 - occasional/thematic newsletter from the Director
 - circulation of Annual Report providing information on activities, including financial statements
 - participation in events organized for external stakeholders, especially the Annual Meeting

External stakeholders

Public funders and institutions

- **Public funders** rational allocation of resources
 - assessment of organizational/ intervention effectiveness
 - comparison with similar organizations
 - transparency in relation to the organization's data
 - transparency in regard to supported initiatives
- dissemination of the organization's Code of Ethics and its policies
- meetings with the Director and/or the organization's division heads
- periodic publications: èAfrica and Health and Development
- audio/video productions
- media coverage
- circulation of Annual Report providing information on activities, including financial statements
- participation in events organized for external stakeholders, especially the Annual Meeting

External stakeholders

- **Private donors** rational allocation of resources
 - assessment of organizational/ intervention effectiveness
 - comparison with similar organizations
 - transparency in relation to the organization's data
 - transparency in regard to supported initiatives
- dissemination of the Code of Ethics and its policies
- meetings with the Director and some of the organization's specific division heads
- letters of thanks for donations received
- periodicpublications:èAfrica and Healthand Development
- CUAMM weekly newsletter
- CUAMM monthly newsletter
- occasional/thematic newsletter from the Director
- circulation of Annual Report providing information on activities, including financial statements
- participation in events organized for external stakeholders, especially the Annual Meeting

Suppliers of goods and services

- ongoing working relationship
- client solvency
- respect for/meeting deadlines
- enforcement of contractual provisions and compliance with ethical standards
- dissemination of the organization's Code of Ethics and its policies
- meetings with the Deputy Director and Head of Administration
- circulation of Annual Report providing information on activities, including financial statements
- participation in events organized for external stakeholders, especially the Annual Meeting

Institutional beneficiaries

- services delivered at a level of quality and professionalism that meets demands
- transparency of information
- verification of services provided
- institutional meetings and events (project launch and closure, inauguration of facilities, international days,
- activity implementation monitoring workshops
- help with the development of ministerial guidelines on specific health matters
- availability of project reports
- circulation of Annual Report providing information on activities, including financial statements
- dissemination of the organization's Code of Ethics and its policies

Service beneficiaries

- universal, nondiscriminatory service delivery
- provision of high-quality, professional services
- transparency of information
- continuity in the provision of services
- provision of people-oriented services
- information and awareness-raising activities on health and social issues (community gatherings, coffee ceremonies, cooking demonstrations, radio campaigns, etc.)
- distribution of informative materials and tools (brochures, kits for mothers, emergency kits, etc.)

Course participants

- training and acquisition of new skills
- opportunities for professional growth
- job opportunities following traineeship
- sense of belonging
- dissemination of the organization's Code of Ethics and its policies
- meetings with the Director and specific division heads
- periodic publications: èAfrica and Health and Development
- CUAMM weekly newsletter
- CUAMM monthly newsletter
- occasional/thematic newsletter from the Director
- circulation of Annual Report providing information on activities, including financial statements
- participation in events organized for external stakeholders, especially the Annual Meeting

University students

- sense of belonging
- training and acquisition of new skills
- opportunities for professional growth
- sense of moral and social gratification
- dissemination of the organization's Code of Ethics and its policies
- meetings with the Director and specific division heads
- periodicpublications: èAfrica and Healthand Development
- CUAMM weekly newsletter
- CUAMM monthly newsletter
- occasional/thematic newsletter from the Director
- circulation of Annual Report providing information on activities, including financial statements
- participation in events organized for external stakeholders, especially the Annual Meeting

FURTHER INFORMATION

Legal disputes

Doctors with Africa CUAMM has no ongoing disputes with any public bodies, other entities or private individuals.

Environmental precautions

With regard to environmental safeguarding, Doctors with Africa CUAMM has adopted the following policies for the implementation of its activities:

- We purchase only EU Ecolabel-certified Pioneer get inspired paper for our offices in Padua. It has a reduced environmental impact. Moreover, it's Totally Chlorine Free (TCF) certified and bears the Forest Stewardship Council (FSC) label, having been produced along a controlled supply chain from responsibly managed forests.
- All of our employees and collaborators are asked to print documents only if strictly necessary, a recommendation that is also included at the bottom of every CUAMM-issued email.

Number of meetings held during the reporting period

The Board of Directors of the Opera San Francesco Saverio Foundation, which also administers Doctors with Africa CUAMM's activities, met three times in 2023: April 26, June 1 (to approve the figures provided in the Annual Report and Final Balance 2022) and December 21, 2023.

MONITORING BY THE BOARD OF AUDITORS

As the oversight body of the Opera San Francesco Saverio Foundation that also oversees Doctors with Africa CUAMM's activities, the **Board of Auditors** met four times in 2023. on

- March 1, 2023
- May 3, 2023
- November 2, 2023
- December 1, 2023

It monitored:

- a) the keeping of accounting and tax records (transactions book, VAT registers and depreciable assets book) and company books (the Board of Directors' assembly notes and resolutions and the Board of Auditors' book of resolutions);
- b) the fulfillment of Doctors with Africa CUAMM's obligations vis-à-vis the payment of withholding taxes and contributions for employees and contractors, for its staff both in Italy and abroad, as well as its consultants;
- c) regular, periodic VAT (sales tax) payments;
- d) online submission of mandatory tax documents;
- e) checking cash balances and verifying bank and Poste Italiane accounts.

The Board of Auditors ascertained that Doctors with Africa CUAMM had operated within the scope of its mission and made no profit from the implementation of any of its activities. The Foundation earmarked the operating surpluses exclusively for the carrying out of its statutory activities, as noted by the Board of Auditors in its report on the financial statements for the year ending December 31, 2022, attached to the Minutes for the approval of the financial statements themselves dated June 1, 2023.

The same verification was carried out by the Board of Auditors on the financial statements for the TSO branch for the year ending December 31, 2022, ensuring compliance with applicable laws with its Minutes dated June 1, 2023.

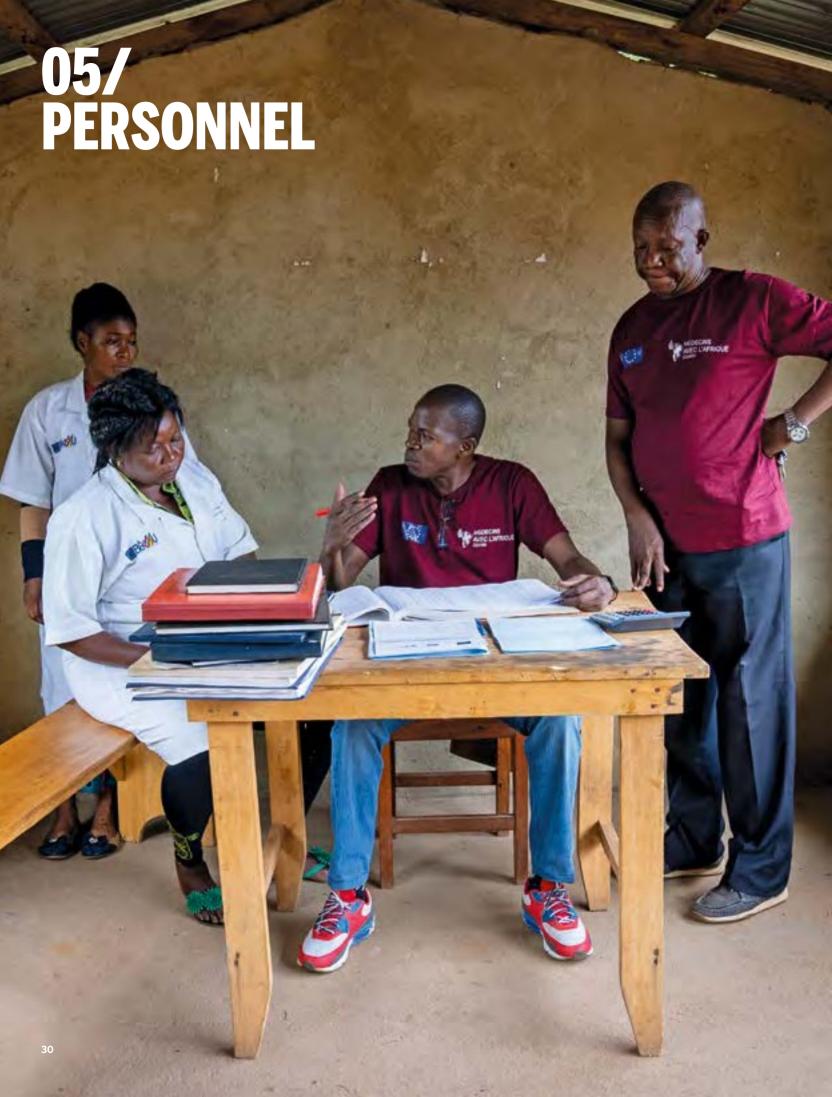
On that same date, the Board of Auditors verified compliance with the social scopes described in articles 5, 6, 7 and 8 of Italian Third Sector Code and compliance with the Guidelines when drafting the 2022 Annual Report with its Minutes dated June 1, 2023.

ACTIVITIES COMPLETED BY THE SUPERVISORY BODY

The Supervisory Body met four times during the year:

- April 20, 2023
- July 27, 2023
- September 20, 2023
- December 19, 2023





HUMAN RESOURCES IN AFRICA

Over the years, the global cooperation context and the socio-political contexts of individual African countries have created a **backdrop of constantly evolving and mounting complexity**.

The COVID-19 pandemic and the war in Ukraine have made matters even worse, followed more recently by the war in the Middle East.

These international events have significantly intensified poverty, in turn making access to healthcare even more difficult. Given the increasingly worrying state of affairs,

it is absolutely essential for us to be able to count on highly motivated human resources, people who not only are willing to work in the most remote areas of Africa, but also well prepared and trained professionally speaking. Finely-honed skills in the areas of analysis, research, knowledge of local settings, planning and organization are more necessary than ever to support the local staff which Doctors with Africa CUAMM collaborates with in its everyday operations, with ongoing education and mutual growth as goals.

We recruit and select human resources both from our internal pool – those who have already worked with CUAMM in the past, whom we regard as resources to be retained and further cultivated – and external professionals, as follows

- European "internationals;"
- African "internationals," i.e. from countries different from the one in which a given intervention is to be implemented;
- African "nationals," i.e., those from the country in which the intervention is to be implemented.

In 2023, Doctors with Africa CUAMM managed 3,465 human resources, 2,100 of whom were under "special management" in South Sudan (see further details at right) Of the total HR pool, 1,365 individuals worked on projects: 834 skilled professionals (not only from the medical/health field, but also administrators, logisticians and community experts) and 403 support staff.

SUPPORTING THE HEALTH SYSTEM IN SOUTH SUDAN

South Sudan remains extremely fragile, and is still unable to sustain health services on its own.

That's why Doctors with Africa CUAMM has been appointed by local government as the organization responsible for supporting the local health system. In 2023, CUAMM maintained its commitment in 11 counties and related governmental offices, for a total of 103 peripheral health facilities and 4 hospitals.

We also supported the management and remuneration of local health staff, paying a supplemental salary to around 1,300 individuals. We will continue to provide this "special management" support until the government has the ability and financial resources to manage the personnel working in its health facilities on its own. Moreover, Doctors with Africa CUAMM guaranteed a monthly incentive to a network of some 860 village health workers.

Personnel 31

PERSONNEL CHARACTERISTICS (AGE AND GENDER)

It is important to note that **while 87% of CUAMM's doctors are international** (of which, 93% European and 7% African), **a similar percentage (89%) of our non-medical health personnel are African nationals**. This figure underscores the priority Doctors with Africa CUAMM gives to investing in local national staff whenever available, as is the case with non-medical health

personnel, building their capacity in order to foster the autonomy and development of national health systems. We only send international staff overseas to fill positions for which our African partner countries do not yet have local professionals at their disposal, as is often the case when it comes to doctors.

In terms of gender, **our European international personnel included** 102 men and 180 women. In terms of age, 51% were under 35, 24% were between 35 and 55, while 25% were over 55.

Regarding our **African international personnel**, of the total 48 individuals working on projects in 2023, **33 were men and 15 were women**. Eight percent of them were under 35, 84% were between 35 and 55, and just 8% were over 55. Finally, the number of **African national (local)**

personnel working with CUAMM **was 632**, 70% of whom were men and 30% were women. Forty-eight percent of them were under 35, 47% were between 35 to 55, and just 5% were over 55.

PERSONNEL SELECTION AND TRAINING

The human resources that CUAMM recruits to fill various positions within our organization's projects **receive training before leaving for their African host countries**, so that they will be optimally prepared when they arrive.

The goal of this training schedule is to

facilitate collaboration between those who are departing and the destination country, to help reach project objective both efficiently and effectively. Each aid worker is provided with general information and materials on the specific setting and job (project, job description, reports, data, etc.) so that they can study them before being sent to more specific training at CUAMM's headquarters in Padua, Italy (African internationals receive training in person or remotely), Further in-depth study takes place at CUAMM's coordination offices in the capitals of our African partner-countries.

The training package underlines the fundamentals of Doctors with Africa CUAMM's activities and related strategies and operational modalities for strengthening African health systems. Essential components of health planning — in particular, certain aspects of project management and monitoring — are also provided, highlighting the importance of their integration of the projects themselves into the context of local health systems. A significant part of the training focuses on the management of international and national human resources, as they constitute the true "capital" behind CUAMM's activities and they ensure the long-term presence in all the locations where projects are being implemented.

One hundred days of specific pre-departure readiness training were organized, including one week specifically for administrative figures and two weeks for young people from the Universal Civil Service (UCS).

One the training sessions were completed, **182 European international professionals**, **177 of them Italian**, left to join the staff members already in the field.

YOUTH TRAINING (JPO, UCS)

The *Junior Project Officer* (JPO) initiative has been around for over 20 years.

This project offers medical residents an opportunity to undertake theoretical and practical training in Africa, under the mentorship of a CUAMM specialist doctor who acts as an advisor.

In the first two decades of the program, **385 residents** coming from universities from all over Italy have seized this opportunity, and demand continues to grow: **2023 alone saw 58 departures**.

Many of the residents have developed their **research theses** while abroad, making important contributions to CUAMM's ongoing operational research.

Thanks to the **Universal Civil Service (UCS)** program, another 17 young people were placed alongside CUAMM staff in our African partner countries.

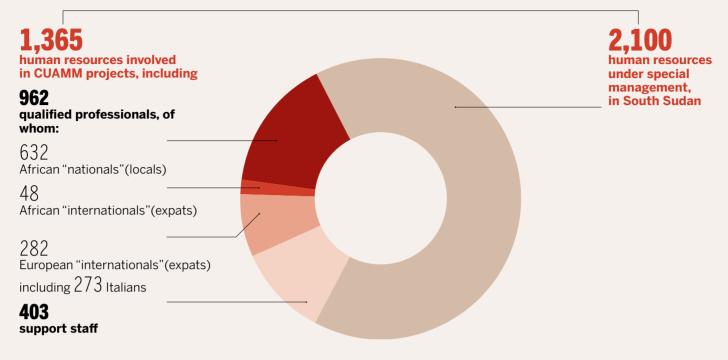
To learn more about these opportunities, see the "Education and Public Awareness" section in this Annual Report and visit our website:

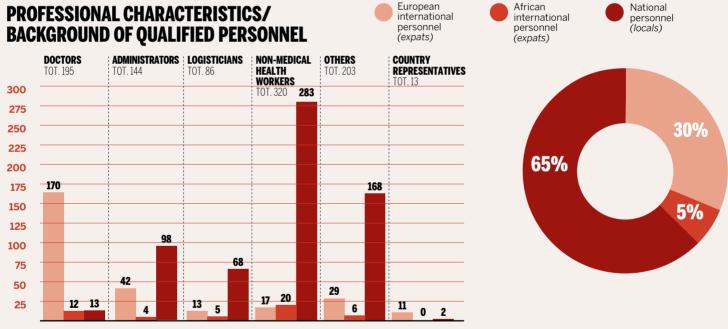
https://doctorswithafrica.org.

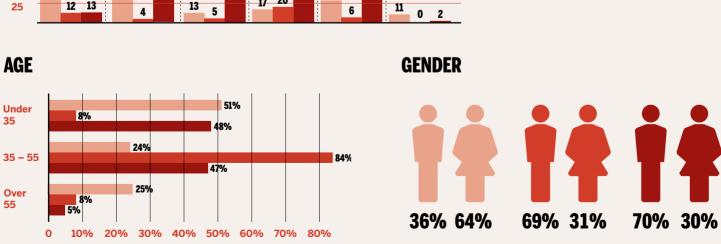
The book titled *Africa*. *There and Back* (Laterza, October 2023) is dedicated to their stories. (link to page 108)

PERSONNEL SERVING IN AFRICA IN 2023









In 2023, Doctors with Africa CUAMM employed 85 people in Italy, with 71 employees and 14 contractors. 72% of whom were women (61) and 28% of whom were men (24).

Out of the men, 21 were employees and 3 were contractors: out of the women, 50 were employees and 11 were contractors. Those hired with a full-time, openended contract totaled 68: 20 men and 48 women. Three people were hired with a short-term contract: 1 man and 2 women. Out of the 14 contractors, 3 were men and 11 were women.

The full staff, which also includes the employees of the Student College, is composed of 96 people in all. Of that total, excluding contractors, 9% were under 30, 16% were between 30 and 35, 21% was between 36 and 40, 6% were between 41 and 45, and 48% were 46 or older.

With regard to years of service with Doctors with Africa CUAMM, 35% of the staff had been with us for less than 5 years, 20% between 5 and 10 years, 13% between 11 and 15 years, and 32% for over 15 years.

STUDENT COLLEGE

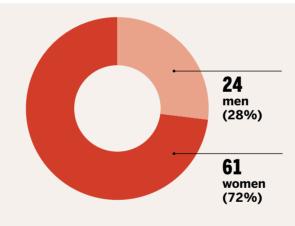
A total of 70 students (33 women and 37 men) attended the Doctors with Africa CUAMM College in 2023, 50 in the area of biology/health, 7 in engineering, 3 in psychology, 8 in the humanities, 1 in economics and 1 in another field.

PERSONNEL SERVING IN ITALY IN 2023

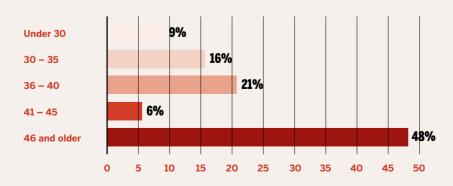
human resources including

71 employees

14 contractors



AGE RANGE

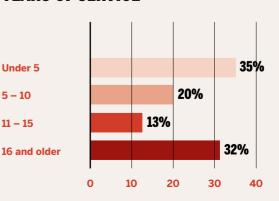


YEARS OF SERVICE

Under 5

5 - 10

11 - 15



REMUNERATION SYSTEM

STAFF AT THE ITALIAN HEADQUARTERS

Staff relationships at Doctors with Africa CUAMM's headquarters are largely regulated by employment contracts in accordance with the Association of Managers of Institutions Dependent on the Ecclesiastical Authority (AGIDAE)'s **National Collective Employment**

Agreement. Some staff members work based on "continuous collaboration" (term) contracts. In accordance with Art. 16 of Legislative Decree N. 117/2017, CUAMM complies with the ratio between the maximum and minimum gross annual compensation of its employees.

On December 15, 2022, CUAMM signed a Supplementary Company Agreement with the UIL FPL trade union of the Veneto Regional Third Sector Department.

STAFF SERVING ON PROJECTS IN AFRICA

Employment relationships with project staff in Africa are regulated by "continuous collaboration" (term) contracts in accordance with the national collective agreement signed on April 9, 2018 with the FeLSA CISL, NIdiL CGIL and UILTemp trade unions for the regulation of coordinated and continuous project collaborations. It was renewed on December 4, 2023.

VOLUNTEERS

CUAMM headquarters volunteers are reimbursed for expenses that they can document as having been incurred for on-the-job activities.

No such reimbursements were made in 2023.

BOARD OF DIRECTORS

Pursuant to Art. 14 of Legislative Decree No. 117/2017, we note that no compensation was paid to the members of the Board of Directors.

BOARD OF AUDITORS

Pursuant to Art. 14 of Legislative Decree No. 117/2017, we note that no compensation was paid to the members of the Board of Auditors.

SUPERVISORY BODY

We note that members of the Supervisory Body did not receive any compensation specifically related to said role.



Personnel 35





ANGOLA

IN 2023

Launched in 2022, the work of Doctors with Africa CUAMM in south Angola continues to grow.

In Cunene Province, efforts to combat malnutrition were reinforced and, in the municipalities of Ombadjia and Cahama, WASH programs were expanded. In those same areas of intervention, in partnership with other NGOs, 2023 saw the launch of two projects in southern Angola, more precisely in Namibe Province, a region characterized to the east by the Plateau of Angola and arid landscapes. In Virei Municipality, where we work, we launched the public health activities which had been trialled and proven to be successful in Cunene: the use of mobile brigades (brigadas moveis, which help screen for child malnutrition, offer prenatal visits, and distribute iron and folic acid supplements for pregnant women), awareness-raising about nutrition and hygiene, and cooking demonstrations.

We also trained healthcare staff at the peripheral healthcare centers so that they can identify and manage malnourished patients on their own. We continued to provide support to the Chiulo Hospital in Cunene Province in

the area ofmaternal and child health. Thanks to Doctors with Africa CUAMM's presence on the ground, it was possible to ensure on-the-job training of the healthcare staff at the hospitalboth in terms of how to manage pediatric patients and obstetrical emergencies. CUAMM's continuous support for mothers-to-be staying at maternity waiting homes (casa de espera) did not waiver, ensuring their proximity to the hospital in the days before their due

Lastly, our project in Luanda to support three hospitals and five healthcare centers in the city to improve diagnostic services for tuberculosis patients and to digitize health records was completed.

2023 SNAPSHOT

74

human resources

58

health facilities supported

€2,384,411 invested in projects

COUNTRY PROFILE

Luanda capital city

35,981,281 population

1,246,700 km² land area

16.2 average age of the population

60.4/64.7 years life expectancy at birth (m/f)

5.76 average n. of children per woman

148th out of 193 countries

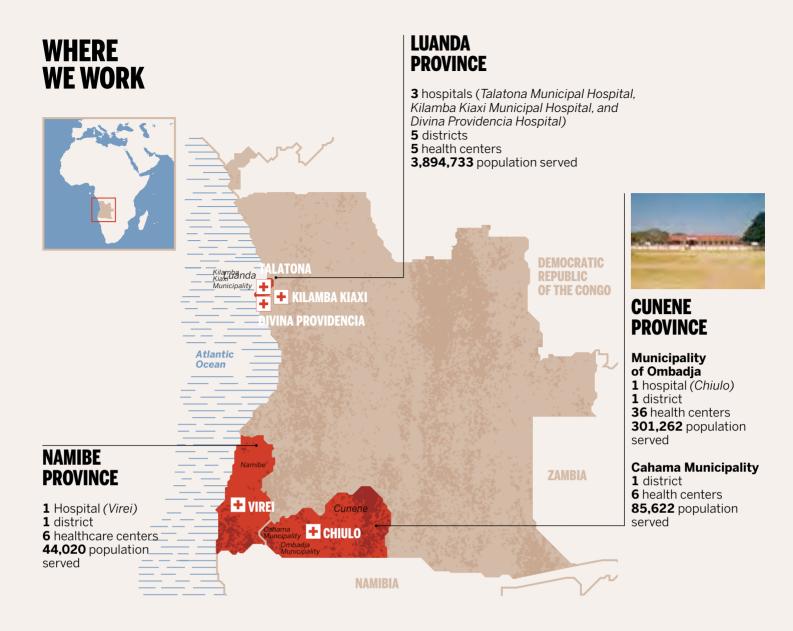
human development index ranking



69 out of every 1,000 live births under-5 child deaths







125

250 km

MATERNAL AND CHILD HEALTH	3,963 prenatal doctor's visits	2,893 deliveries attended	20,652 under-5 children examined	29 trips provided for obstetric emergencies
NUTRITION	227 children treated for severe acute malnutrition	1,556 children treated for acute malnutrition without complications		
INFECTIOUS DISEASES	2,242 patients diagnosed with tuberculosis			
CONTINUAL TRAINING	119 midwives trained	90 doctors	15 others	

ETHIOPIA

IN 2023

The widespread challenges that came in the wake of COVID-19 and the consequences of drought have caused severe damage, internal migration and high rates of malnutrition in Ethiopia. Moreover, the conflict in the Amhara Region has worsened, while post-conflict efforts to rebuild the Tigray Region have begun. Economic recession and high inflation persisted, until the country's default in December. Nevertheless, CUAMM's work continued, with the goal of strengthening the health system and humanitarian responses.

Our project to improve diabetes services (DMT1) in 34 hospitals across the entire country, in partnership with the Ethiopian Ministry of Health and the Ethiopian Diabetes Association, proceeded throughout the year. At St. Luke Catholic Hospital in Wolisso (Southwest Shewa), we ensured the presence of clinical staff to support key services such as internal medicine. pediatrics, and health management, but the difficult financial situation, high inflation and resulting restrictions, not to mention the increased functionality of the new government hospital in the city, greatly reduced the number of people treated. In that same area, we launched a project to reinforce tuberculosis screening, diagnostic, and treatment services.

In the **South Omo Zone**, we started humanitarian aid efforts in the Dassenech district in order to serve the people who were displaced after the flooding of the Omo river, and we continued our activities in the **Gambella** Region in support of South Sudanese refugees living in the Nguenyyiel, Tierkidi, Kulle and Jewi camps with the aim of ensuring their access to basic health services by improving infrastructure and equipment and providing trained medical staff Moreover we launched

medical staff. Moreover, we launched activities to bolster the national health system, more specifically: 2 hospitals and 7 healthcare centers, placing the focus on improving disability prevention and treatment services.

Our work proceeded in the **Somali**

Region's Harawa District, and we launched mobile clinics in the southern part of the region, to Liben Zone, to support local people and IDPs who had fled their homes due to the drought. Immediately after the conflict in the

Tigray Region ended, we were able to ensure our support for six healthcare facilities and to the ambulance referral system through training and the supply of medicine. Last but not least, we continued our project in support of IDPs living in Debre Birhan (**Amhara Region**, North Shewa), which involved mobile health and nutrition clinics.

2023 SNAPSHOT

254

human resources

68

health facilities supported

€6,158,475 invested in projects

COUNTRY PROFILE

Addis Ababa capital city

116,462,712 population

1,104,300 km² land area

20.2 average age of the population

64.9/69.4 years life expectancy at birth (m/f)

3.9 average n. of children per women

175th out of 193 countries

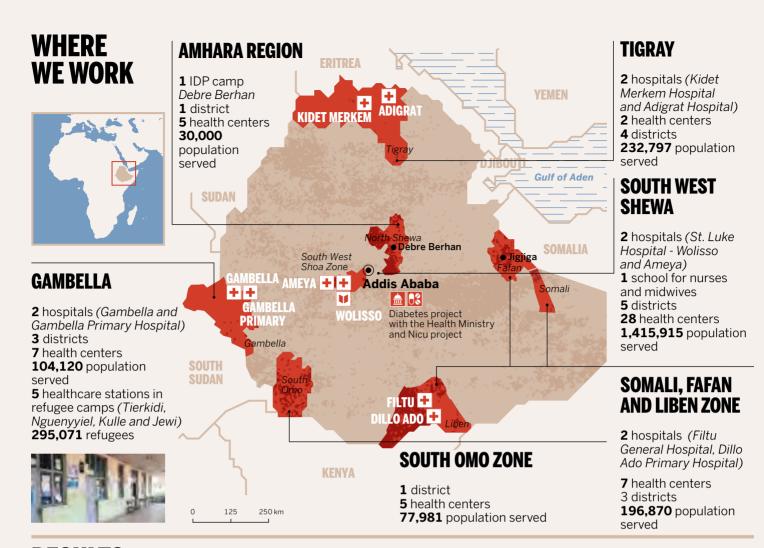
human development index ranking



47 out of every 1,000 live births under-5 child deaths







(O , 1	MATERNAL And Child Health	49,574 prenatal doctor's visits	35,965 278,295 3,551 trips provided for obstetric emergencies		for obstetric	46,225 vaccinations administered
2	NUTRITION	283 children treated for severe acute mali	nutrition			
	NFECTIOUS DISEASES	2,155 patients diagnosed with tuberculosis	352,446 patients treated for malaria	1,652 patients treated with antiretroviral the for HIV	erapy	
	CONTINUAL Fraining	1,043 community agents	250 nurses and midwives	125 doctors	322 others	
03	CHRONIC DISEASES	3,571 visits for diabetes	1,804 visits for hypertension	55 patients with diabetes	29 patients with cerebral ischemia	
λ	SURGICAL PROCEDURES	2,601 major surgical proce incl. 246 orthopedic		2,411 minor surgical proce incl. 241 orthopedic		
4	HUMANITARIAN RESPONSE	179,001 emergency room visits	555 obstetric and neonal emergencies transfe		2,698 deliveries attended	3,557 prenatal visits conducted

MOZAMBIQUE

IN 2023

In northern Mozambique, the humanitarian situation in 2023 was marked by the return of IDPs to their districts of origin, thanks to the improvement of security and the desire to be reunited with their families. However, after years of trauma and being far from home, many have returned to areas where basic social services are still lacking. Doctors with Africa CUAMM continued to provide humanitarian support, concentrating on mental health, victims of genderbased violence, and nutrition, using mobile clinics in the province of Cabo Delgado.

In February and March, **Tropical Cyclone Freddy** struck Mozambique
twice, causing flooding which impacted
over **800,000 people** and damaged
essential infrastructure such as schools
and healthcare facilities. Those floods
also exacerbated the **cholera epidemic**. CUAMM responded by
mobilizing over **60 teams trained to manage cholera cases, sending them to** the **Cabo Delgado, Sofala, Zambezia and Tete** provinces.

Throughout 2023, Doctors with Africa CUAMM continued with its activities in the province of Sofala, supporting neonatology and pediatrics at **Beira Central Hospital**. The goal was to

guarantee high-quality services, with the presence of expert healthcare staff consistently working alongside local personnel. To improve access to treatment, we maintained a **free ambulance service available 24/7**, with circa 800 monthly trips from health centers to Beira Central Hospital.

On the maternal and child health front, CUAMM proceeded with its **adolescent sexual and reproductive health project** in **Tete** Province, providing assistance to Tete Provincial Hospital and six health centers in the Angonia and Mutarara districts. These efforts improved the quality of clinical care through staff training and infrastructural upgrades.

CUAMM continued to bolster its efforts to combat **noncommunicable chronic diseases**, continuing with long-term interventions in Zambézia and Sofala provinces, with special attention paid to pediatric patients and Type 1 diabetes.

2023 SNAPSHOT

298

human resources

41

health facilities supported

€6,276,166 invested in projects

COUNTRY PROFILE

Maputo capital city

32,513,805 population

799,380 km² land area

17.2 average age of the population

56.4/59 years life expectancy at birth (m/f)

4.74 average n. of children per women

185th out of 193 countries

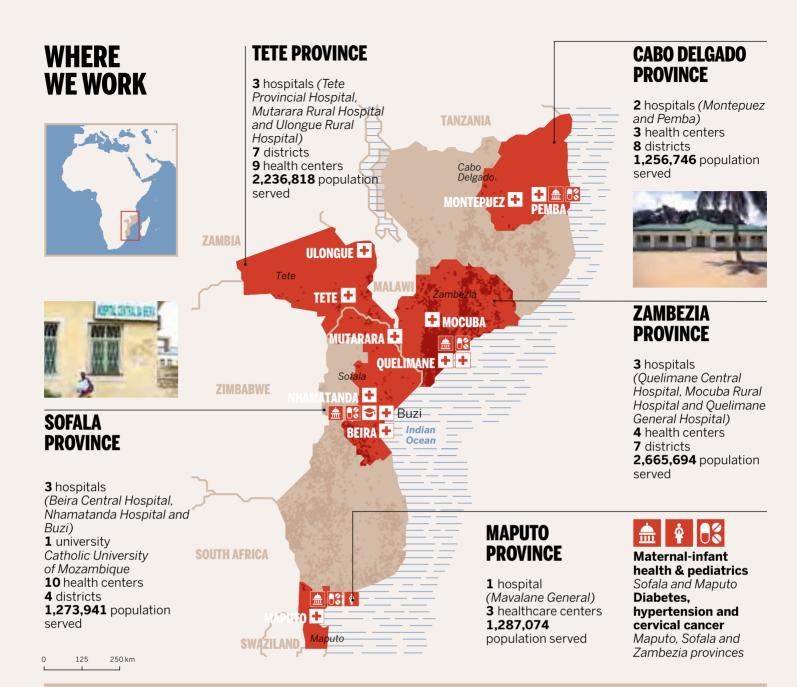
human development index ranking

127 out of every 100,000 live births maternal mortality

70 out of every 1,000 live births under-5 child deaths







MATERNAL AND CHILD HEALTH	31,276 prenatal doctor	r's visits	129,417 deliveries attended	35,299 under-5 children examined	3,363 trips provided for obstetric emergencies
INFECTIOUS DISEASES	300,649 adolescents infeducated abou		150,856 adolescents tested for HIV	870 HIV-positive adolescents	
CONTINUAL TRAINING	61 community agents	129 nurses and midwives	74 doctors	50 graduates in medicine	
CHRONIC DISEASES	344 visits for diabet	tes	110 patients with diabetes		

CENTRAL AFRICAN REPUBLIC

IN 2023

The Children's Hospital in Bangui continued to receive CUAMM's support for operational costs, including for the staff. medicines and materials, as well as building maintenance and cleaning. The main goal was to guarantee high-quality clinical assistance with experienced healthcare staff training local workers, improving managerial and administrative aspects. Human resources and materials were coordinated and health data collected in order to plan and evaluate the services provided. The children's hospital bolstered its role as a center for training personnel in hospitals in the Bouar, Bossangoa and Bouca districts, supporting the main local health centers. We also launched a three-year project to

supporting the main local health centers. We also launched a three-year project to improve assistance to mothers and newborns on a national level through trickle-down training initiatives, with periodical supervision, materials, and coordination support. Efforts were concentrated on the hospital in **Bossangoa**, designated as a reference structure for Healthcare Region 3. Collaborating with local authorities and other partners, medical personnel were sent to support the **maternity** ward, thereby fostering access to suitable treatments for obstetric emergencies. A referral system was implemented and free, high-quality medical assistance was

ensured through the delivery of medicines and equipment upgrades. The Bossangoa, Bangassou and Ouango Gambo districts are part of the main funding mechanism of the national healthcare system, supported by the European Union and the World Bank, known as "Performance Based Financing." CUAMM supervises 40 healthcare facilities, guaranteeing free assistance to vulnerable categories of people through verified services. In Bocaranga District, CUAMM implemented local activities with the scope of preventing acute malnutrition after having completed our humanitarian program at the hospital, continuing with complementary activities. In terms of operational research. CUAMM is involved in two national studies.

Upon a mandate by the WHO and the Red Cross of France, and as part of the Global Fund project to combat tuberculosis, we carried out research in seven healthcare regions to learn more about financial obstacles to the access and use of treatment. In collaboration with the London School of Hygiene and Tropical Medicine, CUAMM studied how using KPIs could improve the quality of neonatal treatments in 21 healthcare facilities spread across three regions.

2023 SNAPSHOT

116

human resources

44

health facilities supported

€3,733,943

project investments

COUNTRY PROFILE

Bangui capital city

5,552,228 population

835 out of every 100,000 live births maternal

622,984 km² land mortality area

20 average age of the population

54.6/57.3 years life expectancy at birth (m/f)

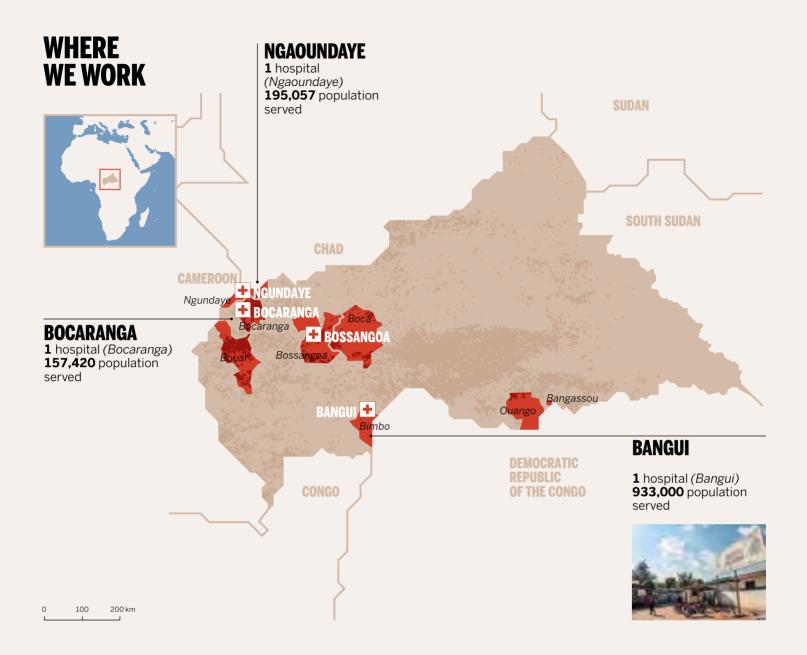
3.9 average number of children per woman

188th out of 193 countries

human development index ranking 100 out of every 1,000 live births under-5 child deaths

32 out of every 1,000 live births newborn deaths





MATERNAL AND CHILD HEALTH	68,422 under-5 children examined	15,372 pediatric hospitalizations	366 deliveries attended	276 prenatal doctor's visits
INFECTIOUS DISEASES	23,579 cases of malaria diagnosed			
CONTINUAL TRAINING	65 nurses	149 midwives	43 doctors	25 others

SIERRA LEONE

IN 2023

Sierra Leone is the second poorest country in the world (measured by per-capita GDP). The majority of its people live under the poverty line and the impact of rising prices following the outbreak of war in Ukraine combined with climate change have further exacerbated an already difficult situation.

CUAMM's interventions are therefore aimed at ensuring basic healthcare to the most disadvantaged, such as mothers, children and the destitute. In 2023, we continued our support for the country's largest maternity hospital, the Princess Christian Maternity Hospital (PCMH) in Freetown, handling 8,678 deliveries and continuing our work at the high dependency unit (HDU) and the Midwifery and Gynecology School at the University of Sierra Leone. In Freetown, substantial changes were made to the infrastructure aimed at strengthening the emergency management system: in August, the emergency room and the wards used for outpatients were opened at Connaught Hospital, the largest hospital in the country; and in December, work to renovate and expand the emergency room at PCMH began.

CUAMM also continued to lend its support to the high dependency units (HDUs) in the Makeni, Bo and Pujehun hospitals. These structures make it possible to guarantee intensive care services to patients in critical condition, improving the care given to them. In Pujehun, CUAMM provides support for the Hospital for Mothers and **Children** by sending doctors and supplying the equipment and medicines that the government is unable to guarantee. At the Main Hospital, we continued our activities to prevent and treat chronic diseases as part of the WHO's **PEN Plus initiative**. Within the district, a project was created to combat **malnutrition** by training healthcare staff, campaigns to raise awareness about and promote proper nutrition and the creation of groups of women who manage loans to develop small agricultural businesses. In addition, we supported the emergency care system through the operation of ambulances and other means of transport (motorcycles, boats, etc.), which make it possible to transfer patients in areas which are lacking a transportation network. In Makeni, CUAMM's support for the Holy Spirit Hospital continued, where a system of reduced fees was introduced to promote access to healthcare services for pregnant women and children under five years old.

2023 SNAPSHOT

99

human resources

124

health facilities supported

€2,482,194 invested in projects

COUNTRY PROFILE

Freetown capital city

8,908,040 population

71,740 km² land area

19.2 average age of the population

57.5/60.7 years life expectancy at birth (m/f)

3.7 average number of children per woman

out of 193 countries human development index ranking

184th

443 out of every 100,000 live births maternal mortality

105 out of every 1,000 live births under-5 child deaths





WHERE WE WORK



FREETOWN WESTERN AREA

2 Hospitals (*Princess* Christian Maternity Hospital - Freetown, Connaught hospital)
10 health centers
80,000 population served

GUINEA

Freetown

≜ □ FREETOWN

Atlantic

Ocean

Western Area

BOMBALI DISTRICT

2 Hospitals (Holy Spirit and Makeni) 1 district 100.000 population

100.000 population served



LIBERIA

BONTHE DISTRICT

4 health centers 1 district 223.046 population served



) 40 80 km

BO DISTRICT

1 Hospital (*Bo*) 5 health centers **603.716** population servied

PUJEHUN DISTRICT

1 Hospital (*Pujehun CMI*)
1 district
97 health points
7 health centers
426,679 population
served



RESULTS



+

MAKEN

H B0

PUJEHUN

SOUTH SUDAN

IN 2023

Throughout the year, Doctors with Africa CUAMM maintained its support of the national healthcare system through an integrated approach aimed at bolstering the resiliency of local communities. Overall, our organization assisted 11 county health offices, 4 hospitals and 103 peripheral health facilities. We coordinated and trained approximately 903 community agents to treat malaria, diarrhea and pneumonia and to conduct health education activities in remote regions. Concurrently, volunteers carried out vaccination drives

Special attention was given to improving responses to obstetric emergencies, including the training of staff members and upgrading healthcare infrastructure and equipment. We also worked with local authorities to implement the national protocol for monitoring maternal mortality and measures for its prevention and reduction were adopted. Supplementing these activities was a free ambulance service and an overhaul of the national referral system for greater efficiency in managing emergencies relating to mothers and children.

Doctors with Africa CUAMM also continued its efforts to **combat the spread of COVID-19**, taking part in the country's vaccination campaign,

administering **290,159 doses** and helping to incorporate the COVID-19 vaccine in the routine immunization system to help limit the spread of infectious diseases.

CUAMM renewed its commitment to the training of qualified local health staff through our continued support of the Health Sciences Institute in Lui and the strengthening of our intervention at its counterpart in Rumbek. There CUAMM provided specialized teaching staff and educational materials, and covered the main operational costs, thereby guaranteeing a suitable place to learn. In addition to classroom lessons and hands-on sessions, the regular provision of clinical internships at the hospitals were ensured, under the supervision of CUAMM staff.

Last but not least, 2023 saw the start of the third year of training in midwifery at the Health Sciences Institute in Lui, with 22 new students from across the country. By the end of the year, 77 students had completed their education at the Institute in Rumbek, including 30 midwives and 20 nurses, who benefited from the technical support and funding provided by CUAMM throughout the three-year program to receive their diploma.

2023 SNAPSHOT

300 human

resources

2,100 human resources under special

management

107
health facilities supported

€11,023,282 invested in projects

COUNTRY PROFILE

Juba capital city

12,118,379 population

644.329 km² land area

18.7 average age of the population

57.9/61.6 years life expectancy at birth (m/f)

5.2 average number of children per woman

out of 193 countries human development index ranking

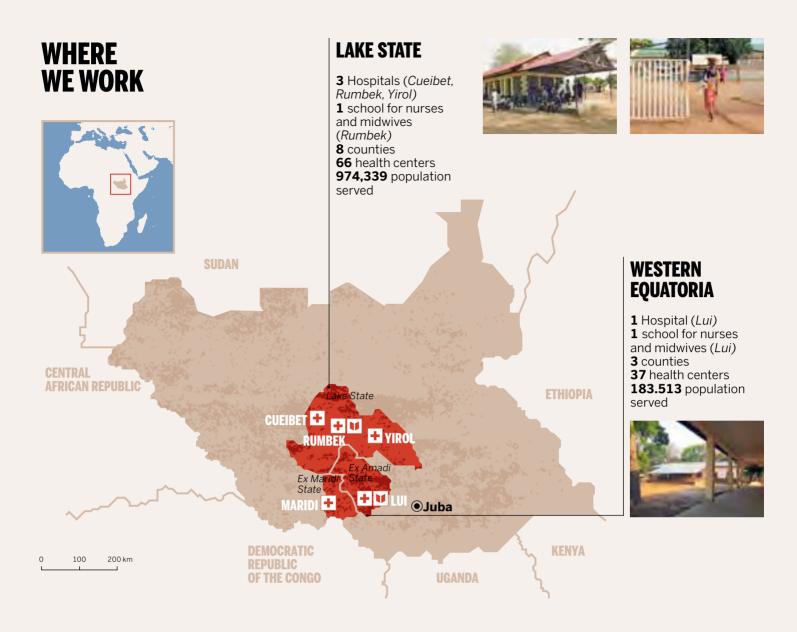
191st

1,223 out of every 100,000 live births maternal mortality

99 out of every 1,000 live births under-5 child deaths







MATERNAL AND CHILD HEALTH	76,773 prenatal doctor's visits	22,188 deliveries attended	423,137 under-5 children examined	972 trips provided for obstetric emergencies
NUTRITION	579 children treated for severe acute malnutrition			
INFECTIOUS DISEASES	528,956 patients treated for malaria	167,328 under-5 children treated for acute respiratory infection	ctions	
CONTINUAL TRAINING	55 community agents	nurses and midwives	36 doctors	41 others

TANZANIA

IN 2023

Our work in the maternity and children's ward at the Iringa DC District and at the Tosamaganga Hospital proceeded in 2023, facilitating access to healthcare and the referral of obstetric emergencies with the aim of greater coverage, equity and quality, supporting peripheral facilities with health personnel training and the supervision and provision of medicines.

In Zanzibar, we launched a project to train the healthcare personnel that provides maternity care at Kivunge Hospital and in four health centers. Moreover, we expect to provide equipment in order to improve the quality of services for mothers and babies.

In Dar Es Salaam, the first urban **health** pilot project was implemented. training over 4,000 women on health topics, with activities held at their places of employment.

CUAMM works in the Dodoma, Iringa and Simiyu regions to combat acute and chronic malnutrition, supporting Tanzania's national program with educational activities to promote the exclusive breastfeeding of newborns for the first 6 months of life, weaning and proper infant nutrition. Integrated with water and agriculture-related initiatives conducted in partnership with other NGOs to help improve the nutritional conditions of both mothers and children, the interventions sought to improve the quality of the services

delivered by nutritional units by providing health personnel training, supervision, and nutritional supplements critical for the treatment of malnourished individuals. To help foster children's physical, cognitive, social and emotional development, CUAMM supplemented these activities with others aimed at promoting early child development. Our **HIV prevention and treatment** efforts in Tanzania continued in 2023. An intervention which focused mainly on adolescents and young adults was implemented in the Shinyanga Region, in-line with the governmental program. As part of that intervention, operational research was conducted with the goal of identifying the barriers which make it hard for HIV-positive youths to access services.

A key goal for CUAMM is to bolster efforts to prevent, diagnose and treat chronic diseases on a national level. Our integrated project for the prevention and treatment of diabetes and **hypertension** in the Iringa DC District and at the Tosamaganga Hospital proceeded in 2023, with the hospital acting as the district's referral facility for the diagnosis and care of chronic patients and peripheral facilities supporting treatment and follow-up. Throughout 2023, clinics in peripheral healthcare facilities were opened with the goal of decentralizing patient care by facilitating access to it.

2023 SNAPSHOT

90

human resources

health facilities supported

€1.515.201 invested in projects

COUNTRY PROFIL F

Dodoma capital city

65,642,682 population

out of every 100,000 live births maternal

area

18.9 average age of the population

68.7/72.3 years life expectancy at birth (m/f)

4.3 average number of children per woman

out of 193 countries human development index ranking

160th

947,300 km² land mortality out of every 1,000

live births

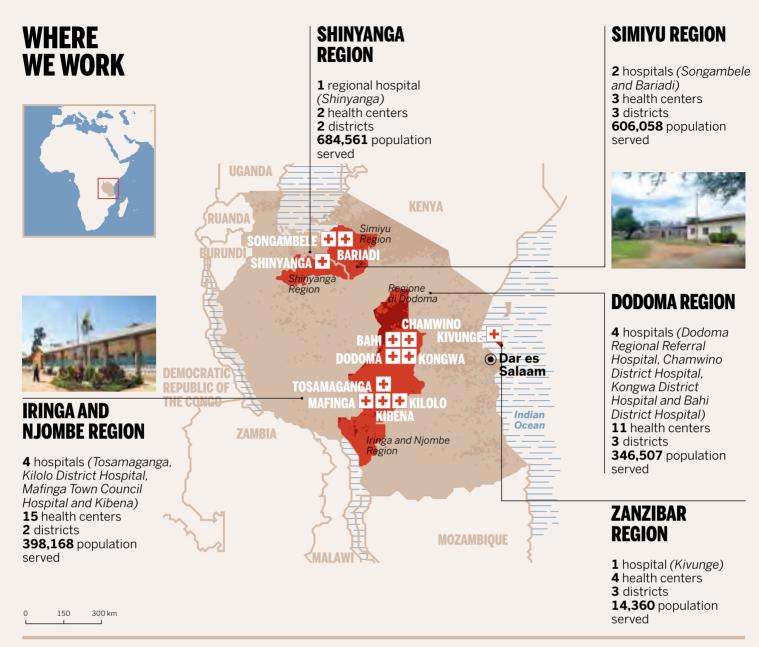
under-5

child deaths 20 out of every 1.000

newborn deaths

live births





MATERNAL AND CHILD HEALTH	37,139 prenatal doctor's visits	15,259 deliveries attended	43,662 under-5 children examined	12,413 vaccinations administered
NUTRITION	153 children treated for severe acute malnutrition			
INFECTIOUS DISEASES	1,652 patients treated for malaria	1,219 patients treated for tuberculosis	6,933 patients treated with antiretrovial therapy	
INFECTIOUS DISEASES	1,873 visits for diabetes	4,298 visits for hypertension	91 patients with cardiomyopathies	46 patients with cerebral ischemia
CONTINUAL TRAINING	51 nurses	82 midwives	34 doctors	33 others

UGANDA

IN 2023

Doctors with Africa CUAMM continued to support its key areas of focus while simultaneously taking on new emergency projects.

The training of health workers is the very foundation of all good healthcare and, with that in mind, Doctors with Africa CUAMM upheld its project in Lango and Karamoja to improve the availability, distribution, knowledge and skills of healthcare workers with the goal of improving the provision of high-quality health services.

Maternal and child health remains a priority for us in all the regions we work in, with projects to support hospitals and peripheral structures and the transportation of patients to health facilities, emphasizing the importance of assisted deliveries.

In Karamoia. our interventions for tuberculosis and malaria infection control and our support to the Matany Hospital continued. We bolstered our integrated reproductive health and community approach interventions thanks to an integrated community system for patient management. Our support for the **blood bank** in Moroto remained as important as ever. We also launched a new project with integrated actions in the hygiene-healthcare and zootechnical-veterinary fields to limit diseases with epidemic potential with a One Health approach. In southern Karamoja, a new project led to improvements in the quality and availability of vaccination data,

which spurred (and was integrated with) the planning of local institutions. As part of the "Mothers and Children First" program, we proceeded with our support of Aber Hospital and the surrounding health network in **Oyam**

The adolescent health component, featuring services and activities at the health, school and community levels, continued to grow in terms of the numbers of services offered and young women reached. In 2023, CUAMM continued its work to fight malaria in Kole and Oyam Districts, focused primarily on mothers, pregnant women and children under the age of 5, entailing activities at the hospital and in schools, communities, and health centers. The digitization pilot project at Aber Hospital was concluded with the installation of a **new digital system** in different wards, designed for more effective and efficient patient management. 2023 also saw much activity in terms of the operational research program, in Karamoja on nutrition, tuberculosis, blood transfusions and neonatal health, and in Ovam and Kole on malaria, especially during pregnancy

Lastly, in the West Nile region, a new emergency project was launched which focused on **refugees** in the Imvepi camp and nearby host communities. This inclusive initiative is aimed at reinforcing health services and hygiene in refugee and host communities.

2023 **SNAPSHOT**

134

human resources

354

health facilities supported

€4.655.791 invested in projects

COUNTRY **PROFILE**

Kampala capital city

47,729,952 population

241,038 km² land area

16.1 average age of the population

67.1/71.6 years life expectancy at birth (m/f)

5.26 average number of children per woman

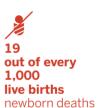
out of 193 countries

166th

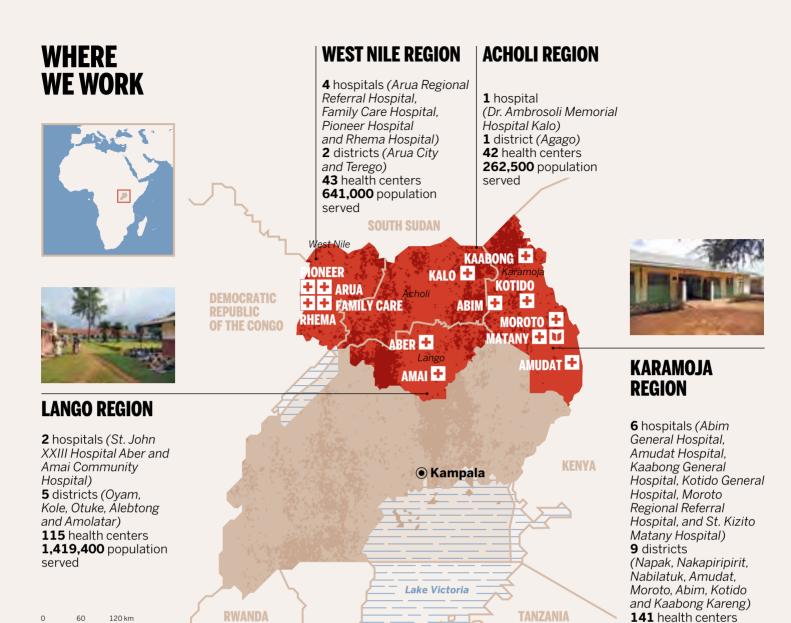
human development index ranking



42 out of every 1,000 live births under-5 child deaths







MATERNAL AND CHILD HEALTH	78,329 prenatal doctor's visits	33,052 deliveries attended	87,337 under-5 children examined	55,148 vaccinations administered	260 trips provided for obstetric emergencies
NUTRITION	697 children treated for severe acute malnutrition				
INFECTIOUS DISEASES	377,167 patients treated for malaria	4,990 patients treated for tuberculosis	17,778 patients treated with antiretrovial therapy		
CONTINUAL TRAINING	179 nurses and	75 midwives	48 doctors	43 others	

1,285,000 population

served

NEW PERSPECTIVES: IVORY COAST

In 2023, Doctors with Africa CUAMM was engaged in assessment missions and meetings with local authorities to explore and learn about a new (to us) country: Ivory Coast. With the support of a few Catholic organizations already present there, we took the first steps to lay the foundations of a structured presence. Positioned as 166th out of 193 on the human development index ranking, Ivory Coast is an east African country with worrying health data. There has been peace in the country since 2010, after a 5-month civil war which caused 3,000 deaths. Half of its 29 million residents are under 20 years old and the average expected life span is about 58 years. The fertility rate is 4.4 children per woman; the mortality rate for children under five years old is 69.4 out of 1.000, while the maternal mortality rate is 385 per every 100,000 live births.

The average health expenditure per capita is about 75 dollars. Despite being rich in natural resources, Ivory Coast is marked by inequality and contrast between cities and rural areas, and between north and south, where the largest city, Abidjan, is home to 10 million residents. The country is a draw to the workforce of its neighbors, yet it is also the departure point for many

migrants who struggle to survive, and it's a "special observatory" onto another very fragile, impoverished area: the Sahel.

CUAMM's intervention was focused on a few important activities, mainly supporting and coordinating the **URSS-CI** (Union des Religieux dans la Santé et le Social en Côte d'Ivoire), a network which gathers all the Catholic congregations found in the country, and its legal recognition as a sole entity by local authorities; building renovations and the provision of equipment, including medicines and other supplies, which directly involved 13 health centers: and the training and updating of healthcare staff, through classes conducted in **71 health centers** in nine different regions.

CUAMM has thus planted the seeds which will bear fruit in what is now our ninth partner country.

COUNTRY PROFILE

Yamoussoukro capital city

29,389,150 population

322,462 km² land area

17.9 average age of the population

58 life expectancy at birth (m/f)

4.4 average n. of children per woman

166th out of 193 countries human development index ranking 385*
out of every
100,000 live
births
maternal
mortality

69.4 out of every 1,000 live births under-5 child deaths

30*
out of every
1,000
live births
newborn deaths

* Data updated in 2021



WHERE WE WORK 13 HEALTH CENTERS MALI **BURKINA** 01. Centre médical Notre Dame des Apôtres de Bouaké 02. Centre de Sante Urbain Privé Confessionnel Notre Dame des Apotres 03. Centre Médical Privé Confessionnel Mère Franziska de GBAGBAM 04. Hôpital Général Don Orione d'Anyama 05. Fsu Communautaire De Anonkoua-Koute 01 **06 06.** Dispensaire Urbain Privée Confessionnel Mère Leonia 08 07. Hôpital Spécialisé Privé 07 • Yamoussoukro Confessionnel de Kongouanou **GHANA 08.** Centre de Kinésithérapie et de Réadaptation Fonctionnel **13** Sainte Teresa Verzeri d'Agnibilekrou 02 09. CMS Brigida Postorino 04 12 **LIBERIA** 03 Abijan 🕕 05 10. Centre Jubilé 11. Centre des Handicapés Don Orione Entenne de Korhogo 12. Centre Médical Spécialisé Confessionnel des Soeurs Dorothée D'Alépé

62.50

125 km



13. Centre de Santé Urbain



SIDE BY SIDE IN TIMES OF CRISIS

Conflict, drought, environmental disasters, hunger and famine: these are some of the dramatic situations that trigger the phenomenon of African migration, most of which (85%) occurs within the continent, with people fleeing to neighboring countries or to other regions within their own country, thereby becoming **refugees** or **internally displaced persons** (IDPs). This is why so many African nations find themselves juggling multiple crises on top of prior situations of fragility, whether institutional, political, economic, environmental and/or health-related.

To best handle such emergencies, we at Doctors with Africa CUAMM merge our approach to development work, which is generally implemented over the long term and under relatively peaceful conditions, into our response to crises, instability, conflict and epidemics. **Our ordinary response therefore is complemented by resiliency**, partnering with local authorities in our support for systems and communities, especially during peak periods of shock.

With that vision in mind, Doctors with Africa CUAMM tackles the critical emergencies which bear down ever more frequently on the African countries with which we partner. When conflicts force entire communities to abandon their homes and seek shelter elsewhere, whether within the same country or in its neighboring nations, we implement **coordinated systems of health and humanitarian response interventions** to get them the aid they need.

Thus CUAMM keeps a constant focus on **strengthening health systems** and their resilience, the capacity to adapt to and overcome shock, both supporting hospitals and health centers and providing emergency aid and support to meet the needs of the residents of refugee and IDP camps, especially women and children.

To cope with the instability and emergencies that continue to be seen on the African continent, CUAMM **offers long-term development projects**, increasingly investing in **preparedness** and in actions aimed at staying ahead of risks and increasing readiness. The end goal, of course, is to facilitate quick, effective responses to emergencies, thereby mitigating their impact.

ACCESS TO HEALTH SERVICES

We provide access to quality ordinary health services: outpatient visits, prenatal visits, maternal and child services, and vaccinations. At some camps, CUAMM sets up temporary advanced medical posts (TAMPs) and organizes mobile clinics.

PROVIDING MEDICINES AND MEDICAL SUPPLIES

CUAMM provides health facilities with medicines and medical supplies, and distributes emergency kits (containing soap, cloth, blankets, face masks, washbasins, and more) to refugees and displaced persons in camps.

TRAINING HEALTH WORKERS

We invest in training health workers and help to strengthen their capacities and skills. To improve emergency responses, we offer dedicated training for the management of refugees and IDPs and the provision of context-appropriate health services.

RAISING AWARENESS

CUAMM conducts many awareness-raising and prevention campaigns, particularly in relation to diseases caused by poor sanitary conditions and overcrowding. We promote community awareness about treatment adherence for chronic diseases, such as HIV/AIDS and diabetes, and wise practices, such as the use of mosquito nets.



"The contractions began at 7 am. I tried to get to the healthcare point but I was forced to stop before I got there, at a house on the way. With the help of a traditional midwife, Buay Tot was born, a boy weighing 2.8 kg (6 lbs), but I immediately began to bleed profusely. Just one hour later, I managed to get to the healthcare point in Zone D of the Gambella refugee camp so that I could get help. Endale, the midwife on duty, immediately noticed the severe bleeding. The team intervened right away."

Nyanhok, a refugee in the Gambella camp



REFUGEES

80% OF AFRICAN WIGRATION IS INTERNAL





PEOPLE FLEE FROM:





3,194,413

1,051,022

PRESENT





THOSE FLEEING are women, children, families and entire communities. They are known as refugees when they cross into a neighboring country and internally displaced persons (IDPs) when they move within their own country. Both face serious conditions of vulnerability, dire poverty and little or no access to services.



** Refugees



1,622,738 REFUGEES PRESENT





SOUTH SUDAN

732,835 IDPs **23,766** REFUGEES PRESENT

HOW DOES CUAMM INTERVENE?

CUAMM merges its approach to development work, which is **implemented over the long term**, with its response to emergencies, instability and epidemics. In the **most critical situations**, we work with local authorities to ensure a coordinated system of health and humanitarian interventions so that people can get the help they need.

WHAT WE DO IN REFUGEE/IDP CAMPS



PREVENTION ACTIVITIES



ACCESS TO HEALTH SERVICES



SUPPLY OF MEDICINES AND OTHER GOODS



TRAINING HEALTH WORKERS

IN SOUTH SUDAN

South Sudan has 2 million internally displaced persons due to internal conflict, flooding and food insecurity. 459,447 refugees and returnees fleeing the war in Sudan were added from April to December. Most displaced persons and returnees moving across the border find hospitality with residents. In support of the healthcare system, CUAMM ensures the provision of treatments in order to meet the rising demand in the areas most involved in these migrations, even reaching remote villages with community health agents, vaccinations and a well-developed referral system.

IN FTHIOPIA

Ethiopia has been grappling with **multiple crises** over the past few years, further exacerbating the already precarious humanitarian situation.

To meet the needs of the most stricken and vulnerable segment of the population (refugees and IDPs), in 2023 CUAMM guaranteed **health services through the coordination of mobile clinics**(in South Omo, Amhara and Somali), the **management of static healthcare facilities** (Gambella) and **support for the reopening** of some hospitals in Tigray after the conflict.

IN MOZAMBIQUE

While the conflict in Cabo Delgado Province heads into its seventh year, the people living in affected areas continue to face widespread insecurity due to damaged infrastructure, collapsed local economies, and the violation of human rights. **Gender-based violence (GBV)** has been identified as one of the main problems in terms of protection in relation to displacement and conflict in the province. In response to this crisis, CUAMM has planned interventions with the goal of mitigating the risks of GBV and improving the care provided to survivors, actively engaging the community, raising awareness, and dealing with the urgent need for integrated services for case management.

IN UGANDA

In September 2023, CUAMM launched a project in West Nile, to the northwest of the country, the goal of which is to improve access to health services and inclusive hygiene practices and to reinforce the humanitarian response while offering gender and disability units for refugees (at Imvepi camp) and their host community in Terego District.

CUAMM'S INTERVENTION IN EASTERN EUROPE

UKRAINE

Though the majority of our work is done in Africa, when a war broke out a stone's throw from home, CUAMM sprang to action to help a country which now has over five million internally displaced people and 5.8 million refugees. They are 60% women, 27% minors, and 48% people who live with a disability. From our first activity concentrated on the city of Chernivtsi to the border with Romania. CUAMM's intervention has grown to involve 29 hospitals in 6 different Oblasts (Dnipropetrovsk, Donetsk, Kharkiv, Kherson, Luhansk, and Zaporizhzhya) supported through the provision of medicines, medical supplies, food and clothing to 40,594 people and psychological assistance to 1,288 beneficiaries, including men, women and children. Funded by the OCHA and implemented in partnership with VIS, the project's target is 3,072 IDPs and 38,789 community hosts.

MOLDOVA

Since the conflict began on February 24, 2022, more than one million refugees have crossed the border into Moldova, one of Europe's most vulnerable countries. CUAMM began working in the country in 2022 with a focus on the capital city of **Chişinau**. Since then, working closely with the Ministry of Health and the WHO, our activities have been guided by the dual goal of providing basic healthcare in the refugee camp of Testemitanu and in 5 regional hospitals (Ungheni, Orhei, Soroca, Causeni, and Edinent) with 958 recipients (women and children) and ensuring that 1,494 people have access to essential drugs. Moreover, special training was provided to the local medical staff regarding neonatal emergencies, to 133 personnel units, and 14 trainers in seven regional hospitals (Cahul, Ungheni, Orhei, Soroca, Causeni, Edinent, and Hinchesti). The project is funded by UNICEF.



SUPPORTING RELIGIOUS CONGREGATIONS

ASSISTANCE TO CONGREGATIONS HELPING TO "BUILD" HEALTH IN AFRICA

Religious congregations have been active in Africa for decades, working alongside and serving the most disadvantaged communities and seeking to meet their most pressing needs. But the continent's health care systems are evolving rapidly, bringing the risk that their hard work has but a limited impact. Doctors with Africa CUAMM has decided to support the congregations in this delicate transitional phase, helping them to bolster their role within the communities with whom they work through a joint commitment to dialog, assistance and training. Launched in 2019, the project supports the work of some **93 religious organizations** and the staff of the health facilities they manage in **26 African countries**.

Our primary activities are:

- developing and delivering training packages (on site and online) for healthcare personnel;
- providing on-site **technical assistance** for healthcare personnel and facilities;
- promoting best practices and lessons learned through our experience managing healthcare facilities, via dialog with local and national health authorities and international partners.

In 2023, Doctors with Africa CUAMM organized multiple online and in-person **training courses** in English, French and Italian on the management of health facilities, emergencies, strategic thinking, decision-making processes, and project management, monitoring and assessment.

We also conducted **technical assistance "missions"** in Tanzania, Cameroon, Ethiopia, Malawi, Madagascar, and Central African Republic, visiting 30 healthcare facilities in total. Additional missions and training sessions are planned in 2024 as well.

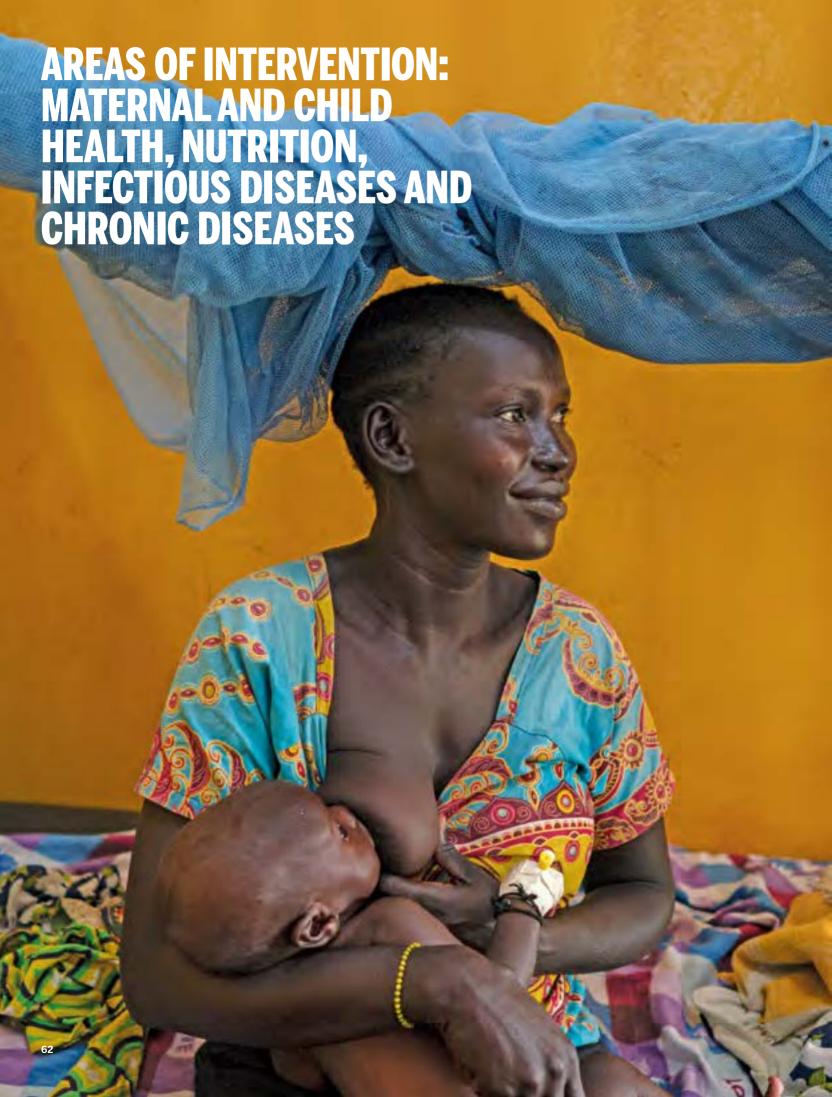






- Technical assistance visit to Moramanga Hospital, Don Orione Order of Nuns, Madagascar.
- 2. Technical assistance visit to Koche Community Hospital, Canossian Order of Nuns, in Malawi.
- 3. Technical assistance visit to Moramanga Hospital, Don Orione Order of Nuns, Madagascar.





MATERNAL AND CHILD HEALTH

Maternal, newborn, child and adolescent healthcare continue to be pressing needs in sub-Saharan African countries, and are among the primary goals outlined in the 2030 Agenda for Sustainable Development.

For Doctors with Africa CUAMM, access to reproductive healthcare and obstetric emergency services is one of the **most important indicators of the social inequality** between developed and developing countries, as well as between the rich and poor populations within individual countries.

Access to an attended delivery is an **indirect indicator** (or proxy) of the overall **functioning of a health system**, since it implies the round-the-clock presence of quality obstetric services, both basic and advanced, and hence the continuous availability of skilled human resources, medicines and equipment (including the

possibility to receive blood transfusions), as well as transportation and communications to link households and communities with the peripheral health network and hospital, as per the continuum of care approach.

That is why **Doctors with Africa CUAMM**. with our Mothers and Children First: The First 1,000 Days program, has worked hard over the past 10 years to implement a comprehensive reproductive health intervention on a district and regional basis. with a special focus on ensuring pregnant women's access to skilled birth attendants and to basic and comprehensive emergency obstetric care (BEmOC and CEmOC) in order to reduce stillbirths and neonatal and maternal (including adolescent) morbidities and mortality ("triple returns"). CUAMM also supports 14 hospitals and their respective districts, involving communities, peripheral networks, hospitals and local stakeholders.



44,077 deliveries attended in hospitals

226,976deliveries attended at district health centers

11,853
major direct obstetric complications
(MDOCs) treated



"It was nighttime, they called me from the maternity ward: 'Doctor Paola, come quick, an ambulance has arrived from Xangongo Hospital. Our houses are right in front of the hospital, all it took was 5 minutes to get dressed and reach the delivery room. Once I got there, I saw Elisa, who was about 30 years old, I don't know exactly, and already had 7 children.

She was in labor. Her cervix was completely dilated, but the baby wasn't crowing. 'The hand and shoulder can be felt. Luckily the nurse remembered what they explained to her during the training held a few days prior and she didn't break the amniotic sac, as had happened a month ago,' explained Fernanda. I put my gloves on. 'Elisa, we're going to help you deliver this baby now. Push hard when I tell you!', I explain. 'Now! Push hard!' Elisa pushes hard while I, after having turned the baby, pull him out by his little feet. In the blink of an eye, the baby was born. Fernanda dries him off and places him on his mother's belly. She smiles and immediately begins to nurse him."

Paola Caravaggi, gynecologist, Angola

Maternal and child 63 health

MOTHERS AND CHILDREN FIRST: PEOPLE AND SKILLS

Maternal and child health is at the top of the list of Doctors with Africa CUAMM's intervention priorities. **Too many mothers in sub-Saharan Africa continue to die of treatable diseases**. In fact, the lives of the most fragile and vulnerable are put at risk by long distances to hospitals, insufficient health facilities and/or untrained personnel, and a lack of information. Following the implementation of our five-year **Mothers and Children First program** in four districts in four African countries, we carried out a second five-year program in seven countries, expanding activities to focus on **nutrition** during pregnancy and the care of newborns up through two years of age.

We then launched the program's third phase, which not only strengthened and expanded the ongoing program activities to all countries where CUAMM is active, including to 14 hospitals and their districts, but also shifted the focus to the need for qualified human resources, from a management and technical point of view.

The key actions, in addition to the interventions that were already part of the earlier phases, are **training new managerial resources**, supporting both **national and international medical residents**, and fostering **operational research**.

The **14 hospitals** now involved in the program are:

- Chiulo (Angola),
- Wolisso and Gambella Regional Hospital (Ethiopia),
- Montepuez and Beira (Mozambique),
- Tosamaganga (Tanzania),
- Matany and Aber (Uganda),
- Bangui Children's Hospital (Central African Republic),
- Pujehun and PCMH (Sierra Leone),
- Rumbek, Yirol and Lui (South Sudan).

The program also involved the health centers associated with these hospitals, which ensured 95,509 deliveries in 2023.

OTHER CHALLENGING SETTINGS

CUAMM's interventions in 2023 were not limited to these 14 hospitals and districts; they also involved **another four in the nine countries** where we are active.

While our maternal health activities at the Jinka and Turmi hospitals in **Ethiopia** wrapped up at the end of 2022, we continued to provide support to the hospitals in Gambella, with particular emphasis on ambulances for the emergency and referral systems, a blood bank, and improvement of the quality of hospital services.

And despite the challenges of working in South Sudan, including the progressive drop in funds available to support its hospitals, and ongoing guerrilla warfare and general insecurity that make it difficult to get around the country, we continued our activities in support of the Yirol, Lui, Cueibet and Rumbek hospitals.

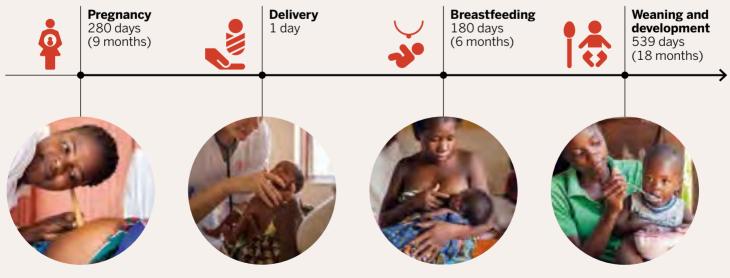
The table shows the major direct obstetric complications (MDOCs) treated at CUAMM's main sites of intervention.

As can be seen, a 50% treatment rate of MDOCs was achieved only at Matany in 2023. Compared to 2022, the 2023 figures remained stable except in Tosamaganga, which recorded a substantial drop, from 54% to 31.6%. This is most likely due to the different attribution of complications from the high number of elective cesarean sections that the hospital performs for women who have previously had a cesarean birth.

In 2023, Doctors with Africa CUAMM ensured 270,077 assisted deliveries in the eight countries where we are active, 44,077 of which in the 16 hospitals where assisted deliveries are available.

*The data are relative to 16 hospitals

A 1,000 DAY JOURNEY: 9 MONTHS OF PREGNANCY + THE FIRST 2 YEARS OF LIFE



Annual Report

RESULTS FROM THE SECOND YEAR

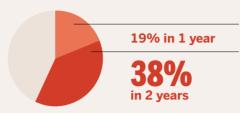
ATTENDED DELIVERIES

188,923

MALNOURISHED CHILDREN TREATED 8,102

500,000 5-year goal

16,000 5-year goal





The number of deliveries aligns with our goal, but the safety and quality of assisted births is worrying, at risk due to global socio-economic instability and insecurity, which is magnified in our partner countries.

We exceeded our goal in this category, reaching 51% of the target, a clear sign of a current crisis in which families are more vulnerable than ever, unable to provide food for their children.

TRAINING OF HEALTH MANAGERS

659 in 2 years

ITALIAN AND AFRICAN MEDICAL RESIDENTS

211 in 2 years

42 in 2 years

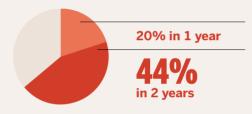
1,500 5-year goal

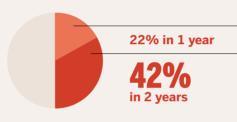
500 5-year goal

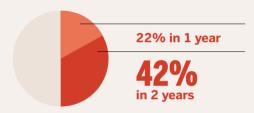
100 5-year goal

OPERATIONAL

RESEARCH







We've reached 44% of our target: this is important because, with limited resources, it's essential to be able to plan and monitor the results of the health care activities carried out with the end goal of defining priorities and effectively using resources.

Made up of African and Italian youths, our medical residents receive training and an experience in a context in which they must grapple with the reality of very limited resources.

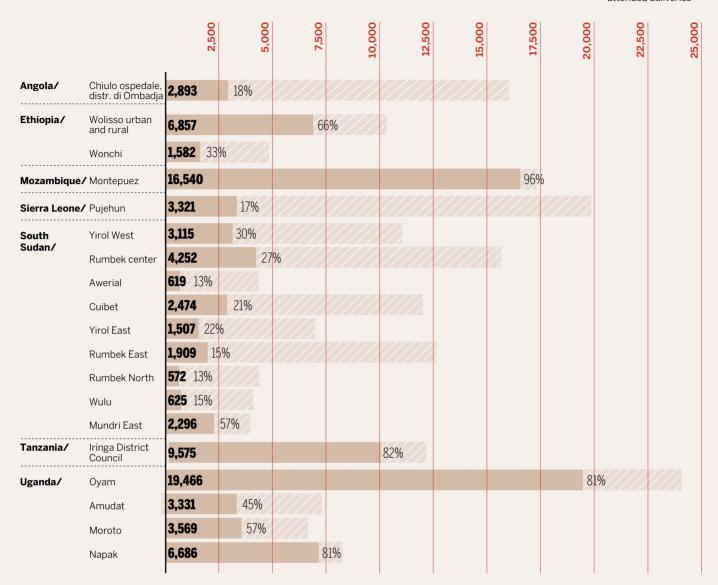
We are perfectly on-target with our goal of completing about 24 research projects in two years. These toolshelp us monitor and better understand the work we do, applying the scientific method to complex situations.

DOCTORS WITH AFRICA CUAMM WORKS ON THREE LEVELS: COMMUNITIES AND VILLAGES. PERIPHERAL Adequate HEALTH CENTERS, AND HOSPITALS assistance Transportation to TO FACILITATE THE CONTINUITY access assistance Adequate OF CARE. assistance Transportation to access Risk perception/ assistance seeking out Hospital assistance **Emergency** transportation Peripheral health center **Emergency** transportation Community/ village

ATTENDED DELIVERY COVERAGE IN INTERVENTION DISTRICTS (HOSPITAL AND HEALTH CENTERS)*

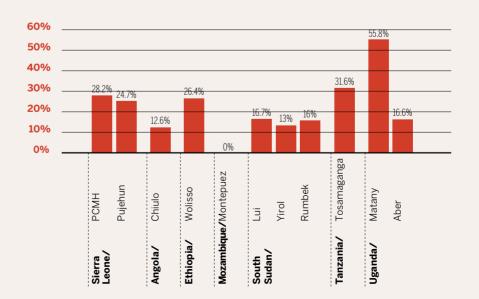


- * Number of hospital deliveries is shown in Focus on hospitals
- ** Non-attended deliveries are calculated as the difference between expected deliveries and attended deliveries



OBSTETRIC COMPLICATIONS AS A PROPORTION OF THOSE EXPECTED IN THE REFERENCE AREA

% MDOCs out of those expected



NUTRITION

ENSURING GOOD NUTRITION

Ensuring good nutrition, especially during pregnancy and early childhood, has been increasingly acknowledged as **a priority** since the 2030 Agenda for Sustainable Development was signed by the 193 Member States of the United Nations.

Doctors with Africa CUAMM focuses on nutrition by working in support of national policies and programs, helping educate pregnant women about nutrition via the community, dispensaries and health centers, teaching mothers about the advantages of breastfeeding exclusively for the first six months after birth, and monitoring their baby's growth in the first few years of its life. CUAMM also manages acute and chronic malnutrition, both of which are still widespread in Africa, especially during periods of drought and subsequent famine.

Worldwide, 45% of under-5 child mortality is attributable to malnutrition (*The Lancet*, 2013) because it is a factor that exacerbates and complicates disease.

That is why every health intervention, whether at hospitals or in health centers, must include management of this dire problem.

TACKLING ACUTE MALNUTRITION

Acute malnutrition is due to **rapid weight loss or the inability to gain weight**, and usually occurs when an individual lacks access to a sufficient quantity of food due to famine, financial difficulties and/or other reasons.

Acute malnutrition can be either moderate or severe; in the latter case, it puts children at risk of death.

Doctors with Africa CUAMM helps the nutritional units of the hospitals in the countries where we are active to provide intensive care for patients with severe or complicated acute malnutrition, in addition to screening for acute malnutrition cases locally and in peripheral health centers.

The table on the following page reports 2023 data relative to these hospital treatments.



Chronic malnutrition leads to **stunted growth**, i.e., a low height-for-age. It is caused by a chronic lack of food or the limited use of potential resources, and thus begins in the first days after conception.

It stops children from ever reaching their full physical and cognitive potential, thereby adversely affecting them for the rest of their lives.

Although there is unfortunately no real treatment for the condition, Doctors with Africa CUAMM implements special programs to educate mothers about the issue and provide nutritional supplements to pregnant women and children that can help mitigate some of the adverse impacts of stunting.

Key interventions include the treatment of anemia in pregnant women, administration of folic acid and other micronutrients such as iodine, prevention of malaria during pregnancy, improvement of the nutritional health of mothers, promotion of breastfeeding only (instead of formula), and treatment for intestinal parasitic infections in children.



4,105 patients treated

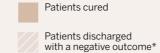
3,578 patients cured

87% average cure rate

6.8% average mortality rate

Nutrition 67

TREATMENT FOR ACUTE MALNUTRITION IN HOSPITALS



Those who died, abandoned treatment, or were transferred

to another facility

		20	100	150	200	250	300	350	400	009	800	1,000	1,200	1,400	1,600
Angola/	Chiulo	192 85%			3	35/				 	1		1		
Ethiopia/	Wolisso	260 92%					23						1		
RCA/	Bangui	1,585 88%									 	1			206
Sierra Leone	•∕ Pujehun CMI	292 78%						83///							
	Lui	45 75% 15								 		į	į	į	
	Yirol	190 81%			4	4				1		1	1	1	
	Rumbek	239 84%				4	6					1		1	1
Tanzania/	Tosamaganga	131 86%		22						 	1				
Uganda/	Matany	370 97%							10				į		
	Aber	274 86%					43			 		 	i 1 1	i i i	



"When I reached the hospital, the mother was exhausted. She had her son Bidal and her newborn baby boy with her. She was worried about her oldest son's health. Up until a few months ago, he was well, he was full of energy. She had been breastfeeding him, but one day they started to tell him that he was a big boy now. Then his little brother arrived. It was a surprise to Bidal, and he was no longer the center of attention. His mother now had to give her milk to the newborn. She wanted him to learn how to eat on his own: she helped him use his hands, so that he would understand what to do. But he wasn't having it. So he grew hungrier and hungrier, and sadder and sadder. Until one day his mother walked with him for hours to the hospital in Lui, seeking help. The doctor put a red bracelet around his wrist: 'It's kwashiorkor, malnutrition. He needs protein,' he said. Bidal was admitted and he began to eat the hyper nutritious peanut paste he was given and, each day after the next, he got better.'

Elena Gelormino, public health doctor, South Sudan.



INFECTIOUS DISEASES

INSIDIOUS ADVERSARIES

In recent years, thanks to international cooperation, there have been important advances in the fight against major infectious diseases such as malaria, tuberculosis and HIV/ AIDS. In Africa today, fewer individuals are getting infected by or dving from such diseases, and growing numbers of infected patients are receiving treatment. However, in comparison to people from other continents. a large portion of the African population continues to suffer disproportionately from preventable early mortality and disabilities caused primarily by these major epidemics. The COVID-19 pandemic made matters worse, triggering a rising incidence of tuberculosis and TB-related mortality in 2022, after many years of decline. This was especially the case in many areas of sub-Saharan Africa, where the pandemic disrupted health services for the prevention, diagnosis and treatment of diseases and triggered a diversion of resources across multiple health system levels (International Journal of Infectious Diseases, 2022).

These diseases primarily affect individuals or groups who are impoverished or at risk of poverty, especially pregnant women, children, adolescents and adults living in disadvantaged social circumstances that make it difficult to access and benefit from prevention and treatment services.

In 2023, the overall number of patients diagnosed in hospitals where CUAMM had launched Gene Xpert diagnostic services fell by 20%. Moreover, there was an increase in patients resistant to rifampicin and those with multidrugresistant tuberculosis (Mdr-Tb). That drop does not indicate a reduction in incidence in terms of tuberculosis; instead it points to reduced access due to safety concerns or an increase in diagnostic services in other local health centers.

FIGHTING MALARIA

Every day in every hospital, dozens and dozens of malaria patients, especially under-5 children, arrive and receive treatment.

As of 2018, the number of cases diagnosed and treated has been **recorded more accurately** at the hospitals and health centers that CUAMM supports, as shown country by country in the following table.

FIGHTING TUBERCULOSIS

In 2023, CUAMM registred a 20% drop in tuberculosis infections at the four hospitals monitored. However, there was an increase in the number of patients resistant to rifampicin and the percentage of patients with multidrugresistant tuberculosis (MDR-TB), despite a drop in the number of **GeneXpert** tests performed. GeneXpert technology makes it possible to identify the presence of tuberculosis, particularly **MDR-TB**, as well as possible resistance to rifampicin. As previously mentioned, the lower number of GeneXpert tests carried out could be due to reduced access to services or increased availability of GeneXpert testing in other health facilities.

The chart on the following page reports the relevant data.



Malaria, TB, HIV

1,710,533

malaria diagnoses

2,287 tuberculosis diagnoses

44,172 individuals tested for

654New HIV+ patients placed in treatment

Pneumonia and diarrhea

397,160 pneumonia diagnoses

331,069 diarrhea diagnoses

Infectious diseases 69

FIGHTING HIV/AIDS

In 2023, CUAMM continued its strategy to reduce HIV and AIDS with the Test and Treat program, in which patients who test positive are immediately placed in treatment. This is a departure from the modus operandi of just a few years ago, in which patients were placed in treatment only if their T4 lymphocyte (the white blood cells which help our immune system fight infections) count dropped below a certain number, or if they were pregnant. With the Test and Treat program, we hope to reduce the transmission capacity of every individual and diminish the spread of the virus. The table here shows the results of the activities of the antiretroviral clinics assisted directly by CUAMM.





"Working with adolescents here in Shinyanga, especially the ones between 10 and 14, requires a lot of consideration and sensitivity. Many of them don't entirely understand what HIV is, even if they receive daily treatment for it. Some of them have to face the stigma of having HIV at school and even in their own communities. Plus, mental health challenges mustn't be underestimated, and should be increasingly looked at as key topics to address. It's something that should be considered when when outlining the interviews and formulating the questions. It's the very reason we've chosen young doctors to help us in this phase, as they are able to put adolescents more at ease.

If we want to work towards a future without HIV, we absolutely must start with adolescents and young adults, listening to them and making them feel like active participants in the path forward."

Chiara Didonè project manager, CUAMM, Tanzania.



	N. of malaria diagnoses	N. of laboratory-confirmed malaria diagnoses (% confirmed)	N. of malaria diagnoses in under-5 children
Ethiopia	352,446	114,734 (33%)	33,952
Central African Re		- (-%)	21,365
Sierra Leone	86,997	20,422 (23%)	44,217
South Sudan	528,956	381,044 (72%)	311,049
Tanzania	1,652	1,643 (99%)	124
Uganda	716,903	707,960 (99%)	224,956
TOTAL	1,710,533	1,225,803 (72%)	635,663

TUBERCULOSIS

	Hospital	Patients diagnosed with tuberculosis	N. GeneXpert tests conducted for MDR tuberculosis	tests for MTB	Patients who tested rifampicin-resistant (% resistance)
Ethiopia	St. Luke Catholic Hospital		1,133	149 (13%)	5 (3.4%)
Tanzania	Tosamaganga Hospital	1,219	1,096	118(11%)	4 (3.4%)
Uganda	Moroto Regional Referral Hospital		836	45 (5%)	2 (4.4%)
	St. Kizito Hospital – Matan		3,380	161 (5%)	1 (0.6%)
	TOTAL	2,287	6,445	473 (7%)	20 (4.2%)

HIV

	Hospital	Tested for HIV*	HIV positive (% positive)	Total n. of patients receiving antiretrovirals (new patients in 2023)	
Ethiopia	St. Luke Catholic Hospital	11,984	87 (1%)	1,652 (72)	
Tanzania	Bugisi HC	1,998	94 (5%)	3,094 (94)	
	Ngokolo HC	950	24 (3%)	735 (8)	
	Tosamaganga Hospital	737	56 (8%)	6,933 (127)	
Uganda	Aber hospital – Pope John XXIII	15,688	269 (2%)	5,130 (278)	
	St. Kizito Hospital – Matany	12,815	71 (1%)	432 (75)	
	TOTAL	44,172	601 (1%)	17,976 (654)	
		n. adolescents tested for HIV	HIV positive (% positive)	HIV-positive adolescents receiving antiretrovirals	

		n. adolescents tested for HIV	HIV positive (% positive)	HIV-positive adolescents receiving antiretrovirals
Mozambiqu		51,914	497 (1%)	n./a.
	Tete	98,942	390 (0.4%)	n./a.
Tanzania	Shinyanaga	807	22 (2.7%)	n./a.

Infectious diseases 71

ACUTE RESPIRATORY INFECTIONS

Along with malaria and diarrhea, acute respiratory infections are one of the leading causes of death in children under five.

The table below shows cases of these diseases treated at the hospitals and in the districts where Doctors with Africa CUAMM works.

DIARRHEAL DISEASES

Diarrheal diseases – especially the most common form, bloodless diarrhea – are among the leading causes of death due to severe dehydration. This is all the more true for children, who are at risk if not given continuous rehydration support (including oral rehydration if conditions allow). The table below shows the cases treated in the areas where Doctors with Africa CUAMM is active and where specific data is reported.

ACUTE RESPIRATORY INFECTIONS

	N. of pneumonia diagnoses	N. of deaths due to pneumonia (% mortality)	N. of pneumonia diagnoses in under-5 children	N. of pneumonia deaths in under-5 children (% mortality)
Ethiopia	36,676	40 (0.11%)	30,266	34 (0.11%)
Central African Republic	4,928	62 (1.26%)	4,631	59 (1.27%)
Sierra Leone	17,075	11 (0.06%)	14,621	11 (0.08%)
South Sudan	212,917	51 (0.02%)	167,328	35 (0.02%)
Tanzania	64,450	609 (0.94%)	34,909	15 (0.04%)
Uganda	61,114	278 (0.45%)	49,341	146 (0.30%)
TOTAL	397,160	1051 (0.26%)	301,096	300 (0.10%)

DIARRHEAL DISEASES

	N. of diarrhea diagnoses	N. of deaths due to diarrhea (% mortality)	N. of diarrhea diagnoses in under-5 children	N. of diarrhea deaths in under-5 children (% mortality)
thiopia	35,209	9 (0.03%)	22,198	5 (0.02%)
Central African Republic	3,188	20 (0.63%)	3,028	20 (0.66%)
Sierra Leone	10,403	18 (0.17%)	8,184	10 (0.12%)
South Sudan	148,377	17 (0.01%)	123,450	11 (0.01%)
Tanzania	10,676	4 (0.04%)	7,772	4 (0.05%)
Jganda	123,216	19 (0.02%)	75,200	38 (0.05%)
TOTAL	331,069	87 (0.03%)	239,832	88 (0.04%)

CHRONIC DISEASES

According to data from the World Health Organization (September 2023), every year, over 17 million people die prematurely from **noncommunicable diseases** (NCDs) and 86% of these premature deaths occur in low to middle-income countries.

It it estimated that in 2030, chronic diseases will overcome transmissible diseases as a cause of death in Africa.

Preventing and treating this group of emerging pathologies, even in low-income countries, has thus become a focus and goal of the

Sustainable Development Goals (SDGs).

CERVICAL CANCER

Cervical cancer is the **second-most common** cancer affecting African women, but it can be prevented with the human papillomavirus vaccine, regular screenings, and early diagnostic methods. CUAMM has been implementing projects to improve community awareness about the issue and offering cervical cancer screenings for several years, based on the "see-and-treat" approach, which entails acetic acid staining of the cervix followed by inspection of the latter (VIA) for potentially malignant lesions and immediate treatment with cryotherapy if any are found. Evaluation and treatment are done by trained nursing staff, based on a goal of evaluating 20% of at-risk women every year. By so doing, and by treating any small lesions found, including inflammatory ones, we hope to prevent them from becoming malignant. Our approach is therefore one of secondary prevention rather than treatment. More advanced forms of cervical cancer are treated surgically at the hospital, although with limited effectiveness, given the fact that most patients arrive at the facility only after their tumors have reached an advanced stage and/or become inoperable. The table on the next page shows data on our activities in 2023, in the three hospitals with the most support. The overall data thus trended downwards compared to 2022.

In general, however, such activities are still infrequent in the routine services offered by hospitals and health centers, which is why support is even more essential to raise awareness and demand for it among women and medical staff.

DIABETES, HYPERTENSION AND HEART DISEASE

Patients affected by these diseases have been diagnosed and treated from the very start in the hospitals where Doctors with Africa CUAMM is present, yet their sheer quantity has meant poor case documentation. For some time now, however, outpatient clinics dedicated to chronically ill patients have existed in some of these areas, making it possible to integrate AIDS patients into this broader umbrella group. thereby reducing the stigma attached to their specific disease. The chart that follows contains data from hospitals which have dedicated outpatient clinics and where hospitalizations are starting to be documented. It should be noted that in two countries (Sierra Leone and Mozambique), a dedicated outpatient clinic has been operating since 2023 within the WHO PEN-Plus framework. In two other countries (Ethiopia and Mozambique), a program is underway to provide care for patients with Type 1 diabetes.



Chronic diseases

21,689 Total visits

1,516 Hospitalizations

Cervical cancer

3,730

Women screened

144

VIA-positive individuals

132

% of VIA-positive individuals treated with cryotherapy



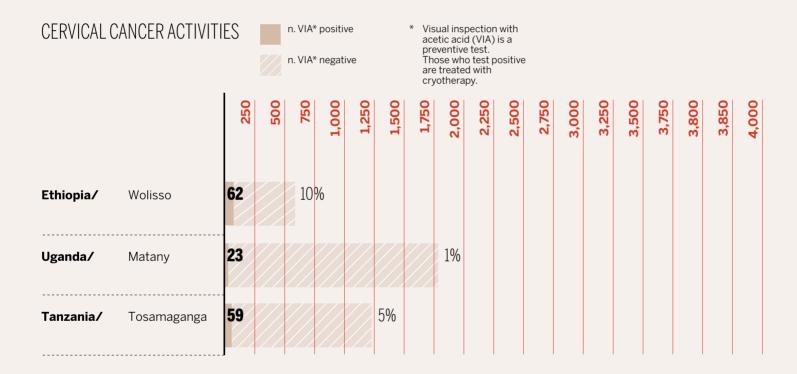
"The new PEN-Plus clinic in Pujehun already has 170 patients, and important milestones have already been achieved, such as the complex care of insulin-dependent patients with type 1 diabetes in an area that up until a few months ago lacked insulin and where very few knew how to it use it. We now have young patients who measure their blood sugar with a glucose meter at home. They then enter their measurements in a journal and are able to give themselves insulin. The goal is to create a health center for everyone, which then acts a reference point."

Giacomo Marro internist, CUAMM, Sierra Leone

Chronic diseases 73

DIABETES, HYPERTENSION AND HEART DISEASE

	Outpatient	visits		Hospitaliza		
Hospital	Diabetes	Hypertension	Heart disease	Diabetes	Heart disease	Stroke
Wolisso	1,177	1,808	650	79	108	29
other hospitals	2,322	5,631	n./a.	511	n./a.	n./a.
Tosamaganga	1,873	4,298	372	79	91	46
Zambesia	160	n/a	n/a	45	n/a	n/a
Sofala	184	n/a	n/a	65	n/a	n/a
Matany	352	1446	36	85	55	41
Aber	221	1,050	109	107	82	93
	6,289	14,233	1,167	971	336	209
	Wolisso other hospitals Tosamaganga Zambesia Sofala Matany	HospitalDiabetesWolisso1,177other hospitals2,322Tosamaganga1,873Zambesia160Sofala184Matany352	Wolisso 1,177 1,808 other hospitals 2,322 5,631 Tosamaganga 1,873 4,298 Zambesia 160 n/a Sofala 184 n/a Matany 352 1446 Aber 221 1,050	Hospital Diabetes Hypertension Heart disease Wolisso 1,177 1,808 650 other hospitals 2,322 5,631 n./a. Tosamaganga 1,873 4,298 372 Zambesia 160 n/a n/a Sofala 184 n/a n/a Matany 352 1446 36 Aber 221 1,050 109	Hospital Diabetes Hypertension Heart disease Diabetes Wolisso 1,177 1,808 650 79 other hospitals 2,322 5,631 n./a. 511 Tosamaganga 1,873 4,298 372 79 Zambesia 160 n/a n/a 45 Sofala 184 n/a n/a 65 Matany 352 1446 36 85 Aber 221 1,050 109 107	Hospital Diabetes Hypertension Heart disease Diabetes Heart disease Wolisso 1,177 1,808 650 79 108 other hospitals 2,322 5,631 n./a. 511 n./a. Tosamaganga 1,873 4,298 372 79 91 Zambesia 160 n/a n/a 45 n/a Sofala 184 n/a n/a 65 n/a Matany 352 1446 36 85 55 Aber 221 1,050 109 107 82



INTERPRETING THE DATA

As the numbers show, even with varied data from location to location, examinations for diabetes and hypertension were up overall compared to last year. However, the data are still not very comparable, and do not provide a true measure of the scale of the problem.



TRAINING

THE CRUCIAL ROLE OF TRAINING

Training health personnel is crucial for improving and strengthening both the quality of care and the ability to provide health services. In addition to the staff training that Doctors with Africa CUAMM provides every day while working alongside local health workers and authorities, we also held numerous refresher courses throughout the year, with the participation of some 5,083 individuals, including community agents, nurses, midwives, doctors and healthcare managers.

In 2023, these training activities led to diplomas for **180 health professionals**, including 50 doctors who graduated from the School of Medicine at the University of Mozambique in Beira.

"You get the feeling that, for these young people, education isn't a chore but a privilege. They understand that they are incredibly lucky to be there, at the Catholic University of Mozambique in Beira, studying medicine. It was the first time I went to Mozambique to teach at the University of Beira, and I intensely felt how important this role is."

Francesco Vladimiro Segala grad student at the University of Bari, CUAMM doctor, Mozambique





4,065
individuals trained through short courses and residencies

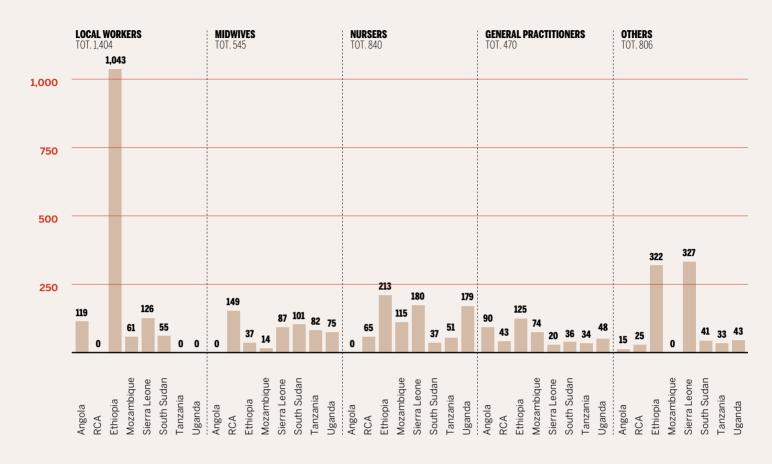
180 health professional graduates

4,245 total individuals trained

MOTHERS AND CHILDREN FIRST: PEOPLE AND SKILLS CONTINUAL MEDICAL TRAINING OF HEALTH MANAGERS

	Hospital and district	Training objectives	Trained in the second year
Angola	Chiulo Hospital / Ombadja District	10	15
Ethiopia	Wolisso Hospital / Wolisso, Goro and Wonchi Districts	100	135
	Gambella Regional Hospital / Gambella District		
Central African Republic	Bangui Pediatric University Hospital Complex	20	25
Sierra Leone	Pujehun Hospital	50	50
	Princess Christian Maternity Hospital, Freetown		
South Sudan	Yirol Hospital and Yirol West District	50	41
	Rumbek Hospital / Rumbek East, Center and North Districts		
	Lui Hospital / Mundri East District		
Tanzania	Tosamaganga Hospital / Iringa Rural District	30	33
Uganda	Aber Hospital and Oyam District	40	55
	Matany Hospital and Napack District		
2nd YEAR TOTAL		300	354

TRAINING THROUGH SHORT COURSES OR RESIDENCIES



PROFESSIONAL AND UNIVERSITY-LEVEL TRAINING

	Facility	Graduates
Ethiopia	School for nurses and midwives (Wolisso)	18 midwives and 20 nurses
Mozambique	University of Brera - School of Medicine	50 doctors
South Sudan	School for nurses and midwives (Rumbek)	20 midwives and 30 nurses
Uganda	School for nurses and midwives (Matany)	22 midwives and 20 nurses
TOTAL		180 HEALTH PROFESSIONALS

MONITORING, EVALUATION AND RESEARCH

<u>.lh.</u>

PROJECT MONITORING AND SYSTEMS MANAGEMENT

In 2023, Doctors with Africa CUAMM continued to rigorously monitor the activities and outcomes of the projects it implements on the ground.

We reinforced and expanded the use of the **District Health Information System 2** (**DHIS2**), which makes it possible to immediately share collected data with the personnel involved.

This tool also offers real-time monitoring of data, improved abilities to use the information shared for program goals and standardized management of data coming from all partner countries. The system currently includes 189 data elements, 25 data sets, and 42 indicators. The DHIS2 is also used as an effective tool with which to monitor the project's KPIs. There are currently five projects regularly using this platform, with the plan to extend its use to other medium-to-long-term projects.

Moreover, the use of the **Epiinfo platform**was expanded in 2023 to monitor patients with chronic diseases (diabetes and hypertension in particular). This system not only makes it possible to dedicate particular attention to each patient as his or her treatment is traced and documented, but also to evaluate the effectiveness of the projects themselves in improving the health of outpatients. We continued our collaboration with the Management and Health Laboratory of the Sant'Anna School of Advanced Studies (Pisa) to evaluate the performance of hospitals and district health services as well as our partnership with Critical Care Asia Africa **Network**, for the monitoring of treatment of critical-condition patients, especially in terms of neonatology.

OPERATIONAL RESEARCH IN THE FIELD

2023 saw the publication of **31 research papers** connected to Doctors with Africa CUAMM projects and our many active partnerships with experts and research institutes.

There were numerous publications relating to infectious diseases such as COVID-19, TB and HIV, but with a focus also on the use of antibiotics, especially in neonatal ICUs, a subject of particular interest and a topic for in-depth study in ongoing projects. In addition, we delivered oral presentations and presented posters at a number of conferences. including the European Congress on Global Health in Utrecht (Netherlands) and the International Conference on Public Health in Africa organized by Africa CDC and the African Union in Lusaka (Zambia). As part of this last conference, CUAMM organized a side event titled Operational Research and Civil Society Contributions to Enhance Universal Health Coverage, which included the participation of representatives of the scientific world from Italian and African universities including: the University of Padua, the University of Bari, UNICEF Mozambique, and the University of Makerere (Uganda).

Doctors with Africa CUAMM continues to invest in research as a tool with which to better understand the settings we work in, identifying the most effective strategies and verifying best practices in order to improve our activities on every level of the health system. Each year, CUAMM publishes a volume with the research papers, abstracts and posters that it has presented at international conferences.

They can be downloaded for free on:

https://doctorswithafrica.org/
en/fieldresearch/

THEMATIC AREAS



maternal and child health



infectious and tropical diseases



universal healthcare coverage and equity

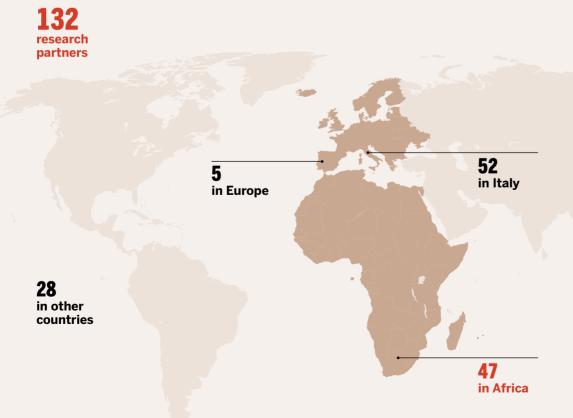


nutrition



78





248 total studies published since 2010

 $\underset{\text{in 2023}}{31}$



In 2023, Doctors with Africa CUAMM helped manage and analyze **16 hospitals** in Africa: 1 in Angola, 3 in Ethiopia, 2 in Mozambique, 2 in Sierra Leone, 1 in Central African Republic, 4 in South Sudan, 1 in Tanzania, and 2 in Uganda.

In the aforementioned countries (and the entire continent), hospitals are the main structures which provide health services, especially more complex ones, such as surgery.

Evaluating their work is therefore important for Doctors with Africa CUAMM, as we believe that access to treatment is a fundamental human right, especially for poorer segments of the population.

The volume of health services provided by a hospital can be measured via a standard unit of output (SUO). This composite index uses outpatient contacts (OP) as its unit of measurement and provides relative weights in terms of the cost of the other standard services provided by hospitals: hospitalizations, deliveries, immunizations, and pre-and postnatal visits.

To learn more, see the methodological notes section on page 7. Using this index enables hospital managers and boards of directors to plan activities in a reasoned manner, making evidence-based decisions in alignment with the institution's mission, and to better understand which decisions have resulted in successful outcomes and which have not.

This measurement system gives rise to four indicators:

- PRODUCTIVITY measurement of the total volume of a hospital's activities;
- EQUITY verification that the services provided are accessible to everyone, especially the most vulnerable members of society;
- STAFF EFFICIENCY assessment of the management of hospital staff;
- MANAGEMENT EFFICIENCY assessment of how well a hospital uses its financial resources.



Chiulo Angola

Wolisso Ethiopia

Gambella RH Ethiopia

Gambella Primary Hospital

Beira Mozambique



Montepuez



Bangui Pediatric Hospital Central African Republic



Puejhun CMI Sierra Leone



PCMH Sierra Leone



Lui South Sudan



Yirol South Sudan



Rumbek South Sudan



Tosamaganga Tanzania





Aber Uganda

0.112

The formula used to calculate the SUO (OP) reflects the relative weights of various hospital services:

 $SUO-OP = (15 \times hospitalizations)$

- + (1 x outpatient contacts)
- + (5 x deliveries) + (0.2 x immunizations)
- + (0.5 x pre and post-natal visits)

Focus on hospitals 81

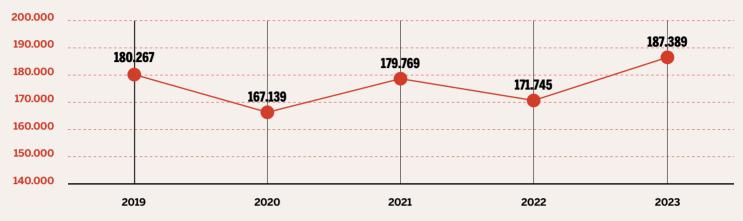
PRODUCTIVITY

Overall hospital performance is assessed by **averaging the results of the 8 hospitals** for which data have continuously been available for the last 5 years. They are the same ones considered in our 2022 report. 2023 saw an increase in productivity over 2022 (+9%), associated with the increase in the hospitals in Matany and Aber (Uganda), due to a general problem with the supply of anti-malarial drugs in the country, which has effectively reduced their availability in communities

and peripheral units. That has resulted in delayed diagnosis and treatment, thereby increasing the number of patients in grave conditions, leading to increased hospitalizations. Those increased numbers counterbalanced a few reductions, such as that at Wolisso, where the numbers dropped due to a new public hospital in the same town having absorbed some patients, but also due to security concerns that at times restricted the local population's ability to move freely and thus access healthcare.

TOTAL AVERAGE VOLUME (SUO) IN 8 HOSPITALS





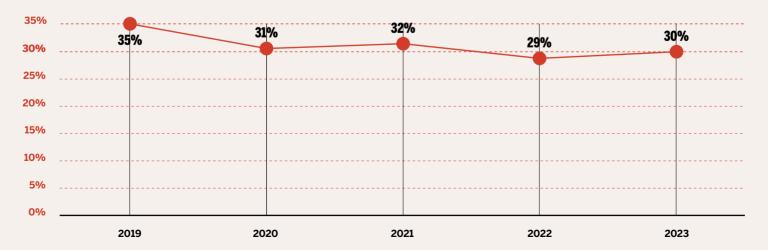
EQUITY

The cost of services borne by patients is calculated as **the ratio of user-derived revenue to total costs.** Last year the average patient-borne cost increased lightly over 2022, going from 29% to 30%, despite it being reduced at Tosamaganga due to ever-expanding public and private healthcare coverage, while the numbers increased considerably in Aber and slightly in Wolisso.

This was in spite of the constant increase in costs per SUO unit, going from 6.10 to 6.50 Euros/SUO. That cost increase is tied to ongoing inflation in general, but medicine and energy prices in particular, which are even more pronounced given the considerable increase in the average SUO.

% OF SERVICE COSTS BORNE BY PATIENTS

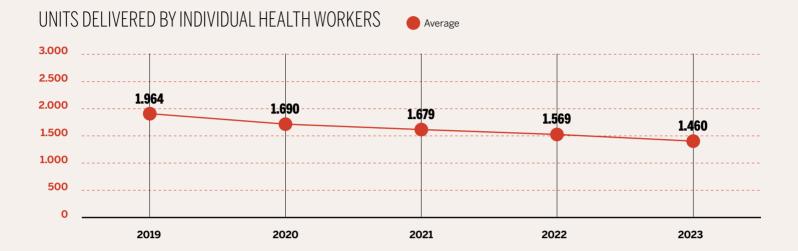




STAFF EFFICIENCY

The level of staff efficiency (the ratio of total SUO to the number of qualified staff) fell slightly (-7%) linked to the increase in the number of qualified staff, given the increase in overall service volumes.

So, we can hypothesize that there was an increase in service quality, considering there were more qualified professionals, which at least in part explains the overall increase in costs.



MANAGEMENT EFFICIENCY

With regard to the cost of services per SUO, i.e. the ratio of total costs to total SUO, we saw a slight increase (as was true in 2021-2022) from 6.10 to 6.90 euros/SUO. That 13% increase can be explained by the continued rise in production costs due to inflation in medicine and energy prices, and the greater number of qualified personnel, as noted above.

In conclusion, in 2023 we saw a rise in production costs

despite the slight rise in activity volumes, due to the constant rise in prices and worldwide economic complications. Covering these higher productions costs will continue to be a challenge, especially given the lower levels of development aid being provided to the countries in need of it. Though for now, these higher production costs have resulted in a modest increase in costs for patients.



Focus on hospitals 83

THE QUALITY OF HOSPITAL SERVICES

In low-resource settings such as those found in the sub-Saharan African countries where Doctors with Africa CUAMM is active, it is essential to monitor not only how hospitals perform in terms of accessibility, equity and efficiency, but also to assess the quality of the services they deliver to the population.

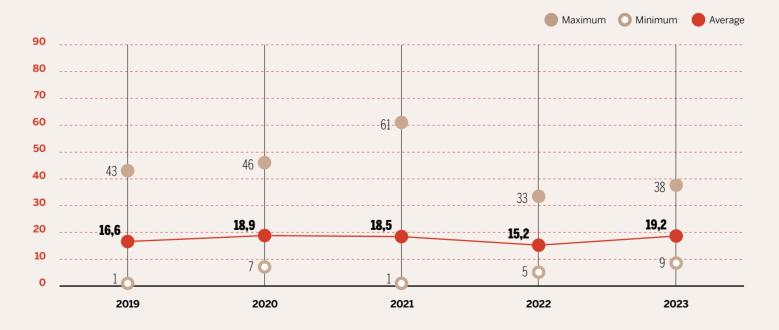
It isn't enough to guarantee low-cost services if they are of sub-par quality. Although it is not easy to measure the overall performance of a hospital, and even more challenging to measure the quality of the services it provides, since 2012 we have used the following indicators to facilitate assessment of the quality of obstetric assistance provided:

- STILLBIRTH RATE PER 1,000 LIVE BIRTHS:
- CESAREAN SECTION RATE AS A PERCENTAGE OF TOTAL BIRTHS:
- MATERNAL MORTALITY RATE DUE TO MAJOR OBSTETRIC COMPLICATIONS AS A PERCENTAGE OF TOTAL MAJOR OBSTETRIC COMPLICATIONS.

STILLBIRTH RATE PER 1,000 LIVE BIRTHS

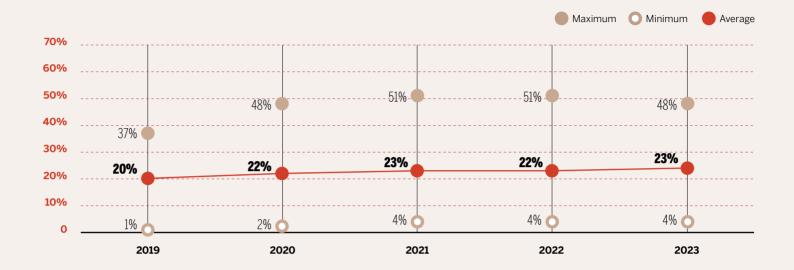
This indicator refers to **how childbirth is handled**during the labor and explusion phases, and thus assess how suitable and timely the interventions were. The figure does not include cases of stillbirth already ascertained as certain prior to labor.

The 2023 statistic is **slightly worse** than in the past (from 15.2/1000 to 19.3/1000), probably due to greater accuracy in collecting data from some hospitals, a byproduct of relative targeted projects (Gambella, Ethiopia), and also due to local factors causing greater delay in access to services or the inability to consistently provide quality services.



CESAREAN SECTION RATE AS A PERCENTAGE OF TOTAL BIRTHS

Cesarean section rates can vary greatly from one hospital to the next, **depending on a variety of factors.** For example, the physical build of women is different from country to country, which may necessitate C-sections either more or less frequently. If a hospital is the only facility available for patients with complications, it usually must handle a large number of complicated deliveries, and hence also a greater number of C-sections, based on the degree of efficiency of the referral system. Surgeons and gynecologists in various settings may also have different propensities relative to the performance of C-sections. In 2023, the average C-section rate **increased slightly**, returning to the 2021 rate, with small variations or no change at all within each individual hospital.



MATERNAL MORTALITY RATE DUE TO MAJOR OBSTETRIC COMPLICATIONS AS A PERCENTAGE OF TOTAL MAJOR OBSTETRIC COMPLICATIONS

The WHO recommends a maternal mortality ratio lower than 1% as a benchmark in the treatment of major obstetric complications. The figures shown for the hospitals listed here, however, do not necessarily represent poor quality of care; it is instead very likely that they were overestimated **due to inadequate computer systems** that are unable to accurately track all of the major obstetric complications treated. The frequent changes in recording criteria may be related to doctor turnover, with a consequent failure to apply diagnostic criteria in a continuous and standardized manner.

Despite these limitations, the figures in 2023 remained **essentially stable**, with values of approximately 1%, in almost all of the settings except Pujehun in Sierra Leone, where the ratio fell from 2.4% in 2022 to 1.6% in 2023, and Yirol and Rumbek in South Sudan, with values over 2% (and thus worse).

Once again, the difficulty outlined above in gathering consistent, comparable data over time is likely to have played a part.

	2019	2020	2021	2022	2023
Aber	1.0%	1.1%	0.9%	0.7%	1%
Matany	0.5%	0.7%	0.6%	0.3%	0.4%
Tosamaganga	0.46%	0.6%	0.2%	0.6%	1%
Wolisso	0.6%	1.0%	0.1%	0.3%	0.3%
Gambella Regional	2.0%	1.0%	1.2%	n/a	0.9%
Gambella Primary Hospital			0.8%	n/a	2.8%
Chiulo	n/a	n/a	2.3%	2.0%	1%
Pujehun	4.0%	3.3%	1.3%	2.4%	1.6%
Yirol	2.4%	1.4%	0.0%	0.9%	2.3%
Lui	0.9%	1.3%	0.6%	1.7%	n/a
Cueibet	n/a	0.7%	0.0%	n/a	0.2%
Rumbek	2.3%	1.0%	0.9%	1.4%	2.8%
PCMH	1.3%	1.6%	1.0%	1.3%	1.4%
Beira	n/a	n/a	1.4%	n/a	3.1%
Montepuez	1.1%	0.7%	1.7%	1.0%	n/a

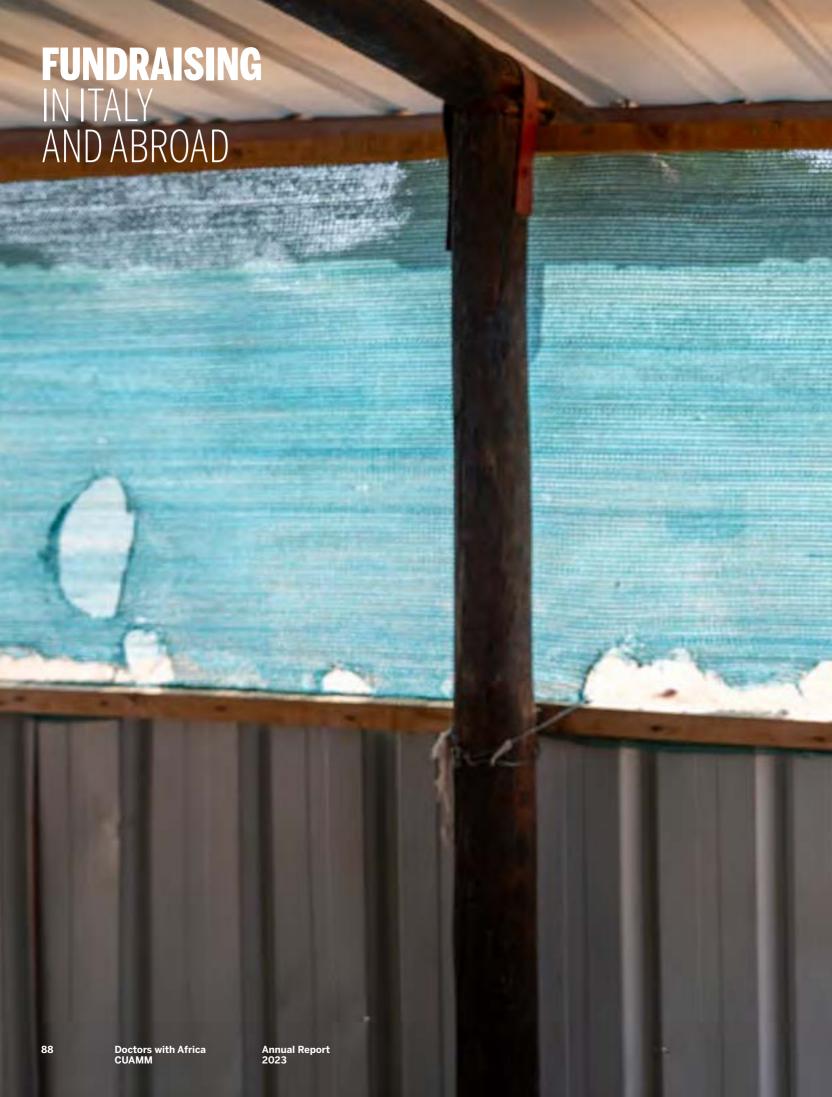
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2023 HOSPITAL DATA*

Country	Hospital Name	Beds	Outpatient visits	Hospital admissions	Prenatal visits	Total n. of deliveries	C- sections
UGANDA	Matany	250	39,313	14,095	6,802	1,722	478
	Aber	178	41,601	14,195	6,999	3,575	1,133
TANZANIA	Tosamaganga	165	36,155	8,874	4,098	3,216	1,200
ETHIOPIA	Wolisso	163	63,364	8,972	3,489	2,883	639
	Gambella RH*	124	78,529	5,520	2,441	1,776	223
	Gambella Primary Hospital	50	53,717	3,339	3,499	1,648	140
ANGOLA	Chiulo	234	34,361	4,148	3,963	2,011	167
SOUTH SUDAN	Lui	102	29,569	5,967	1,996	674	97
0027	Yirol	105	40,660	8,964	9,204	1,701	107
	Cueibet	98	25,497	6,253	3,962	1,250	52
	Rumbek	76	17,690	16,564	6,597	3,417	120
SIERRA LEONE	Puejhun CMI	59	5,717	4,859	689	1,393	638
220112	PCMH*	125	16,196	13,874	29,437	7,418	3,546
MOZAMBIQUE	Montepuez	134	13,378	8,295	n/a	5,023	n/a
	Beira	823	181,145	24,033	n/a	5,868	2,802
C. AFRICAN REP.	Bangui Pediatric Hospital	257	68,422	15,368	n/a	n/a	n/a
TOTAL		2,943	745,314	163,284	83,176	43,575	11,342

N. of vaccinations	User fee revenue	Total revenue for recurrent costs	Recurrent costs	Total staff	Qualified staff
27,367	157,567	1,134,057	1,132,568	268	168
 27,781	498,959	1,507,213	1,300,915	252	178
12,413	376,983	1,146,434	1,055,705	225	171
12,645	547,183	2,119,181	1,929,330	403	266
 1,775				445	249
 5,688				278	168
15,228				216	162
6,627			869,120	129	50
 19,391			810,261	159	70
 9,029				79	48
 15,298				71	43
693			320,000	183	147
 9,809				459	379
n/a				232	107
n/a				1660	898
n/a				418	246
163,744	1,580,693	5,906,886	7,417,899	5,477	3,350

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FUNDRAISING AND COMMUNITY RELATIONS IN ITALY

CUAMM's Fundraising and Community Relations division works to launch new partnerships and collaborations, and to get new volunteers and donors involved in supporting our work in Africa. These activities are made possible thanks to the invaluable efforts of 40 support groups across Italy whose members help organize events, charitable initiatives and special projects. promote charitable gift items and get private donors and friendly organizations, such as associations and groups, foundations, institutions, companies and restaurants involved. In 2022, two new spaces were opened at Bicocca University, more specifically in the Asclepio Building in Monza and at the **Donna e** Madre (Women and Mothers) Association in Milan. In 2023, a third space which can be used for events and other activities was added, at the Chiamamilano Onlus Association.

SUPPORT GROUPS AND TRAINING IN ITALY

CUAMM support groups are made up of volunteers, many of whom are aid workers who have returned from missions in the countries where CUAMM is active and decided to channel their enthusiasm and energy to help make Africa's voice heard in every corner of Italy. These volunteers also do vital work to promote and support events, initiatives, and special projects providing health prevention activities and support to some of the neediest communities in Italian society. In 2023, our network of support groups expanded with the new Doctors with Africa CUAMM group in Brescia, which became the 9th group in Lombardy, and 5,359 volunteers were engaged in various activities and initiatives. As in the past, CUAMM organized two meetings for all volunteers, to keep them abreast of the programs underway in Africa and to work together to plan new outreach and fundraising activities in Italy.

SNAPSHOT 2023

40 support groups

15 regions involved

national group meetings

5,359 volunteers

Top: Group conference in Seveso, Italy May 20-21

Below:Group conference in Padua,





2023 CUAMM SUPPORT **GROUPS**

LIGURIA

Doctors with Africa CUAMM Liguria

gruppo.liguria@cuamm.org Contact person: Cecilia Barnini

PIEDMONT

Mama Teresa Con l'Africa

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Doctors with Africa CUAMM Piedmont

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RENTINO ALTO ADIGE

Doctors with Africa CUAMM Trentino

gruppo.trentino@cuamm.org contact person: Carmelo Fanelli

VENETO

Volunteer Group of Padua

gruppo.volontaripadova@cuamm.org contact person: Patrizia Giaron

Doctors with Africa CUAMM Padua Hills Branch

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Doctors with Africa CUAMM Asiago-Bassano Del Grappa Sara Per L'Africa

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Doctors with Africa CUAMM Campagna Lupia

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Doctors with Africa CUAMM Sinistra Piave Trevigiana gruppo.conegliano@cuamm.org

contact person: Clara Corsini

Doctors with Africa CUAMM Mellaredo Group gruppo.mellaredo@cuamm.org

contact person: Michela Carraro

Doctors with Africa CUAMM Verona

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Doctors with Africa CUAMM Vicenza

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FRIULI VENEZIA GIULIA

Doctors with Africa CUAMM Friuli-Venezia Giulia

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Doctors with Africa CUAMM Pordenone

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EMILIA ROMAGNA

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Doctors with Africa CUAMM

Modena-Reggio Emilia mediciconlafrica_more@yahoo.it Contact person: Andrea Foracchia

Doctors with Africa CUAMM Romagna

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TUSCANY

Doctors with Africa CUAMM Florence

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Doctors with Africa CUAMM Pisa

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Doctors with Africa CUAMM Siena Jenga Insieme

postmaster@jenga-insieme.org Contact person: Paolo Rossi

NATIONAL GROUPS

Motorcyclists with Africa

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Railway Workers with Africa

Assferr.conlafrica@libero.it Contact person: Nicola Samà Vicenza

MARCHE

Doctors with Africa CUAMM Marche

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AZIO

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ABRUZZO

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SARDINIA

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SICILY

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BASILICATA

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LOMBARDY

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Doctors with Africa CUAMM Cremona

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Doctors with Africa CUAMM Lecco

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Doctors with Africa CUAMM Milan

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Doctors with Africa CUAMM Monza-Brianza

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Doctors with Africa CUAMM Rho

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Doctors with Africa CUAMM Varese

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Doctors with Africa CUAMM Sondrio

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Doctors with Africa CUAMM Brescia

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APuLIA Doctors with Africa CUAMM Bari

gruppo.bari@cuamm.org contact person: Renato Laforgia

Doctors with Africa CUAMM Salento

gruppo.salento@cuamm.org contact person: Susanna Coccioli

Contact the CUAMM group closest to you or form a new one vourself.

For more information, call +39 049 7991899 or write to e.pasqual@cuamm.org

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EVENTS

CUAMM events are important opportunities for our Community Relations and Fundraising division to familiarize people with CUAMM's work in Africa, engage new audiences and strengthen ties between our organization and other local and regional entities and institutions. Most of these events are organized by members of CUAMM's many support groups and/or other supporters - associations such as Soroptimist, Lions Club and the Rotary Club, as well as foundations and businesses. Such events come in a wide range of forms, from happy hours to university conferences, book presentations to sports competitions, from first-hand accounts at a parish by a CUAMM worker to corporate events.

IN 2023

	Events organized
Northeast Italy Friuli Venezia Giulia, Veneto and Trentino Regions	286
Northwest Italy Lombardy, Piedmont, Valle D'Aosta and Liguria	138
Central-Northern Italy Emilia Romagna and Tuscany	78
Central and Southern Italy From Marche to Sardinia and Sicily	31
TOTAL	533

CONCERT BY THE DOCTORS FOR MUSIC ASCLEPIO ORCHESTRA TREVISO 02 April 2023

The close collaboration between CUAMM and the Asclepio Orchestra has given rise to two wonderful concerts, such as that which was held in Treviso on Palm Sunday, Over 500 people attended.



CONCERT AT THE CONSERVATORY

A concert held in Puccini Hall of the Milan Music Conservatory to benefit Doctors with Africa CUAMM. On stage, the director and Father Carraro.



ANNUAL MEETING 2023 PRESS CONFERENCE MILAN, 23 May 2023

This press conference was held to announce the Annual Meeting on 4 November 2023. The mayor of Milan, Giuseppe Sala, was in attendance.



SENIGALLIA SENIGALLIA, 18 J

The Arancia Donna Subsahariana Cultural Association, the African Group of Parish Pio X - Ciarnin, and the Caroli family organized an afternoon entirely dedicated to Africa, with stories from the field, first-hand accounts and experiences in solidarity.



FROM LAMENTING TO MENDING -STORIES OF LIVES AND BRAVE CHOICES VERONA, 20 June 2023

A conversation between CUAMM Director Father Dante Carraro, Gemma Capra Calabresi Milite, and the pediatrician and CUAMM doctor stationed in Uganda, Mirella Capra Rho.



WHAT GOES UNSEEN. VULNERABLE COUNTRIES AND CHALLENGES FROM ETHIOPIA, SOUTH SUDAN AND THE CENTRAL AFRICAN REPUBLIC.

Doctors with Africa CUAMM and Athenaeum Associazione N.A.E. organized a meeting in Rome to discuss activities, challenges and hardships that the NGO encounters in the vulnerable countries it works in.



PHILOSOPHY FESTIVAL BALANCING DISCOURSE. THE ART OF THE TIGHTROPE WALKER AND CARE AS A BRIDGE.

tightrope walker specializing in extreme heights, talked with a few local CUAMM doctors in three sessions: three sessions:
"Before the rope," "On
the rope," "After the
rope." A conversation
with CUAMM Director Father Carraro closed



BUON VIVERE (LIVING WELL) FESTIVAL, 14th EDITION: THE ECOLOGY OF RELATIONSHIPS

CUAMM doctors and stories through an archive exhibition titled "Upside-down Viewpoints. When an encounter changes your point of view.'



POETRY FOR THE

PLANET TURIN, 29 September 2023

This poetry masterclass was offered as a breakout session to the event held during Researchers' Night at the University of



BARCOLANA 55 - CHARITY PROGRAM TRIESTE, 08 October

In partnership with the CUAMM Fruili Venezia Giulia group, charity program of the 55th edition of Barcolana. Five vessels decided to race With Africa to many mothers and their children.



PISA GOSPEL FESTIVAL

Pisa group along with a few Voices of Heaven choir Pisa Gospel Festival.



PRESENTATION OF AFRICA. THERE AND

BACK NAPLES, 09 November 2023

Book presentation of Africa. There and Back few aid workers who have returned from Africa and local



SPECIAL EVENTS

MOTO GUZZI FAST ENDURANCE CUP

Motorcyclists form the Motorcyclists with Africa support group decided to bring their charity work with CUAMM to the racetrack. After having first taken part in 2020 in the Vallelunga race of the Moto Guzzi Fast Endurance Cup, in 2021 they once again returned to the same competition as the kickoff to a fundraising campaign to purchase motorcycleambulances for CUAMM. They raced again in 2022 and 2023.



ON THE WAVES OF THE ATLANTIC AND THE MEDITERRANEAN



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SPECIAL PROJECTS IN ITALY



FIT4CARE - TAKING CARE OF YOUR OWN WELL-BEING

To mitigate the impact of the COVID-19 pandemic, Doctors with Africa CUAMM came up with FIT4CARE in 2021, a digital training course on physical preparedness, stretching, nutrition and breathing techniques to **improve the mental and physical well-being of health professionals**. The healthcare emergency caused by the pandemic has come to an end, but Doctors with Africa CUAMM continues to prioritize the mental and physical well-being of those who care for others. For this reason, we proceeded with FIT4CARE lessons throughout 2023, both in person and online. This program saw the participation of doctors, nurses, nursing aids and orderlies, professionals belonging to other healthcare categories, healthcare association volunteers, students and medical residents.

109 courses organized 14 regions involved 2,000+ health professionals trained (between 30 and 65) Tackling COVID-19 in Italy: training, screening and providing personal protective equipment



HEATH TRAINING AND ASSISTANCE FOR VULNERABLE POPULATIONS IN ITALY

In March 2023, we concluded our partnership with Esselunga aimed at taking action in Italy to support healthcare workers and the most vulnerable segments of the population. The intervention had three levels:

- support for healthcare workers with special training sessions,
- free screenings for vulnerable members of society,
- the provision of consumables to support the activities of local entities.

By the time it concluded, the project had provided 45 FIT4CARE classes in the Lombardy, Emilia-Romagna, Tuscany and Piedmont regions, training over 900 health professionals in total.

In 2023

45 courses organized 4 regions involved 900 health professionals trained (between 30 and 65 years old)



"BECOMING PART OF YOUR NEW COMMUNITY" AND SCHOOL PROJECTS IN AND AROUND PINEROLO, ITALY

Launched in 2021 with financial support from USAID and the Piedmont Region, the "Becoming Part of Your New Community" project has been carried out since 2021 thanks to the Piedmont CUAMM group.

Over the years, the project has engaged multiple entities in Piedmont that work to welcome, host and integrate foreigners into the local community, providing two core services:

- 1 A medical mediation desk, through which volunteers in Piedmont monitor the healthcare provided to foreigners who face challenges in terms of language skills and finances, helping to guide them as they seek care and interact with healthcare workers.
- 2 The organization of **healthcare education sessions** aimed at groups of foreigners. During these activities, participants are trained in the essentials of first aid, the proper administration and storage of pharmaceuticals, guidance on the services the Piedmont health system offers to the public, and on how to properly access them.

From the start of the project up to 2023, 22 immigrants of different nationalities have been assisted and accompanied by volunteers as they seek care, and 66 individuals have been trained on basic health topics. Moreover, 17 meetings at elementary and middle schools were organized, reaching a total of 293 students, through the **Pinerolo School Project**.



SPECIAL PROJECTS

4 special projects

14 regions involved

VOLUNTEERING AT THE IMMIGRATION OFFICE

Doctors with Africa CUAMM has signed a three-year agreement with the Questura of Padua to allow CUAMM volunteers to support police work at the Immigration Office, which processes 250-300 individuals per day. Some 20 individuals volunteered more than 12,000 hours of their free time, working two shifts per day from Monday through Friday. In addition to helping to safely manage the reception phase to facilitate the receipt of paperwork and streamline counter procedures, over time the volunteers' activities have broadened to include telephone support and back office services.



"My name is Serena Giazzi and I'm from Asti but I've lived in Padua for 16 years. When I lived in Piedmont, I volunteered at the hospital, and when I moved to the Veneto Region I wanted to keep making a contribution to society. In 2018, I thought: 'As soon as I retire, I'll become a volunteer with Africa!' And that's exactly what happened. I spend part of my time at the infopoint, or organizing events with the CUAMM Padua Group and volunteering at the Immigration Office in Piazza Zanellato. In so doing, I encounter many different cultures and ways of living, from students who come to Italy for school to Ukrainian refugees. I try to put myself in their shoes: if I were in a foreign country, I wouldn't want to be just a number.

That's why we always welcome and explain things to users with kindness and a smile!"

Serena Giazzi, volunteer, Doctors with Africa CUAMM



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THE TRAIN OF HEALTH

Nine cities in three different regions of Italy, for a total of 11 days of screening and prevention. The fifth edition of the Train of Health was held from October 9 to 30, 2023, stopping in five cities in Veneto and, for the first time. reaching Friuli Venezia Giulia and Lombardy. Launched by Doctors with Africa CUAMM and the Railway Workers with Africa association, the initiative was carried out with the support of the Veneto Region as part of its Vivo Bene (Living Well) prevention campaign. The initiative involved 187 healthcare volunteers and approximately 800 visitors, who were provided a health screening followed by essential advice on living a healthy, balanced lifestyle based on proper nutrition and physical activity. On the train, visitors could get their blood sugar measured, check their

risk of cardiovascular diseases, and receive an electrocardiogram (ECG). During breast cancer awareness month, a senologist boarded the train to teach users how to carry out a breast self-exam and to give them a few suggestions in regards to preventive checks to have done. Other specialists then offered free consultations on neurology and physical medicine and rehabilitation. In addition, over **500 children in primary**

school participated in fun, engaging workshops which taught them about the importance of a healthy, nutritious diet and regular physical activity that's suitable for each individual.

THE TRAIN OF HEALTH IN NUMBERS

days of activity

9

Veneto, Friuli Venezia Giulia and Lombardy train stations

187 volunteers

5 ULSS involved

700

screening checkups

520

hours of direct health assistance provided

420

heart checkups with ECGs

520

primary school students

Health is a common good to be defended and promoted at any cost. To this end, Trenitalia's support for the Train of Health initiative is an additional symbol of its concern for the community, becoming an essential event for prevention year after year. Not only health but also the environment, education, culture and biodiversity are a few of the common "goods" shared by all of humanity which are to be protected, and trains, one of the main elements of the initiative, are more than just a means of transportation. They connect travelers, specialized doctors, volunteers and the local social fabric with an additional benefit: environmental sustainability.

journey, we would like to extend a heartfelt thank you to those who joined us and who ensured that the idea of Railway Workers with Africa could become a reality. They include Trenitalia, the Veneto Region, Mutua Cesare Pozzo, and the many colleagues who worked on this project, whether for maintenance, distribution or management. It truly was an impressive team effort.

Now that we've reached the end of this

Trains have passengers of all types, all colors and all races, and that's how it should be for the right to healthcare. It should and must be a human right, for all.

Maria Annunziata Giaconia

Director, Regional Business and Intermodal Development, Trenitalia



Nicola Samà Chairman, Railway Workers with Africa















WITH ITALY'S MOST VULNERABLE POPULATIONS: ACTIVITIES IN BARI AND THE SLUMS OF FOGGIA

Doctors with Africa CUAMM and other organizations in Apulia have identified significant vulnerability to **infectious diseases** such as hepatitis among **immigrants** and the unhoused. The people living in these slums, known locally as **ghettos**, are mainly men from Africa who work in dangerous, exploitative conditions. Many of them are undocumented. The Italian province of Foggia, also known as "Capitanata," has the highest concentration of these seasonal workers. Estimates point to **anywhere from 2,500 to 5,000 farmworkers** living in the region's shanty settlements.

In 2023, thanks to the **SU.PRE.ME Italia** project, our mobile clinics were made available in the slums of Foggia during the entire week, and in new shanty towns in Cerignola, in collaboration with the Infectious Diseases Unit at Bari Hospital and with the support of ANDLAIDS for blood chemistry analysis. Between January 2020 and April 2021, CUAMM and the University of Bari conducted a study on the **rates of HIV and Hepatitis C (HCV) among vulnerable migrant farmworkers** in four slums in Apulia, financed by Gilead Sciences. The study included a KAP survey (knowledge, attitudes, and practices) and the screening of 309 immigrants, revealing little knowledge of HCV (a score of 1 out of 6) but a high willingness to participate in educational campaigns (5 out of 6).

The results of the screening revealed an **HCV rate** of 2.9% among at-risk immigrants, higher than the 2% in the general population. A follow-up study conducted from September 2022 to September 2023 involved the participation of 149 immigrants and unhoused individuals. It found a HBV and HCV prevalence of 14.1% and 9.4% respectively, with a significant correlation between HCV infection and unretrieved results.

The immigrant and unhoused communities in Apulia face many challenges, including **precarious living conditions**, and a lack of knowledge about and limited access to testing and treatment for hepatitis. This lack of knowledge leads to risky behaviors and delays in diagnosis. Moreover, the insufficient training of social workers can be an obstacle to recognizing symptoms and ensuring access to health services.

The project aims to **raise awareness among unhoused immigrant communities** in the provinces of Bari and Foggia through targeted educational campaigns and the training of social workers with the scope of reducing the rate of hepatitis and improving access to health services. Based on a needs assessment and feasibility study, CUAMM identified specific settlements and entities which could offer services to them for the implementation of the project, including the Casa Sankara housing structure and the La Pista ghetto.











NUMBERS **120**

trips to provide care

1,400 doctor's visits

"These settlements are mainly found in rural areas near vegetable fields, where access to basic services is very limited. The 'homes' within them are mainly made of recycled and found materials such as plastic, wood and cardboard; they are true shanty towns. They vary in size according to the seasonal work available, and thus grow in the summer months.

Living conditions are extremely precarious: there are no basic health or hygiene services, clean water, electricity, safe food, dignified housing, social protections, education or healthcare assistance. Socioeconomic and legal hardships, along with little knowledge of their rights, make access to health services difficult.

Even in the city of Bari, the unhoused face serious challenges, including the absence of a stable place to live, food insecurity and inconsistent access for personal hygiene, and vulnerability to extreme weather, especially in winter. These people are at the greatest risk of physical and mental illness, and they often are socially stigmatized. Access to health and social services is often blocked by the lack of documents or a permanent address. Bari offers temporary assistance services such as shelters and dormitories, but availability is limited, especially in winter. Healthcare workers and social service assistants provide basic treatments and psychological support, while local and governmental organizations offer social assistance. distribute meals and provide programs to help individuals integrate into society. Partnerships with NGOs are essential to facing these challenges."

Nicole Laforgia,Doctors with Africa CUAMM

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GIFTS OF SOLIDARITY AND THE INFOPOINT

Located at 103 Via San Francesco in Padua. our infopoint has become a reference for those who want to learn more about CUAMM projects and/or contribute by purchasing items whose proceeds support our activities. The items are produced thanks to the precious collaboration of various social sewing cooperatives employing men and women from different African nations. The infopoint is volunteer-managed, ensuring its opening hours. In 2023, 20 volunteers (five more than in 2022) devoted their time to keep the infopoint up and running, many also helping to assemble bombonnières, which are gift items for commemorating special occasions (weddings, christenings, graduations and more), and chocolate eggs and cakes for Easter.

Thanks in part to the visibility of the **web shop** (https://regalisolidali.cuamm.org/). 2023 saw an increase in orders for charitable gift items, especially around various holidays. For example, at Christmas, 1,400 individuals ordered gifts benefiting CUAMM from the website, while at Easter, 40 volunteers wrapped 3.000 large chocolate Easter eggs in colorful African wax fabric, which were then sold on the website or at the infopoint. Easter in particular is a time when volunteers from various support groups get involved. Not only the Padua CUAMM group, but an impressive 28 **CUAMM groups** got involved to package and distribute the chocolate eggs and Easter cakes in their areas.

IN 2023

20

infopoint volunteers

5.000

charitable chocolate Easter eggs

2.000 charitable Easter cakes

4.200 panettoni distributed at Christmas





"I'm inspired by all these colors; they make me want to be creative again. Working for a good cause is really satisfying.

I began to see what was happening in other, less fortunate parts of the world through different eyes, reconsidering lots of things. I decided to volunteer because I wanted to invest in my well-being, dedicating time to myself and others.

CUAMM is a place that makes me feel good."

"On the occasion of the sacraments of Confirmation and Communion of my daughter Teresa and my granddaughter Margherita, we threw a big party and we chose the charitable gifts from CUAMM, whose invaluable work we are familiar with. We gave all our guests a small scroll in which we explained the reasons for our support for the training of doctors, nurses and midwives, and we gave the godparents of those taking the sacraments a wonderful CUAMM sweatshirt. Our unique party favors were appreciated by all!"

Mirca Coccato CUAMM volunteer, Padua



Giovanna Barin supporter of Doctors with Africa CUAMM



BUSINESSES "WITH" AFRICA

Businesses that stand *with* Africa are those that believe in the mission of Doctors with Africa CUAMM and support its work in Africa in various ways:

- Through **monetary donations**. For example, last Christmas, over 60 companies and professional studios made a donation, choosing the charitable items sold by CUAMM to give as gifts to their employees and clients;
- Through corporate volunteer days. For example, through the Italian Institute of Donation (IID), since 2021, CUAMM has signed an agreement with CREDEM Credito Emiliano each year for A Day for Others, an event which lets employees spend a work day volunteering. From 2021 to 2023, 42 CREDEM employees have participated in our corporate volunteer opportunities, of which there are essentially
- three: volunteering on the **Train of Health**, at the **Immigration Office of the Padua Questura**, or at our **Infopoint**. Moreover, since 2023, CUAMM has been on **WENABI**, a volunteering platform which connects the main volunteer groups in France and in other countries with several companies to offer them corporate volunteering activities. Thus far, 17 volunteers have chosen **CUAMM**.
- Raising awareness about CUAMM, company employees and clients organize or support CUAMM initiatives and events and/or promote Italy's 5x1000 tax donation to Doctors with Africa CUAMM by displaying informational materials in the workplace.



"My name is Luca Firrarello and my wife Chiara and I have supported Doctors with Africa CUAMM for over 10 years. We came across it by chance, when a close friend and doctor told us about his time spent in Africa. In that moment, we felt called upon to act: we had and could do our part. So we learned more and got involved, trying to spread the word to friends and family. Even small gestures make a difference: in my financial consulting studio, I set aside space for charitable gift items, which I give to my clients on holidays, and where I keep informational materials on how to donate the 5x1000 tax donation to Doctors with Africa CUAMM. We organized a presentation of Father Dante's book: Quello che possiamo imparare in Africa. La salute come bene comune (What We Can Learn in Africa. Health as a Common Good). It was wonderful to have the support of my family and to see that many of those in attendance that night have now brought CUAMM into their homes, supporting it whole-heartedly."

Luca Firrarello, Financial consultant

Fundraising 101

FUNDRAISING ABROAD

INTERNATIONAL PARTNERSHIPS

In recent years our International Relations division has become a strategic pillar for Doctors with Africa CUAMM by fostering the **development of new relationships and associations** with other actors engaged in international development.

The latter group includes a growing number of private foundations, some of which have ties to private entities and others to corporations with social responsibility objectives. Doctors with Africa CUAMM now has many projects and initiatives underway with international partners in each of the countries where we are active; they support our work alongside, and sometimes in partnerships with, our more traditional development cooperation donors.

These partnerships are created and cultivated through projects which support our strategy, enhanced through meetings with institutions, foundations, universities, professional groups and private citizens on the challenge entailed by CUAMM's strategic international plan, which, in turn, help put a more global spotlight on our activities.

In 2023, CUAMM's International Relations division worked on:

- the dissemination of best practices in the field of global **health.** We shared our approach to maternal and pediatric healthcare at the FIGO World Congress 2023 held in Dubai to for Birth Congress 2023 - Clinical Challenges of Labor and Delivery, a conference dedicated to obstetrical challenges. Also in Dubai, our International Relations division represented the organization at the Dubai International Humanitarian Aid and Development (DIHAD) Conference, presenting our experience in relation to humanitarian emergencies. CUAMM also took part in the 28th United Nations Climate Change Conference (COP28). Moreover, for the conference on Conflict-related Sexual Violence held at the British Embassy to the Holy See, the NGO gave voice to women who through their experiences are able to provide a clear picture of the impact of conflicts on the most vulnerable. CUAMM brought its unique insight into humanitarian crises to Florence for the third National Healthcare Emergency-Urgency Conference (UE 2023). The International Relations department represented CUAMM at the Global Compact for Migration, organized by the United Nations and held in Casablanca, to discuss safety, dignity, human rights and fundamental freedoms for refugees and migrants. CUAMM participated in Creating Effective Warnings for All, the first international conference hosted by the Warning Research Centre of University College London (UCL),









the goal of which was to spark dialog on warning systems and disaster preparedness with the end goal of creating more effective solutions. In Berlin, CAUMM took part in the *World Health Summit (WHS)*, an international conference on health around the globe. In addition, CUAMM participated in the Conference on the Horn of Africa held by the United Nations in New York, and organized a panel discussion titled "Soft Power for Positive Change" at LUISS Guido Carli University in Rome to cover the importance of diplomatic dialog during humanitarian crises, in collaboration with the DIHAD Foundation. CUAMM went to Washington, D.C. for the gala held by the *National Italian American Foundation* (NIAF), an event that included important figures, such as the President of the United States Joe Biden and First Lady Jill Biden.

- In response to the humanitarian emergencies which defined 2023, CUAMM supported people facing hardships in countries such as Libya by sending materials to cope with the flood which struck the city of Derna. Likewise, the organization supported the people of Türkiye after the earthquake which struck the regions along the border with Syria in February 2023. The International Relations team conducted humanitarian missions in the Ethiopian region of Tigray, which according to a recent UN report is marked by a "growing food security crisis" following the armed conflict that began in November 2020.

In Cabo Delgado in Mozambique, we renewed our support for the population which is the victim of new waves of violence.

- CUAMM's efforts in Ukraine and Moldova continue to the benefit of the most vulnerable individuals, such as mothers and children. In 2023, CUAMM completed the accreditation process at GOARN, a WHO network composed of over 250 technical institutions and global networks which respond to acute public health events.
- International fundraising, continued in support of our many programs in terms of development and humanitarian crisis management in Africa. Donations come from the private sector and from institutions in various geographical regions (e.g., the UK, US, UAE and Europe).

CHARITIES

The network which involves these partnerships extends from Europe (Switzerland, Denmark, Spain and the United Kingdom) to the United States and Canada, which is why we have created **Doctors with Africa CUAMM UK**, a charity based in London, and **Doctors with Africa CUAMM USA** which is a registered 501(c)(3), headquartered in New York. CUAMM UK and CUAMM USA make it possible to facilitate and encourage networking with local figures and organizations, helping to inspire their commitment to supporting projects in the poorest countries of Sub-Saharan Africa.





1 and 2 Doctors with Africa CUAMM UK partnered with University College London (UCL) to organize a conference in London titled "Creating Effective Warnings for All" in September 2023

- 3. Fundraising luncheon for Doctors with Africa CUAMM UK in London, June 2023
- 4. Doctors with Africa CUAMM participated in COP28 in Dubai for World Health Day, December 2023
- 5.
 Doctors with Africa CUAMM took part in the DIHAD conference on humanitarian aid in Dubai,
 March 2023
- 5.
 Doctors with Africa CUAMM at the DIHAD event titled "Soft Power for Positive Change: The Art of Humanitarian Diplomacy" at LUISS University in Rome, November 2023



HEALTH IS GLOBAL

Doctors with Africa CUAMM is committed to advancing people's right to health in a range of ways, including through educational and awareness-raising initiatives We believe wholeheartedly that helping familiarize young people, doctors and health professionals with development aid issues can lead to both a more just world and more responsible medical practices.

HEALTH COOPERATION IN AFRICA

This is why in 2023 we increased the training hours for young health professionals and added another edition to our residential training courses, going from two to three. Two courses are exclusively designed for medical residents who want to prepare for a sixmonth internship in Africa and a third is meant for health professionals coming from all over Italy who want to explore the topics surrounding international medical cooperation in depth.

For decades, CUAMM has also collaborated with the Italian Medical Students' Association (SISM), FederSpecializzandi, the Italian Association of Young Medical Doctors (SIGM), the National Federation of Physicians, Surgeons and Dentists (FNOMCeO) and the Italian Network for the Teaching of Global health (RIISG) to offer seminars, courses and

conferences on the topics of healthcare-specific development aid and global health.

QUALITY MEDICINE FOR AFRICA: "FRUGAL" RESEARCH, YOUTHS AND INNOVATION

In January 2023 we launched the second year of the Quality Medicine for Africa: "Frugal" Research, Youths, and Innovation, funded by the Cariparo Foundation. This program offers exciting opportunities for professional growth to students and young doctors through training, awareness raising and participation in an international scientific community. CUAMM increasingly partners with academies, research centers and institutions in Europe, Africa and beyond, and our decades-long partnerships with the most prominent Italian organizations working in the fields of health and youth are also key to the success of the training activities featured in the program.

There are many innovative aspects to this project, especially:

1.It brings the lessons learned during the recent global pandemic to the attention of young people, proposing a preventive approach to such COVID-19 and other health emergencies, with a special focus on tomorrow's doctors and civil society.

SNAPSHOT 2023

midwives have left for Africa since 2016, including:

44 students

12 recent graduates



- 2.It propagates the value of the operational research that CUAMM conducts, i.e., research that delves into local contexts to pinpoint the most critical issues and seek out scientific, evidence-based solutions to them.
- 3. It fosters the active participation of an international community of young researchers and development aid workers.

In 2023 alone, we held **16 training courses** under the umbrella of this project, in a *peer-to-peer educational* setting which paired young doctors and residents with university students to reflect upon case studies and to analyze real-life situations.

In addition to these training courses, on November 3, 2023 we held *Mind the Gap*, an active learning event and workshop on **inequality as a barrier to health**. It was aimed at **young people who want to expand their vision of the world** we live in, the dynamics and the processes of **global health**, here in Italy and in countries with more limited resources. This educational event was created with the SISM contact people at four universities in Milan: the public university, Bicocca, San Raffaele and *Humanitas*, with the goal of **spurring reflection on a paradigm shift in medicine and healthcare** which better addresses the needs of people and their complexities.

NEONATAL CARE IN LOW-RESOURCE COUNTRIES

In March 2023, CUAMM organized the second in-person course on **neonatal care in low-resource countries** aimed at providing a **working methodology and practical information** for those preparing to undertake such work in a low or middle income country (LMIC). The course was greatly appreciated, thanks both to the exceptional skill and empathy of the lecturers and to their practical and interactive approach, including a full day dedicated to hands-on exercises. Given the success of our collaboration with the Italian Society of Neonatology's Neonatal Care in Low-Income Countries Study Group, we plan to offer the course again in 2024.

IMPLEMENTATION RESEARCH IN RESOURCE-LIMITED COUNTRIES

Now in its fourth year, CUAMM's course on operational research has become an annual event within our training program. Held in person in April, the 2023 edition was **entirely** updated in terms of the programming of the classes, and new lecturers were added as well. Moreover, the course gained the support of the University of Padua. The course was well attended by doctors undergoing specialist training and junior specialists interested in deepening their understanding of research methodology in limited-resource settings. Moreover. this year we made an effort to broaden our participant audience to ensure greater interdisciplinarity and mutual enrichment during the training sessions: In addition to clinicians, there were also nurses, physical therapists and project consultants whose diverse views and backgrounds deepened and enhanced group discussions. In general, there was broad interest in the research topics, especially operational research conducted in limited-resource countries where some improvements, often generated by truly **frugal** resources, managed to improve access to and the quantity of local healthcare services. Greater knowledge and training on research projects can only be a good thing, even for research and medical professionals who work in Italy or other Western countries.



GLOBAL HEALTH AND INTERNATIONAL AID

An exciting collaboration with the NGO **Volontariato Internazionale per lo Sviluppo (VIS)** led to the third edition of our course on Global Health, aimed at international aid workers and volunteers, planners, decentralized cooperation officials and students – professionals keen to gain expertise in the area of international development cooperation that focuses on the right to health, health services, emergency responses and the strengthening of health systems in low-income countries. **Held online**, the course was attended by **40 participants** from several countries around the world, including Italy.

POETRY FOR THE PLANET

2023 also saw the **Poetry for the Planet poetry slam** take place in Turin, with the environment as its theme. During the event, artists and students brought their voices to topics that younger generations care deeply about and which increasingly demand more space and more authentic means of expression. Fifteen university students took part in the Summer School (**training, exchange and reflection for young mind-changers**), inspiring ideas and creativity through **brainstorming, writing and an empowerment** workshop dedicated to our planet and its future. Four other poets met for a chance to **learn, evaluate and share knowledge**, guided by experts in communication, cooperation and poetry.

They drew on the poetry of their African peers and allowed themselves to be influenced by a plurality of voices and to feel diverse, giving rise to a **polyphonic poetic composition** which was then the closure to the *Poetry for the Planet* evening, shining a light on the African continent and its history.

The event was part of the kickoff evening of **Researchers' Night** organized by the University of Turin. Those activities made it possible to raise awareness among the public and university students in particular, and they were made possible by the CUAMM Piedmont group's **Slam for Future** project, funded by the EU and the Piedmont Region.

WOLISSO PROJECT

For years, Doctors with Africa CUAMM has offered medical students and medical residents the possibility to undertake a period of training in Africa. **Thanks to our partnership with SISM,** every month CUAMM provides 4 medical students with a practical internship opportunity in Ethiopia or Tanzania to begin to get acquainted with the world of international health cooperation.

JPO PROGRAM

Launched in 2002, our *Junior Project Officer* (JPO) program is aimed at medical residents. In agreement with the Conference of Italian University Rectors (CRUI), the program offers a **6-12 month period of field training that is recognized by the student's university as part of his or her formal education.** We are pleased to report that **361 medical students and 241 residents from 36 Italian universities have participated** since the start of these programs up to the end of 2023.



SCHOLARSHIPS FOR MIDWIVES

Thanks to the generous support of **private** donors and CÜAMM's partnerships with various Italian universities and institutional **bodies** representing the midwifery profession, since 2016 scholarships and study grants have also been made available to students and recent graduates of midwife degree courses to enable them to undertake a period of training in one of the African hospitals with which we partner. In 2023, we introduced the Study Grant in Honor of Federica Canneti, a midwifery student who died in a car accident in October 2022. She was just 22 years old. For 10 years, a third-year midwifery student from the University of Siena has been sponsored and thus able to spend a month training in Africa.

The award programs offered in 2023 were:

- Two 3-month scholarships for University of Padua students funded by Carolina Mega Cacciavillani, in memory of her father,
 Michele Mega, Associate Professor in Clinical Obstetrics and Gynecology at the University of Padua and the first president of the university's Midwifery Diploma program (active from 2016 to 2025).
- One 2-month study award for a recent University of Padua graduate, funded by the Benedetti family in memory of Irma Battistuzzi, a midwife who graduated from the university's Midwifery School on 15 June 1940 and who was known for her wisdom, generosity and humanity. Active since 2018, this scholarship program is organized in partnership with the University of Padua's Alumni Association.



"Obstetric care is very different from what I was used to and while this initially upset me, as the days went by and I became more integrated into the context and culture of the local people, I understood the reasons why. The mothers I met along the way were women who didn't speak English, and this inevitably created distance between us, so our relationship had to be mediated by local midwives. But this limit was overcome thanks to communication through gestures, looks and touch. I tried to bring my way of working and being a midwife into that world and was very pleased to be appreciated by most of the local staff.

It's a place that was full of smiles, the voices of children and the embraces of women."

Maria Pia Cozzolino 1st prize winner of the award in memory of Federica Canneti.



UNIVERSITIES INVOLVED IN CUAMM'S **PROGRAMS**

38

Italian universities



MIDWIVES

56 midwives have left for Africa since 2016 including:

students have left

MEDICAL RESIDENTS WITH **CUAMM**

385 medical residents have left for Africa since 2002 including:

133 in pediatrics

in internal

medicine

in public health 48

in gynecology 38

in surgery 25 in infectious

diseases

in anesthesiology

in orthopedics

in child neuropsychiatry

in neurology

Medical students offices of the Italian Medical Students' Association (SISM) from which they leave with CUAMM for Africa



Medical residents universities from which they leave with CUAMM for Africa



Midwives Project universities from which they leave with CUAMM for Africa



COMMUNICATION

Portraying Africa's needs and its beauty, Doctors with Africa CUAMM transforms its experiences and activities into a range of content and media for various audiences, helping to strengthen CUAMM's visibility in Italy, Africa and elsewhere around the world.

Our **publications** encompass awareness raising and informational campaigns through the coordination and drafting of **èAfrica**, a bi-monthly magazine which serves as an observatory on current events on the continent and on CUAMM's projects, with spotlights and editorials written by aid workers, journalists and authors.

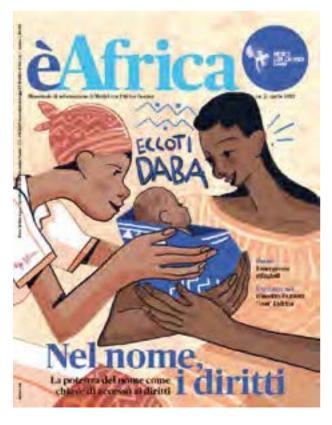
With a print run of over 40,000 copies, it's distributed at various events in Italy and sent to friends and donors. In 2023, the magazine dedicated a three-part series to different aspects of **life at an African hospital**: what happens upon admittance, upon arrival in **an emergency situation** (emergency room, clinics and the operating room); what happens during **hospitalization** and in case of complications; and lastly, what occurs when **clinical services** are provided, including when the hospital "leaves" the building that usually defines it and reaches villages and communities with **mobile clinics** to bring medical care to those who can't reach the hospital.

The April issue also included the original **story** by author **Giovanni Montanaro** "Nel Nome, i Diritti" (In a Name, Rights) to remind the public of the importance of health as a human right. This message is channeled through the right of all children to their own identity, which occurs with the writing of their name on their birth certificate. The story is enriched by illustrations by artist **Mattia Riami**.

Also printed as a booklet, the tale of Daba offered a chance to hold an event promoting the right to health and the right of every child to their own identity, held in mid-September and organized with the of Padua Bar Association.

The public awareness and research office work to publish **Salute & Sviluppo (Health and Development)**, a scientific magazine in Italian and English, dedicated to current issues being debated in the field of international cooperation and health policy, linking the discussion to best practices in the field

In order to account for and draw attention to the needs and **requirements** of supporting on-the-ground activities, CUAMM publishes and distributes engaging materials such as mailings, brochures and presentations aimed at friends of the organization and possible donors to promote projects and special initiatives. Linking the Christmas theme to the life of our projects and the artistic traditions of Padua, three new Christmas card illustrations were created by Nicoletta Bertelle. Various tools were used to support the What Goes Unseen campaign to draw attention to fragile health systems in Africa, shaken by global challenges following the conflict in Ukraine, and A Casa Mia (At Home), a campaign which embodies CUAMM's dedication to training local human resources. Similarly, communication was coordinated for the **Train of Health** project, an awareness-raising project which was touched upon mulitple Italian Regions for the first time in 2023.





CUAMM's commitment to documentation and information culminated in the drafting of the **Annual Report**, which summarizes all the organization's activities that year. Since 2022, it has complied with applicable legislation for third-sector organizations, and thus addressed issues that aren't merely financial, becoming the main tool for accountability to and strengthening relations with all our stakeholders. The transformation into a report **addressing governance and sustainability** arose from the understanding that this network of relationships and interconnections has a recognized right to know the impact and results obtained by the organization beyond pure financial interests.

Among CUAMM's publishing activities, 2023 saw a strengthening of the collaboration with Laterza, which led to the publication in October of **Africa, There and Back**, a new collection of 30 letters and direct, heartfelt conversations that recount life in the field, and the hard work and the joy of young Italian and African CUAMM professionals.

Thanks to an overall communication plan and the involvement of the public and different communities, the **book presentations were successful in all of Italy**, resulting in widespread distribution and numerous reprints.

Sharing the goal of presenting a broad, positive and engaging narrative around Africa and its potential, 2023 also saw the launch of the **Visions of Africa** project, Doctors with Africa CUAMM's 2024 calendar. This journey into African cinematography is by **Giordano Poloni** with oversight by **Annamaria Gallone**, the Artistic Director of FEESCAL in Milan. In the calendar, images convey the contradictions of the continent and its original portrayals in a context which blends a colonial past, post-colonial regimes, and current events and challenges.

2023 also saw the continuation of the **Reading Africa** project, the calendar by **Andrea Mongia** for Doctors with Africa CUAMM dedicated to African literature.

Partnerships with the Italian Cultural Institutes in Dakar, Senegal and Nairobi, Kenya have made it possible for Mongia's images to be shown in these two African countries as part of a traveling art exhibition, enriched on each stop by a special image dedicated to a local author. In addition, two illustrations from the original project, Ballata d'Amore al Vento and Americanah (dedicated to the work of Paulina Chiziane and Chimamanda Ngozi Adichie), were selected to become part of the collection of the Italian Ministry of Foreign Affairs in Rome. They will join the over 600 works of early-20th-century to contemporary Italian art donated by artists, museums, archives, foundations and other institutions over the past 20 years, composing not only an important window onto today's artistic scene, but also a tool for cultural promotion.

Unwavering, dedicated attention has been given to the **need for visibility, representation, promotion and distribution of projects implemented in the field,** involving human resources **in different countries** where we work, and highlighting the contributions of donors and partners. To this end, CUAMM drafts *country profiles* in different languages, outlining the activities conducted in each country, and *fact sheets*that go into detail about the individual projects or describe CUAMM's activities by theme or topic, within a single country or in multiple countries.

For example: the spotlight on early childhood development in Ethiopia, Mozambique and Tanzania; the four-page folded brochure on noncommunicable chronic diseases (NCDs) in Sierra Leone; the overview of the response to the humanitarian emergencies in Ethiopia; and our fact sheet presenting the outcomes and best practices of a project to combat TB and HIV in Angola.

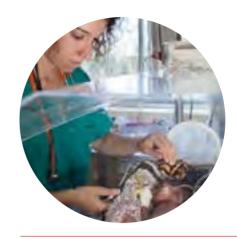


A part of our brand visibility effort is dedicated to the *brand identity* of CUAMM's coordination and planning branches, which also includes the creation of materials such as posters, plaques, banners and roll-ups. In addition, CUAMM publishes awareness-raising materials which are then used by local operators.

The breadth of tales, stories and first-hand accounts from the field has resulted in a few special collaborations that are synergistic with the donor and volunteer network found in different areas. One especially meaningful occasion for our organization was the **Genesis**-themed **Biblical Festival**, with the **Turn the World into Paradise** event held in Adria, a *reading* by Giole Peccinini and a conversation between CUAMM doctors and operators on how to create justice and health for all.

CUAMM also took part in the **Modena Philosophy Festival** in Carpi, where Doctors with Africa CUAMM participated on Sunday, November 17, with the event titled **Balancing Discourse. The Art of the Tightrope Walker and Care as a Bridge**, highlighting the capacity of words to bridge different worlds. There are those who cross imaginary bridges suspended by cables, and those who build bridges by caring for the vulnerable and fragile. The words of **Andrea Loreni**, a high tightrope walker, and **Father Dante Carraro** were joined by the first-hand accounts of Francesca Dalla Porta, Paolo Lanzoni, Enrico Cocconcelli, Eunice Paga and Cecilia Artoni, all CUAMM operators and volunteers who provide service in the last mile of the African continent.





"Dear Aitham. You don't know me, or better vet, you can't remember me, because when we met you weighed less than a kilogram. A few weeks ago I saw a photograph of you, which your mother took and shared on your fifth birthday, so I thought I'd write to you. You were born on March 14, 2018, and I had only been in Tosamaganga, Tanzania for a few days. Tosamaganga is a small rural hospital where CUAMM has worked for many years, and I was but a young, fourth-year pediatric resident. I had dreamed of departing for so long: it was my childhood dream. the one that I never thought would actually come true."

Elena Altieri

pediatric JPO in Tosamaganga, Tanzania, in an excerpt from the book, Africa, There and Back



MEDIA RELATIONS

2023 was a year of infinite ideas and trying new things. In February, the historic journey of Pope Francis to South Sudan was a chance to present the work of Doctors with Africa CUAMM through a special spokesperson, journalist Cecilia Sala, who created five episodes of the Stories podcast (a **Chora Media** production), accompanied by widespread social media coverage. South Sudan was also the focus of the independently produced documentary titled L'ultimo Nato (The Last Born), which presents 15 years of CUAMM's work in the country, aired on Tv2000. New forms of storytelling aimed at young people were published on YouTube and TikTok thanks in part to the involvement of YouTube content creator Alberto Giannone, who shared his trip to Ethiopia to discover CUAMM's work in Wolisso on his social media profile.

In early May, for **Mother's Day**, the web-based digital fable La Magia delle Stelle (The Magic of Stars) became a podcast narrated by Neri Marcorè, and an illustrated children's book. To celebrate **Africa Day**, with a press conference in Milan held with institutions and field operators, we launched "With Africa" to support the training of African health workers. Our plea also took the shape of a campaign titled A Casa Mia (At Home), which uses images and video/radio ads to raise awareness about CUAMM's dedication to creating alternatives to fleeing.

Journalists, photographers and opinion leaders came to the places where we work in the spring and summer. That gave rise to a few segments on Mozambique which aired on **Mediaset** networks thanks to reporter Federico Gatti; coverage in Africa magazine with a cover story penned by **Marco Trovato** and a documentary on maternity in South Sudan, Ninne Nanne al Tempo della Guerra (Lullabies in Times of War) directed by Giuseppe Carrieri and aired on Tv2000.

In fall, the publication of Africa, There and Back was mentioned by different news publications, with reviews and analysis. One of the most interesting was Beppe Severgnini's special interview with Father Dante in Corriere della Sera. In October, the **Train of Health** rode the rails not only in the Veneto Region, but also in Friuli Venezia Giulia and a few

cities in Lombardy. Each stop included a press conference, with coverage in print and social media. The **It Depends** on Us social media campaign was unique, getting the public involved in a sort of "collective movement" and promotion the city of Milan. That same city hosted CUAMM's Annual Meeting at the Verdi Music Conservatory on November 4. There were many changes to the event, including passionate moderation by **Sveva Sagramola**: the captivating artistic performances of Neri Marcorè; and the special programming of Federico **Taddia**. The stage was enlivened by many stories of volunteers on the ground, institutional voices, and the supporting words of friends such as Beppe Severgnini, Fabio Fazio, and Cecilia **Sala**. They all came together in a polyphonic narration of CUAMM's activities, enriched by special video contributions, which was later broadcast on **Tv2000**. To close out the year, Father Dante Carraro and professor Alberto Mantovani shared an emotional moment on Che Tempo Che Fa on Italian TV channel **Nove** on December 17, with an appeal to all watching not to forget about Africa.

On the digital front, in addition to the constant updating of CUAMM's Italian, English and Portuguese-language websites, two new landing pages helped spread specific messages and raise funds. Lastly, through newsletters and social media, we provided weekly updates on activities in the field, with the aim of being accountable to those who support us and to reach new domestic and international audiences.

Overall, there were circa 2,436 press clippings in print and on the web, and over 96 highlights and guest appearances on national and local TV and radio. Just a few of the most important: Rai 1/A Sua Immagine; Rai 2/Tg2 Costume e Società Rai 3/Tg and Geo; Rai Radio 1/Che Giorno è; Wannabe; Gr1 and Inviato Speciale; Radio24/Uno Nessuno Centomilan; Europa, Europa; Amici e Nemici; **TV2000**/Diario di Papa Francesco; L'ora Solare; Di Buon Mattino; Radio Vaticana; and Radio InBlu. At the same time, many local newspapers gave a voice to the stories of the many young people who decide to leave with CUAMM. **58 new videos** have enriched CUAMM's narrative and reached new audiences.

SOCIAL MEDIA AND WEBSITES



532.049

total sessions up 111 over 2022 including:

309.342 on the Italian website

76.786 on the English website 6.530 on the Portuguese website

on the landing page

105.381 on the web shop



subscribers to our Voices from Africa newsletter up 16,582 since 2022



50.286

followers on Doctors with Africa CUAMM up 1,529 since 2022

4.543

followers on Doctors with Africa CUAMM up 553 since 2022



new followers up 3,421 since 2022



follower s up 115 since 2022



new followers up 1,758 since 2022



subscribers to our YouTube channel 328 more subscribers than in 2022

1.1 MILLION

views

58

new videos on YouTube



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«I nostri giovani medici tornano dall'Africa più forti Una grande lezione per noi»

Don Dante Carraro, direttore del Cuamm: in un libro i Joro racconti di vita

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Corriere/ A special interview by Beppe Severgnini with Father Dante Carraro to present Africa, There and Back, published in Corriere della Sera on October 7, 2023.

- 1. Ultimo Nato/ Documentary made for Tv2000 to celebrate Pope Francis' first papal visit to South Sudan.
- 2. Stories/ A special edition of the podcast by Cecilia Sala for Chora Media recounts the South Sudan she saw and experienced while on her journey with CUAMM.
- 3. Magia delle Stelle/ The cover of the digital fairy tale published for Mother's Day.
- 4. Che Tempo Che Fa/ Father Dante Carraro and professor Alberto Mantovani were guests on the December 17 episode of this Italian TV program.

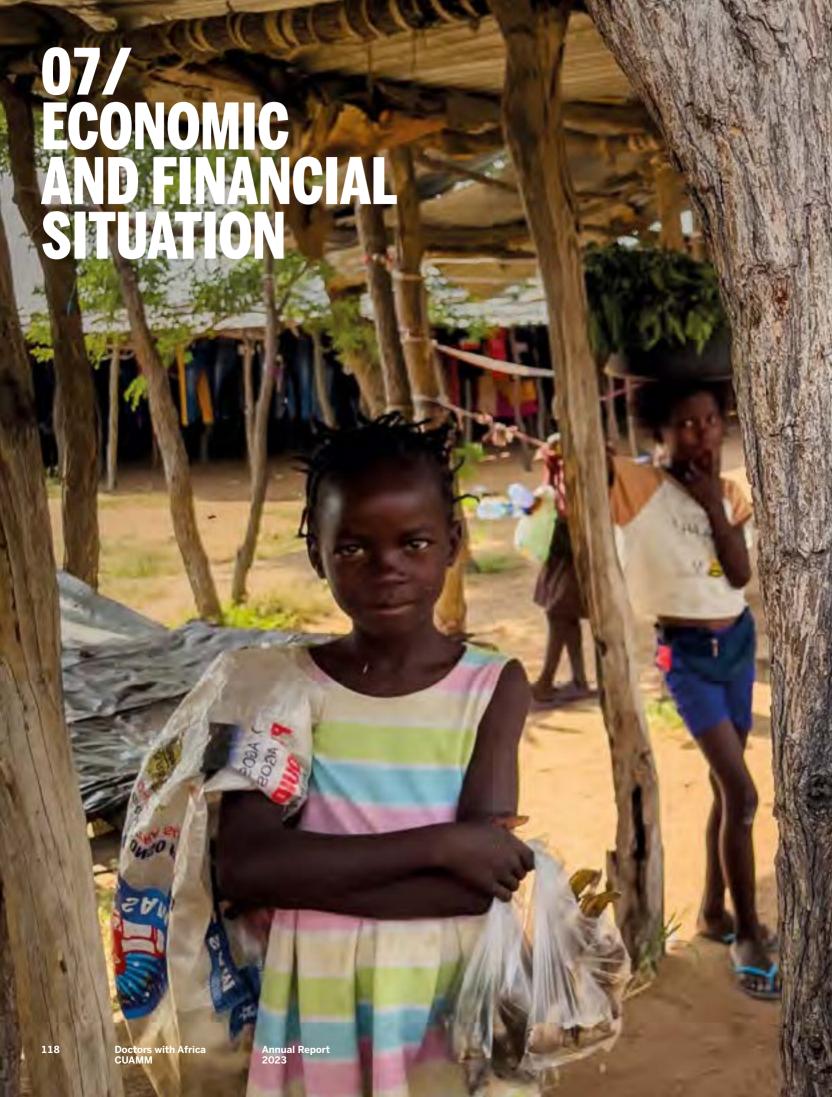














2023 BUDGET AT A GLANCE

Doctors with Africa CUAMM is incorporated by law within the Opera San Francesco Saverio Foundation. Although there is just one set of annual financial statements for the Foundation, they comprise the results of three different activities: those of the Foundation, the non-profit NGO Doctors with Africa CUAMM, and the College.

General information on the entity

Name and identifying data

Name: MEDICI CON L'AFRICA CUAMM (formerly ONLUS)

Head office: 126 VIA SAN FRANCESCO, PADUA PD

VAT number: 00677540288 Tax ID: 00677540288

Legal form: Recognized ecclesiastical entity

RUNTS registration number: ==== RUNTS registration section: ===

Letter of the activity of general interest carried out: letters n - g - h - i - k

Various secondary activities: no

Financial Statement as of 31/12/2023

Balance sheet

	31/12/2023	31/12/2022
Assets	•	
3) Fixed assets		
I – Intangible fixed asse	-	-
4) concessions, licenses brands and similar rights	717	1,919
7) others	-	-
Total intangible fixed assets	717	1,919
II – Tangible fixed assets	-	-
1) land and buildings	204,841	44,660
3) equipment	988	1,427
4) other assets	57,046	68,774
5) Fixed assets under construction and payments on account	2,005	-
Total tangible fixed assets	264,880	114,862
III – Financial fixed assets	-	-
1) equity investments in	-	-
a) subsidiaries	5,814	5,814
Total equity investments	5,814	5,814
3) other bonds	61,309	51,592
Total financial fixed assets	67,123	57,406
Total fixed assets (B)	332,721	174,187

Financial Statement as of 31/12/2023

	31/12/2023	31/12/2022		
II - Receivables				
1) due from users and customers	443,724	181,390		
due within the next financial year	443,724	181,390		
due after the next financial year	-	-		
2) due from members and founders	267,014	-		
due within the next financial year	267,014	-		
due after the next financial year	.	-		
9) tax credits	9,968	-		
due within the next financial year	9,968	-		
due after the next financial year	-	-		
12) other receivables	29,666,210	26,143,796		
due within the next financial year	19,565,774	17,395,751		
due after the next financial year	10,100,436	8,748,045		
Total receivables	30,386,916	26,325,186		
IV – Liquid funds	.	-		
1) bank and postal deposits	17,314,115	19,781,824		
3) cash and equivalents o hand	225,027	333,646		
Total liquid funds	17,539,143	20,115,469		
Total current assets (C)	47,926,059	46,440,655		
O) Accrued income and prepaid expenses	6,360,853	2,944,593		
Total assets	54,619,633	49,559,435		
iabilities				
A) Net assets				
III – Free assets	-	-		
profit reserves or operating surpluses	1,472,490	1,472,490		
2) other reserves	904,341	511,841		
Total free assets	2,376,831	1,984,331		
IV – Surplus/deficit for the year	267,395	392,503		
Fotal net assets	2,644,226	2,376,834		
3) Provisions for risks and charges	· · · · · · · · · · · · · · · · · · ·			
3) others	1,589,963	1,693,705		
Total provisions for risks and charges	1,589,963	1,693,705		
C) Employee severance indemnities	1,593,772	1,457,730		

Balance sheet of the ETS branch

2

OPERA SAN FRANCESCO SAVERIO

Financial Statement as of 31/12/2023

	31/12/2023	31/12/2022
1) payables to banks	446,107	203,130
due within the next financial year	446,107	203,130
due after the next financial year	-	-
2) payables to other lenders	100,000	100,000
due within the next financial year	-	-
due after the next financial year	100,000	100,000
3) payables to members and founders for fundings	1,554,020	1,561,779
due within the next financial year	1,554,020	1,561,779
due after the next financial year	-	-
7) trade payables	535,322	611,982
due within the next financial year	535,322	611,982
due after the next financial year	-	-
9) payables to authorities	146,654	141,962
due within the next financial year	146,654	141,962
due after the next financial year	-	-
10) payables to social security and welfare institutions	372,514	320,709
due within the next financial year	372,514	320,709
due after the next financial year	-	-
12) other payables	5,883,652	2,610,607
due within the next financial year	3,256,511	1,393,774
due after the next financial year	2,627,141	1,216,834
Total payables	9,038,269	5,550,170
E) Accrua s and deferred income	39,753,403	38,480,996
Total liabilities	54,619,633	49,559,435

Management statement

Charges and costs	31/12/2023	31/12/2022	Income and revenues	31/12/2023	31/12/2022
A) COSTS ANO CHARGES FROM GENERAL INTEREST ACTIVITIES	46,158,516	43,346,148	A) REVENUES, ANNUITIES AND INCOME FROM GENERAL INTEREST ACTIVITIES	42,558,576	38,635,196
Costs for raw, ancillary and consumable materials and goods from activities of general interest	4,543,140	5,030,654	Income from membership fees and founders' contributions	871,843	-
Costs for services from activities of general interest	25,294,793	22,842,102	5) Proceeds from 5x1000	615,279	645,621
4) Costs for personnel from general interest activities	14,023,506	13,387,555	6) Contributions from private individuals from activities of general interest	10,489,274	8,492,633
7) Other management charges from activities of general interest	2,297,077	2,085,837	8) Contributions from public bodies from activities of general interest	-	25,791
	- -	-	9) Proceeds from contracts with public bodies from general interest activities	30,326,920	28,674,108
Total costs and charges from activities of general interest	46,158,516	43,346,148	10) Other revenues, annuities and income from general interest activities	255,260	797,042
	-	-	Total revenues, annuities and income from general interest activities	42,558,576	38,635,196
	=	-	Surplus/deficit from general interest activities (+/-)	(3,599,940)	(4,710,952)
	-	-	Surplus/deficit from various activities(+/-)	-	-
C) COSTS ANO CHARGES FROM FUNDRAISING ACTIVITIES	1,135,847	1,079,082	C) REVENUES, ANNUITIES ANO INCOME FROM FUNDRAISING ACTIVITIES	6,364,664	7,370,016
1) Charges for regular fundraising	1,135,847	1,079,082	1) Income from regular fundraising	6,364,664	7,370,016
Total costs and charges from fundraising activities	1,135,847	1,079,082	Total revenues, annuities and income from fundraising activities	6,364,664	7,370,016
	-	-	Surplus/deficit of fundraising activities (+/-)	5,228,817	6,290,933
D) COSTS ANO CHARGES FROM FINANCIAL ANO EQUITY ACTIVITIES	10,724	4,854	D) REVENUES, ANNUITIES ANO INCOME FROM FINANCIAL ANO EQUITY ACTIVITIES	20,610	18,701
6) Other charges	10,724	4,854	1) Income from banking relationships	10,469	1,510
	-	-	2) Income on loans	303	373
	=	-	5) Other income from financial and equity assets	9,838	16,817
Total costs and charges from financial and equity activities	10,724	4,854	Total revenues, annuities and income from financial and equity activities	20,610	18,701
	=	-	Surplus /deficit from financial and equity activities (+/-)	9,886	13,847
E) COSTS ANO CHARGES OF GENERAL SUPPORT	1,356,289	1,234,646	E) INCOME FROM GENERAL SUPPORT	109,606	136,853

OPERA SAN FRANCESCO SAVERIO

Financial Statement as of 31/12/2023

Charges and costs	31/12/2023	31/12/2022	Income and revenues	31/12/2023	31/12/2022
Costs for new, ancillary and consumable materials and goods for general support	115,257	44,923	1) Income from secondment of personnel	1,537	43,881
2) Costs for general support services	620,160	458,059	2) Other income from general support	108,069	92,971
3) Costs for the use of third-party assets of general support	-	9,742		-	-
4) Costs for general support personnel	=	627,663		=	=
5) Depreciation of general support	26,585	27,069		-	-
7) Other general support charges	594,287	67,190		=	-
Total costs and charges from general support	1,356,289	1,234,646	Total income from general support	109,606	136,853
TOTAL CHARGES AND COSTS	48,661,376	45,664,730	TOTAL INCOME AND REVENUE	49,053,456	46,160,765
	-	-	Surplus/deficit for the year before taxes (+/-)	392,080	496,035
	=	=	Taxes	(124,685)	(103,532)
	=	=	Surplus/deficit for the year (+/-)	267,395	392,503



AUDITOR'S REPORT ON THE 2023 FINANCIAL STATEMENTS



Tel: +39 049 78.00.999

Piazza G. Zanellato, 5

Report on the audit of financial statements

pursuant to art. 14 of Legislative Decree n. 39 of 27 January 2010

To the board members of Medici con l'Africa CUAMM (ex Onlus)

Independent Auditor's Report

Opinion

We have audited the financial statements of the organization Medici con l'Africa CUAMM (ex Onlus) (henceforth "CUAMM" or "the Organization"), composed of the balance sheet as of December 31, 2023, the management report for the year then ended and the "General Part" and "Explanation of Financial Statement Items" sections included in the mission report.

In our opinion, the financial statements provide a true and accurate view of the financial position of Medici con l'Africa CUAMM as of December 31, 2023 and of the result of its operations for the year then ended in accordance with the Italian regulations governing the drafting of financial statements.

Basis of opinion

We conducted our audit in accordance with the International Standards on Auditing (ISA Italia). Our responsibilities under those standards are further described in the Auditor's "Responsibilities for the Audit of Financial Statements" section of this report. We are independent of CUAMM in accordance with the ethical requirements and standards of Italian regulations regarding the audit of financial statements. We believe we have acquired sufficient and appropriate probative elements on which to base our opinion.

Emphasis of matter

We would like to draw the reader's attention to the "General Part" paragraph of the mission statement where it is indicated that, on June 11, 2021, with a decision made by the Board of Directors, the ETS (Third Sector Entity) named "Medici con Africa CUAMM" was established with a view to subsequent registration in the Registro Unico del Terzo Settore – RUNTS (Italy's Third Sector Registry), which as of today has not happened.

Responsibilities of the Board of Directors and the Monitoring Body of Medici con l'Africa CUAMM for the financial statements

The Board of Directors is responsible for the preparation of financial statements, which are to be a true and accurate representation in accordance with the Italian regulations governing financial statements and, within the limits of the law, for the internal controls that management deems necessary to enable the drafting of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Board of Directors is responsible for assessing the Organization's ability to continue as a going concern, for the appropriateness of the use of the going concern assumption, as well as for adequate disclosure of it. The Board of Directors uses the assumption of going concern in the drafting of the financial statements unless it either intends to dissolve and liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Bari, Bologna, Brescia, Cagliari, Florence, Genoa, Milan, Naples, Padua, Palermo, Rome, Turin, Verona

BDO Italia S.p.A. – Registered offices: 94 Viale Abruzzi - 20131 Milan – Share capital: Euro 1.000.000 entirely paid up
Tax ID, VAT n. and Business Registry of Milan n.07722780967 - R.E.A. of Milan 1977842
Registered with the Register of Auditors at n. 167911 with Ministerial Decree dated 15/03/2013 Official Gazette n. 26 of 02/04/2013
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Page 1 of 3



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The Monitoring Body has the responsibility, in compliance with applicable legislation, to supervise the process of preparation of the Organization's financial statements

Auditor's Responsibilities for the Audit of Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with International Standards on Auditing (ISA Italia) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error or unintentional events, and they are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of the audit carried out in accordance with the International Standards on Auditing (ISA Italia), we exercised professional judgment and maintained professional skepticism throughout the audit. We also:

- Identified and assessed the risk of material misstatement of the financial statements,
 whether due to fraud or error or unintentional events; defined and performed audit
 procedures in response to those risks; and obtained audit evidence that is sufficient and
 appropriate to provide a basis for our opinion. The risk of not detecting a material
 misstatement resulting from fraud is higher than one resulting from error due to
 unintentional behaviors or events, as fraud may involve collusion, forgery, intentional
 omissions, misrepresentations or the override of internal controls;
- Obtained an understanding of the internal controls relevant to the audit in order to design
 audit procedures that are appropriate in the circumstances, but not for the purpose of
 expressing an opinion on the effectiveness of the Organization's internal controls;
- Evaluated the appropriateness of accounting principles used and the reasonableness of accounting estimates and related disclosures made by the Board of Directors;
- Came to a conclusion on the appropriateness of the use of the Board of Director's use of going concern and, based on the audit evidence obtained, whether material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. In cases where we find that material uncertainty exists, we are required to draw attention in our auditor's report to the related financial disclosures, or, if such disclosures are inadequate, to reflect that circumstance in our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern;
- Evaluated the overall presentation, structure and content of the financial statements, including any disclosures, and whether the financial statements represent the underlying transactions in a manner that achieves fair presentation.

We notified those charged with governance, identified at the appropriate level as required by ISA Italia, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal controls identified (if any) during our audit.

Medici con l'Africa C.U.A.M.M. I Independent auditor's report pursuant to art.14 of Legislative Decree 39, of January 27, 2010

Page 2 of 3



Piazza G. Zanellato, 5 35131 Padova

Report on any other legal and regulatory requirements

Opinion pursuant to art. 14, paragraph 2, letter e), of Legislative Decree n. 39/10

The Board of Directors of Medici con l'Africa CUAMM is responsible for the preparation of the section titled "Illustration of the Economic and Financial Performance of the Organization and the Way in Which it Pursues its Statutory Aims" included in the mission statement of Medici con l'Africa CUAMM as of December 31, 2023, including its consistency with the financial statements and compliance with applicable laws and regulations.

We have performed the procedures required under audit standard (SA Italia) n. 720B in order to express an opinion on the consistency of the section titled "Illustration of the Economic and Financial Performance of the Organization and the Way in Which it Pursues its Statutory Aims" included in the mission statement with the financial statements of Medici con l'Africa CUAMM as of December 31, 2023 and on its compliance with applicable laws and regulations, as well as in order to assess whether it contains material misstatements.

In our opinion, the "Illustration of the Economic and Financial Performance of the Organization and the Way in Which it Pursues its Statutory Aims" section included in the mission statement is in line with the financial statements of Medici con l'Africa CUAMM as of December 31, 2023 and is drafted in compliance with applicable laws and regulations.

With reference to the assessment pursuant to art. 14, paragraph 2, letter e), of Legislative Decree n. 39/10, based on our knowledge and understanding of the Organization and its environment as obtained through our audit, we have nothing to report.

Padua, June 14, 2024

BDO Italia S.p A. [Signature] Stefano Bianchi Partner

This report has been translated into English from the original, which was prepared in Italian and is the only authentic copy, solely for the convenience of international readers.

Medici con l'Africa C.U.A.M.M. | Independent auditor's report pursuant to art.14 of Legislative Decree 39, of January 27, 2010

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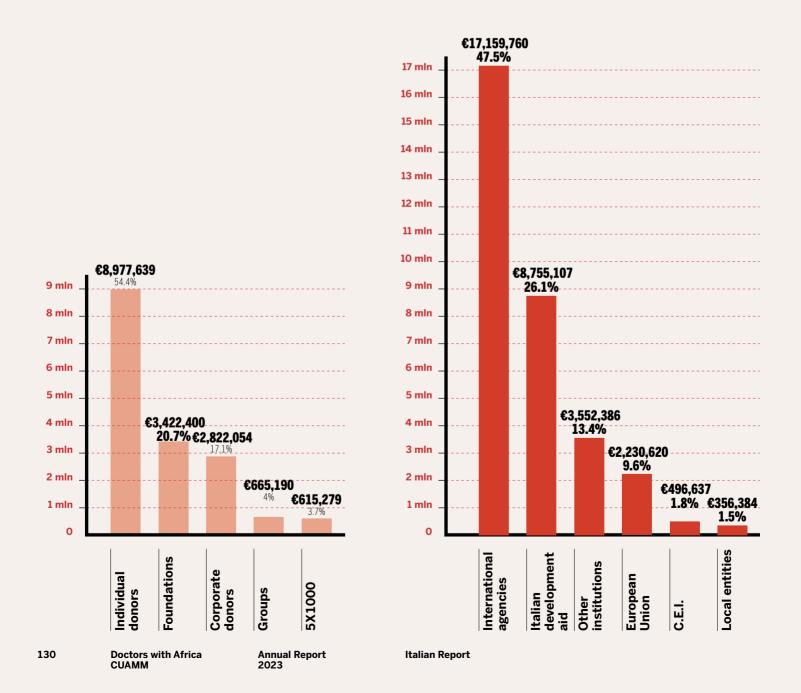
HOW WE RAISED FUNDS IN 2023

TOTAL REVENUE €49,053,456 100%



FUNDS FROM INDIVIDUALS

FUNDS FROM INSTITUTIONS



HOW WE SPENT THE FUNDS RAISED

TOTAL COSTS €48,786,061



Treatment, prevention and training projects: Expenses for on-site project implementation, project services, other project-related expenses, and costs for project personnel.

Operating costs:

Costs for personnel, general facility management, raw materials, facility management services, depreciations, miscellaneous facility management expenses, financial expenses, and taxes and food

Public awareness, communications and fundraising:

Costs for Communications, Community Relations and Fundraising division services and staff, publications, media relations, event management and publicity, public awareness about development, loyalty campaigns, new campaigns, community outreach and fundraising activities. Costs and expenses from fundraising activities amount to €1.297.183.

IMPACT OF OPERATING COSTS ON THE BUDGET

The charts below show the trend in total expenditures and the impact of operating costs from 2013 to 2023.



(as a percentage)



THANK YOU FOR JOINING US ON THIS INCREDIBLE JOURNEY WITH AFRICA

ORGANIZATIONS, GROUPS AND ASSOCIATIONS

African Mission foundation, Amici della nave. Associazione Musicale, Associazione Operazione, Associazione volontariato e solidarietà, Associazioni lavoratori credenti, Comunità della buona notizia, Confapi Padova, Federazione provinciale, Gruppo amici missionari gam, Gruppo appoggio ospedale di Matany onlus, Il graticolato società cooperativa sociale, Insieme per l'Africa onlus, International rescue committee. Lunds stift, Manos unidas, Marathotruppen asd, Mec scsrl onlus, Medici con l'Africa Como onlus, Medici con l'Africa Cuamm Trentino onlus, Medici con l'Africa Modena Reggio Emilia, Operazione occhi dolci. Pmm Polish medical mission, Race=care sailing team, Sindacato medici pediatri di famiglia, Società italiana di diabetologia, Tre emme trust onlus.

COMPANIES

A.F. energia srl, Ace international trust, Agrigelateria san pè, Alchimia spa, Alì spa, Autec srl, Azule energy, Best company logistic srl, Beta srl, Canale Italia srl, Cavalieri spa, Cel components. Cesare regnoli e figlio srl, Chiara srl, Eni Côte d'Ivoire, Eni spa, Eniac spa Esselunga, Estel group srl, F.Ili Campagnolo spa, G.M.T. spa, G.M.T. sud srl Gilead. Grafica Veneta spa, Gs industry, Idea cinquanta srl, Immobiliare seral srl. Industrial technical tools Intesa sanpaolo spa. K.g. bontira srl, Kolver srl, La scala società tra avvocati. Laboratorio chimico farmaceutico A. Sella srl, Leoncini srl, Macifin srl, Mafin srl, Marsilli spa, Mass general brigham incorporated, Mazzaroppi Engineering srl. Media support srl, Medival srl, Morellato spa, Morgan Stanley M-pharma Italia, Novo Nordisk, Oreficeria Dario Carlini, Premiere Abano srl, President srl, Reef spa, Romagnola conglomerati, Società benefit amd srl, Società nazionale di mutuo soccorso Cesare Pozzo Studio Alcor commercialisti Studio tecnico associato svegliado, Terme antoniano srl, Terratrends Italia, The Children's Place, Timberlux srl. Toninato Giorgio snc, Trenitalia gruppo Ferrovie dello Stato, Walcor

FOUNDATIONS

AXA IM UK, BMSF, Chiesi foundation. Elma foundation, Fondazione Cariverona, Fondation Assistance internationale Fondazione Aiuti e opere nelle missioni, Fondazione Banca di credito, Fondazione Bnl, Fondazione Cariparo, Fondazione Cariplo, Fondazione Caritas Pro vitae, Fondazione Cassa di risparmio di Bologna, Fondazione Cassa di risparmio di Firenze, Fondazione Cassa di risparmio di Forlì, Fondazione Cav. lav. Carlo Pesenti Fondazione Cesare Pozzo per la Mutualità, Fondazione Compagnia di San Paolo, Fondazione con il Sud, Fondazione Cr di Lucca, Fondazione Crt, Fondazione del Monte, Fondazione di Modena, Fondazione Elena Trevisanato onlus, Fondazione Flavio Filipponi, Fondazione Friuli, Fondazione Gino Lunelli, Fondazione Giuseppe Maestri onlus, Fondazione Maria Enrica, Fondazione Mons. Camillo Faresin onlus Fondazione Poliambulanza Fondazione Prima Spes, Fondazione Prosolidar, Fondazione Rizzato Cerino-Canova, Fondazione Sardegna, Fondazione Un raggio di luce onlus, Fondazione Vitol, Fondazione Zanetti onlus, Fondo Beneficenza Intesa San Paolo, Hilton foundation, Mercury phoenix trust, Raskob Foundation, Stavros Foundation, Symphasis Charitable Foundation. The King Baudouin, World diabetes foundation.

INSTITUTIONS

Presidenza del Consiglio dei Ministri, AICS - Agenzia italiana per la cooperazione allo sviluppo, Arcidiocesi di Bologna, Automobile Club Venezia, Azienda ospedaliera universitaria Meyer, Azienda zero, Caritas italiana, Caritas suisse, Caritas Switzerland, Comune di Dueville, Conferenza Episcopale Italiana. Croix rouge francaise, Diocesi di Concordia Pordenone, Diocesi di Padova, Diocesi di Torino Quaresima di fraternità, ECHO, European Union, Global Fund, Government of Flanders, Health Pooled Fund, Irish aid - Embassy of Ireland, Istituto Camoes, Manos Unidas. Miur. OCHA UHF (Ukraine Humanitarian Fund) Ordine francescano secolare Oxford University, Provincia autonoma di Trento. Regione Emilia Romagna, Regione Veneto, The AIDS Support Organization (TASO), UNFPA, UNHCR, United Nations Children's Fund, Università di Padova, USAID, World Food Programme, World Health Organization

WE WOULD ALSO LIKE TO THANK

Accademia Corale Guido d'Arezzo, Acli Rivolta D'Adda, Adia - Associazione Donne Africane Immigrate, Agraria Menicagli Pisa, Agriturismo La Camelia, Aiutility, Alice nella Città - Circolo Arci Castelleone, Amici del Cuore Altovicentino, Amici Del Cuore Ovest Vicentino Ets, Amici Del Cuore Valle Dell'Agno, Apoi Associazione Professional Organizers Italia Apro Formazione - Alba, Asco Duomo, MZA Associazione "I Polli(Ci)Ni". Associazione Amici di Banakutemba, Associazione Campagnalta Insieme. Associazione Culturale Franco Bertoldi, Associazione Dell'Amicizia, Associazione Donna e Madre, Associazione Famiglie In Cammino, Associazione GAStelleone. Associazione II Ce.Sto, Genova, Associazione Ingenium Aps, Busca, Associazione Karibu, Associazione Late, Associazione Madre Teresa Di Calcutta Onlus, Associazione Musicale Stradivarius, Associazione Nazionale Dopolavoro Ferroviaro, Associazione Pro Loco Castelleone, Associazione Quetzal , Associazione Volontari Croce Autolinee Toscane (Ex Ctt Nord), Avis Castelleone, Azienda Agricola di Rovasenda, Azienda Agricola Di Rovasenda, Azienda Agricola Podere Broletto, Azienda Ospedaliera Universitaria di Pisa, Azienda Ulss 1 Dolomiti, Azienda Ulss 2 Marca Trevigiana. rrevigiana, Azienda Ulss 3 Serenissima, Azienda Ulss 4 Veneto Orientale, Azienda Ulss 5 Polesana, Azienda Ulss 6 Euganea, Azienda Ulss 7 Pedemontana Azienda Ulss 8 Berica, Azienda Ulss 9 Scaligera, Banca del Tempo di Valmadrera Basilica Di Santa Maria Della Passione, Bistrot Di Qua D'Arno, C.A.O.S. Onlus, Caritas Ambrosiana, Centro Cabral, Centro Culturale Casa 'A. Zanussi Centro Di Cultura Card. Elia Dalla Costa, Centro Interdisciplinare Scienze Per La Pace Di Pisa,

Centro Internazionale

di Ouartiere.

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Gruppo Missionario Belvedere di Tezze sul Brenta. Gruppo Missionario Di Mejaniga, Gruppo Missionario di S. Martino Di Lupari e Gru.Mi.G., Gruppo Missionario Noale, Gruppo Pastorale Giovanile Via della Bellezza, Humanitas Research Hospital, Impresa 2000 Srl. Impresa 2000 Sri, Ingrovision Srl, Inventis S.R.L., Ircss Stella Maris, Istituto Istruzione Superiore Galileo-Pacinotti Pisa, Jazz Gospel Alchemy, La Tenda del Padre Nostro aps La Veranda - Chiesa Del Sacro Cuore, Le Stanze Di Natale. Libreria Gli Anni In Tasca , Libreria II Ponte Sulla Dora -Torino. Libreria La Fenice, Libreria Pellegrini - Pisa, Liceo Berard Aosta, Locanda Leonardo -Monastero del Lavello, Lory Shoes, Lozza Formaggi, Manaly Design&Build, Marco Polo Team, Marina Militare Italiana, Monastero Di Santa Maria Assunta, NokiMed Italia srl, Officine Alimentari Torino, Old Spirit Gospel, Opera Salesiana Di La Spezia, OPV Orchestra di Padova Orv Orchestra di Padova e del Veneto, Orchestra Unimi, Ordine dei Medici Chirurghi e Odontoiatri - Belluno, Ordine dei Medici Chirurghi e Odontoiatri - Padova, Ordine dei Medici Chirurghi e Ordine dei Medici Chirurghi e Odontoiatri - Rovigo, Ordine dei Medici Chirurghi e Odontoiatri - Treviso, Ordine dei Medici Chirurghi e Odontoiatri - Venezia, Ordine dei Medici Chirurghi e Odontoiatri - Verona, Ordine dei Medici Chirurghi e Odontoiatri - Vicenza, Ordine Dei Medici Di Lucca, Ordine Dei Medici Di Reggio Emilia, Ordine dei Medici di Varese, Ordine Delle Professioni Infermieristiche Di Biella, Oreficeria Superti Ortica Pietro, Osteria Da Caronte, Palma Srl, Panetteria Zaniboni, Panificio Pane Burro E Marmellata. Panificio Rabaioli, Parrocchia Cristo Re, Parrocchia Dei Ss Angeli Custodi di Torino, Parrocchia dei Ss. Pietro e Paolo | Guastalla, Parrocchia Dell'Ospedale Santa Chiara di Pisa, Parrocchia Di Champoluc, Parrocchia di Leguigno, Parrocchia di Ornavasso, Parrocchia Di Ravaldino di Forli, Parrocchia di S.Antonino Martire - Lozza.

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We would like to thank the many parishes and associations that, along with more than 5,359 CUAMM volunteers, advocate for Africa and our mission. Special thanks are also due to Rotary Districts and individual Rotary Clubs, Lions Clubs, Soroptimist International and Inner Wheel for their support of our outreach and marketing activities.

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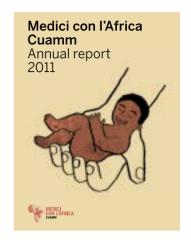
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COMMITTED TO ACCOUNTABILITY, YEAR AFTER YEAR.

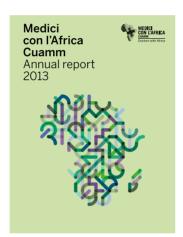


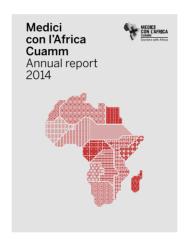


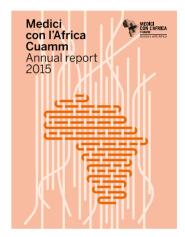






























Every day in 2023, we treated the sick, visited pregnant women, and helped deliver babies in hospitals and remote villages.

Working together, we supported the training of medical staff, renovated health centers, supplied medicines and healthcare materials, and so much more. Day after day, we loved Africa and its people.

Thank you to those who, every day, have helped us do so, and those who will keep walking this path with us.

2,063,313Patients assisted

1,007,608 Children under 5 examined

307,183
Prenatal visits

266,976Deliveries attended

26,363Patients treated with with antiretroviral therapy

10,661Trips provided for obstetric emergencies

4,236Malnourished individuals treated

4,245Healthcare workers trained

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