

TANZANIA

IN 2024

In the Iringa DC district, CUAMM continued the integrated project for the prevention and treatment of **chronic diseases**, especially **diabetes mellitus** and **hypertension**. Tosamaganga Hospital covered the role of district hub, especially for the management of critical patients, while the development of peripheral healthcare facilities has encouraged the decentralization of treatments for more stable patients. This is essential to providing access to those who live in remote villages. **Trainings** were organized for medical personnel and the provision of drugs for poverty-stricken patients continued. Our commitment to **maternal and child health** was carried forth with continuity in the Iringa DC district and at Tosamaganga Hospital. Work was done to simplify access to health services and to optimize the **referral system for obstetric emergencies**, thereby guaranteeing greater coverage, equity and quality of the services provided. Significant support was provided to peripheral healthcare facilities thanks to health worker training and the distribution of drugs. In Zanzibar, CUAMM helped train the healthcare personnel that provides maternity care at **Kivunge Hospital** and in four health centers. In addition, the centers received equipment that was necessary to improve the quality of services. Doctors with Africa CUAMM operated in the **Dodoma, Iringa and Simiyu**

regions to combat **acute and chronic malnutrition**, supporting Tanzania's national program with educational activities to promote the exclusive breastfeeding of newborns for the first six months of life, weaning, and proper infant nutrition. Integrated with water and agriculture-related initiatives conducted in partnership with other NGOs to help improve the nutritional conditions of both mothers and children, the interventions sought to improve the quality of the services delivered by nutritional units by providing training for medical personnel, supervision and supplements critical for the treatment of malnourished individuals. To help foster children's physical, cognitive, social and emotional development, we complemented these activities with others aimed at promoting **early child development**. To improve the nutritional status of mothers and children, our activities were enriched by **water supply and agricultural components** in partnership with other entities. In the field of **HIV prevention and treatment**, an intervention focused on adolescents and young adults in line with the government's program was launched in the Shinyanga region. As part of it, **operational research** was conducted with the goal of identifying the barriers which make it hard for HIV-positive youths to access services.

2024 SNAPSHOT

91
human resources

39
health facilities supported

€1,239,408
invested in projects

COUNTRY PROFILE

Dodoma
capital city

65,642,682
population

947,300 km²
land area

19.1 years
average age of the population

69.0/72.6 years
life expectancy at birth (m/f)

4.3
average number of children per woman

167th
out of 191
countries
HDI ranking



238
out of every
100,000 live
births
maternal mortality



40.5
out of every
1,000
live births
under-5 child deaths



29.6
out of every
1,000
live births
newborn deaths



WHERE WE WORK



SHINYANGA REGION

1 hospital Shinyanga Regional Hospital
4 health centers

SIMIYU REGION

2 hospitals Songambele Hospital and Bariadi Hospital
1 health centers

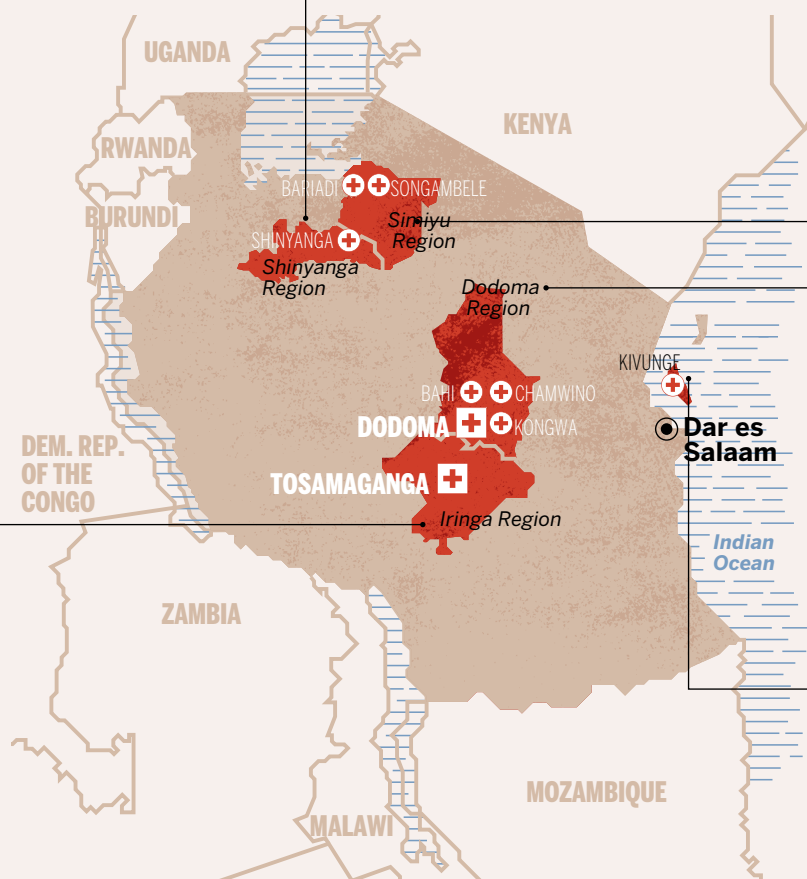


DODOMA REGION

4 hospitals Dodoma Regional Referral Hospital, Chamwino District Hospital, Kongwa District Hospital and Bahi District Hospital
11 health centers

ZANZIBAR REGION

1 hospital Kivunge Hospital
5 health centers








IRINGA REGION

1 hospital Tosamaganga Hospital
9 health centers

0 150 300 km

RESULTS

 MATERNAL AND CHILD HEALTH	57,866 prenatal doctor's visits	15,919 deliveries attended	34,112 under-5 children visited	10,361 vaccinations administered
 NUTRITION	129 children treated for severe acute malnutrition			
 INFECTIOUS DISEASES	1,353 patients treated for malaria	1,104 patients treated for tuberculosis	8,012 patients treated with antiretroviral therapy	
 INFECTIOUS DISEASES	1,872 visits for diabetes	4,138 visits for hypertension	100 patients with cardiomyopathies	60 patients with cerebral ischemia
 CONTINUAL TRAINING	159 nurses and midwives	106 community agents	14 doctors	28 others