

# TANZANIA

## IN 2023

Our work in the **maternity and children's ward** at the Iringa DC District and at the Tosamaganga Hospital proceeded in 2023, facilitating access to healthcare and the referral of obstetric emergencies with the aim of greater coverage, equity and quality, supporting peripheral facilities with health personnel **training** and the supervision and provision of **medicines**.

In Zanzibar, we launched a project to train the healthcare personnel that provides maternity care at **Kivunge Hospital** and in four health centers. Moreover, we expect to provide equipment in order to improve the quality of services for mothers and babies.

In Dar Es Salaam, the first **urban health** pilot project was implemented, training over 4,000 women on health topics, with activities held at their places of employment.

CUAMM works in the Dodoma, Iringa and Simiyu regions to combat acute and chronic **malnutrition**, supporting Tanzania's national program with educational activities to promote the exclusive breastfeeding of newborns for the first 6 months of life, weaning and proper infant nutrition. Integrated with **water and agriculture-related initiatives** conducted in partnership with other NGOs to help improve the nutritional conditions of both mothers and children, the interventions sought to improve the quality of the services

delivered by nutritional units by providing health personnel training, supervision, and nutritional supplements critical for the treatment of malnourished individuals. To help foster children's physical, cognitive, social and emotional development, CUAMM supplemented these activities with others aimed at promoting **early child development**. Our **HIV prevention and treatment** efforts in Tanzania continued in 2023. An intervention which focused mainly on adolescents and young adults was implemented in the Shinyanga Region, in-line with the governmental program. As part of that intervention, operational research was conducted with the goal of identifying the barriers which make it hard for HIV-positive youths to access services.

A key goal for CUAMM is to bolster efforts to prevent, diagnose and treat chronic diseases on a national level. Our integrated project for the prevention and treatment of **diabetes** and **hypertension** in the Iringa DC District and at the Tosamaganga Hospital proceeded in 2023, with the hospital acting as the district's referral facility for the diagnosis and care of chronic patients and peripheral facilities supporting treatment and follow-up. Throughout 2023, clinics in peripheral healthcare facilities were opened with the goal of decentralizing patient care by facilitating access to it.

2023  
SNAPSHOT

**90**  
human resources

**47**  
health facilities  
supported

**€1,515,201**  
invested in projects

## COUNTRY PROFILE

**Dodoma**  
capital city

**65,642,682**  
population

**947,300 km<sup>2</sup>** land  
area

**18.9**  
average age of the  
population

**68.7/72.3 years**  
life expectancy  
at birth (m/f)

**4.3**  
average number  
of children per  
woman

**160th**  
**out of 193**  
**countries**  
human  
development  
index ranking



**238**  
**out of every**  
**100,000 live**  
**births**  
maternal  
mortality



**47**  
**out of every**  
**1,000**  
**live births**  
under-5  
child deaths



**20**  
**out of every**  
**1,000**  
**live births**  
newborn deaths



# WHERE WE WORK

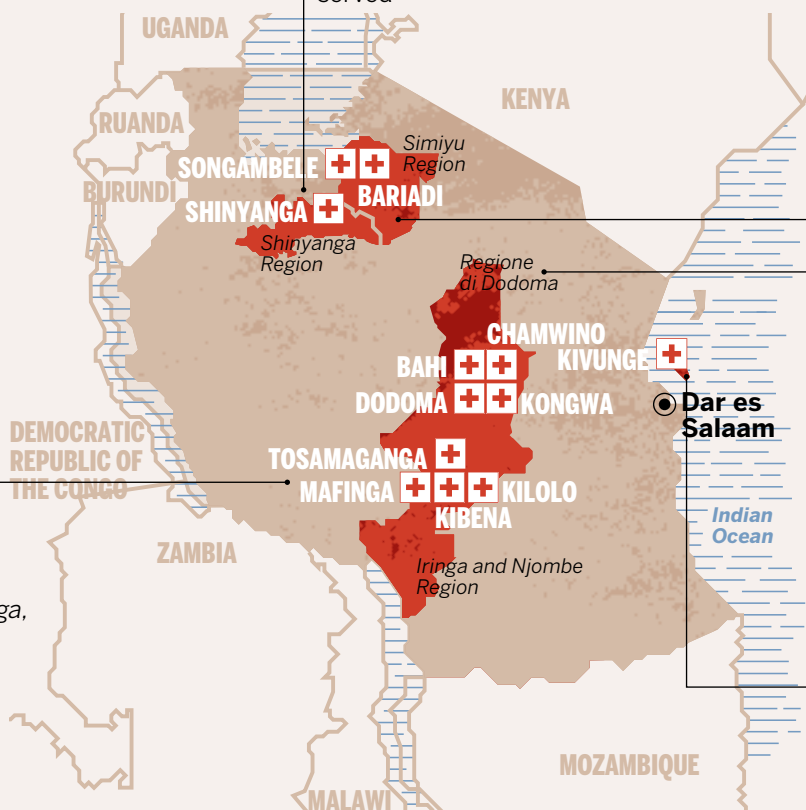


## IRINGA AND NJOMBE REGION

4 hospitals (*Tosamaganga, Kilolo District Hospital, Mafinga Town Council Hospital and Kibena*)  
**15** health centers  
**2** districts  
**398,168** population served

## SHINYANGA REGION

1 regional hospital (*Shinyanga*)  
**2** health centers  
**2** districts  
**684,561** population served



## SIMIYU REGION

2 hospitals (*Songambele and Bariadi*)  
**3** health centers  
**3** districts  
**606,058** population served



## DODOMA REGION

4 hospitals (*Dodoma Regional Referral Hospital, Chamwino District Hospital, Kongwa District Hospital and Bahi District Hospital*)  
**11** health centers  
**3** districts  
**346,507** population served

## ZANZIBAR REGION

1 hospital (*Kivunge*)  
**4** health centers  
**3** districts  
**14,360** population served

0 150 300 km

# RESULTS

<b>MATERNAL AND CHILD HEALTH</b>	<b>37,139</b> prenatal doctor's visits	<b>15,259</b> deliveries attended	<b>43,662</b> under-5 children examined	<b>12,413</b> vaccinations administered
<b>NUTRITION</b>	<b>153</b> children treated for severe acute malnutrition			
<b>INFECTIOUS DISEASES</b>	<b>1,652</b> patients treated for malaria	<b>1,219</b> patients treated for tuberculosis	<b>6,933</b> patients treated with antiretroviral therapy	
<b>INFECTIOUS DISEASES</b>	<b>1,873</b> visits for diabetes	<b>4,298</b> visits for hypertension	<b>91</b> patients with cardiomyopathies	<b>46</b> patients with cerebral ischemia
<b>CONTINUAL TRAINING</b>	<b>51</b> nurses	<b>82</b> midwives	<b>34</b> doctors	<b>33</b> others