

# MOZAMBIQUE

## IN 2023

In northern Mozambique, the humanitarian situation in 2023 was marked by the **return of IDPs to their districts of origin**, thanks to the improvement of security and the desire to be reunited with their families. However, after years of trauma and being far from home, many have returned to areas where basic social services are still lacking. Doctors with Africa CUAMM continued to provide humanitarian support, concentrating on **mental health, victims of gender-based violence, and nutrition**, using mobile clinics in the province of Cabo Delgado.

In February and March, **Tropical Cyclone Freddy** struck Mozambique twice, causing flooding which impacted over **800,000 people** and damaged essential infrastructure such as schools and healthcare facilities. Those floods also exacerbated the **cholera epidemic**. CUAMM responded by mobilizing over **60 teams trained to manage cholera cases, sending them to the Cabo Delgado, Sofala, Zambezia and Tete** provinces.

Throughout 2023, Doctors with Africa CUAMM continued with its activities in the province of Sofala, supporting neonatology and pediatrics at **Beira Central Hospital**. The goal was to

guarantee high-quality services, with the presence of expert healthcare staff consistently working alongside local personnel. To improve access to treatment, we maintained a **free ambulance service available 24/7**, with circa 800 monthly trips from health centers to Beira Central Hospital.

On the maternal and child health front, CUAMM proceeded with its **adolescent sexual and reproductive health project** in Tete Province, providing assistance to Tete Provincial Hospital and six health centers in the Angonia and Mutarara districts. These efforts improved the quality of clinical care through staff training and infrastructural upgrades.

CUAMM continued to bolster its efforts to combat **noncommunicable chronic diseases**, continuing with long-term interventions in Zambézia and Sofala provinces, with special attention paid to pediatric patients and Type 1 diabetes.

2023  
SNAPSHOT

**298**  
human resources

**41**  
health facilities supported

**€6,276,166**  
invested in projects

## COUNTRY PROFILE

**Maputo**  
capital city

**32,513,805**  
population

**799,380 km<sup>2</sup>**  
land area

**17.2**  
average age of the population

**56.4/59 years**  
life expectancy at birth (m/f)

**4.74**  
average n. of children per women

**185th**  
**out of 193**  
**countries**  
human development index ranking



**127**  
**out of every 100,000 live births**  
maternal mortality



**70**  
**out of every 1,000 live births**  
under-5 child deaths



**28**  
**out of every 1,000 live births**  
newborn deaths



# WHERE WE WORK



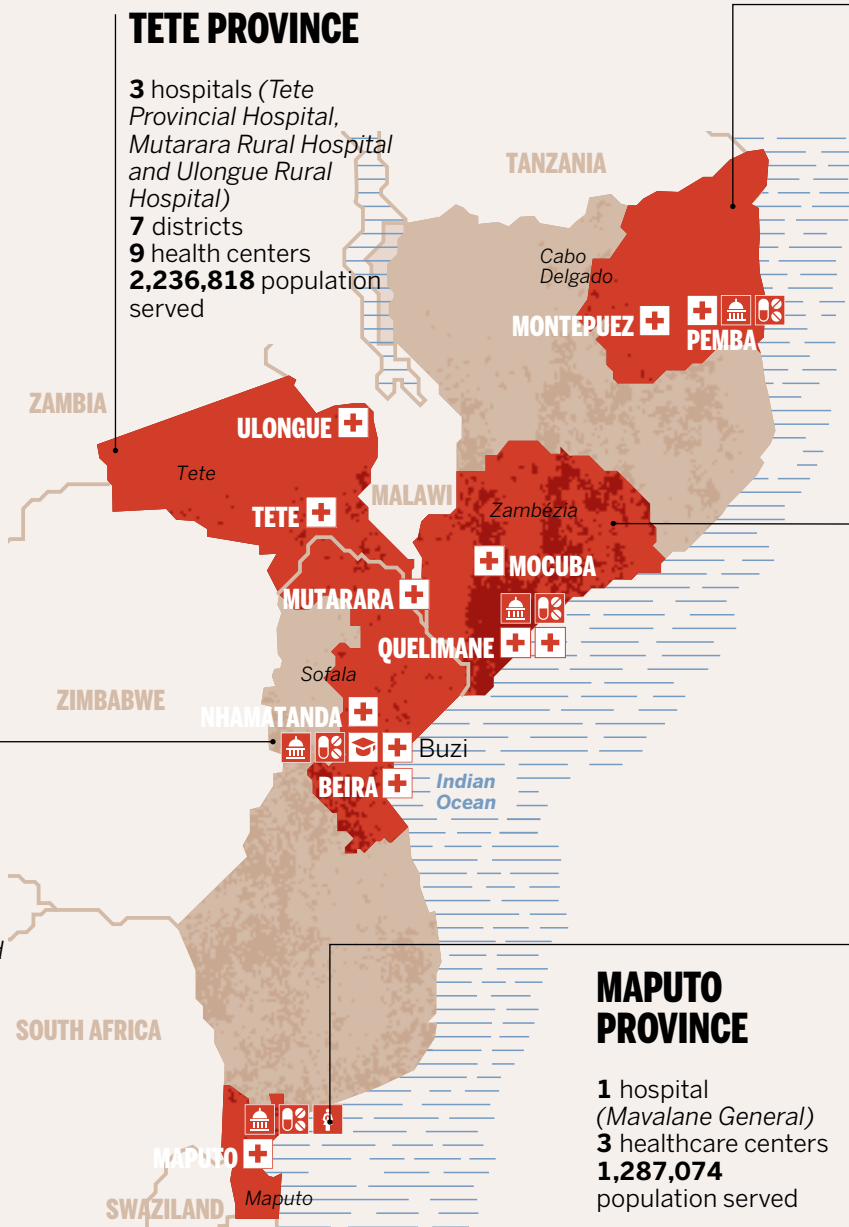
## SOFALA PROVINCE

3 hospitals (Beira Central Hospital, Nhamatanda Hospital and Buzi)  
 1 university (Catholic University of Mozambique)  
 10 health centers  
 4 districts  
 1,273,941 population served

0 125 250 km

## TETE PROVINCE

3 hospitals (Tete Provincial Hospital, Mutarara Rural Hospital and Ulongue Rural Hospital)  
 7 districts  
 9 health centers  
 2,236,818 population served



## CABO DELGADO PROVINCE

2 hospitals (Montepuez and Pemba)  
 3 health centers  
 8 districts  
 1,256,746 population served



## ZAMBEZIA PROVINCE





3 hospitals (Quelimane Central Hospital, Mocuba Rural Hospital and Quelimane General Hospital)  
 4 health centers  
 7 districts  
 2,665,694 population served

## MAPUTO PROVINCE

1 hospital (Mavalane General)  
 3 healthcare centers  
 1,287,074 population served

  
**Maternal-infant health & pediatrics**  
 Sofala and Maputo  
**Diabetes, hypertension and cervical cancer**  
 Maputo, Sofala and Zambezia provinces

# RESULTS

 <b>MATERNAL AND CHILD HEALTH</b>	<b>31,276</b> prenatal doctor's visits	<b>129,417</b> deliveries attended	<b>35,299</b> under-5 children examined	<b>3,363</b> trips provided for obstetric emergencies
 <b>INFECTIOUS DISEASES</b>	<b>300,649</b> adolescents informed/educated about HIV/AIDS	<b>150,856</b> adolescents tested for HIV	<b>870</b> HIV-positive adolescents	
 <b>CONTINUAL TRAINING</b>	<b>61</b> community agents	<b>129</b> nurses and midwives	<b>74</b> doctors	<b>50</b> graduates in medicine
 <b>CHRONIC DISEASES</b>	<b>344</b> visits for diabetes	<b>110</b> patients with diabetes		