

TANZANIA

IN 2022

In 2022 Doctors with Africa CUAMM's activities in Tanzania continued to be impacted by the **COVID-19** crisis, which the country's already weak health facilities were unprepared to handle. Doctors with Africa CUAMM supported the health system by providing **medical supplies, drugs and personal protective equipment** and making its personnel available to treat the sick. Our organization lent support to the 5 regions where we are active – Iringa, Njombe, Simiyu, Shinyanga and Dodoma – with their **COVID-19 vaccination campaigns**, assisting with **logistics, vaccine distribution and immunization** in villages and helping to raise community awareness about the virus. We also continued our intervention in the area of **maternal and child health**, facilitating access to health services, including obstetric emergency services, to those in need to ensure greater service coverage, equity and quality. Support was provided to peripheral health facilities through the training of health workers, supervision and the supply of drugs. In addition, CUAMM worked to combat **acute and chronic malnutrition**, supporting Tanzania's national program with educational activities to promote the **exclusive breastfeeding** of newborns for the first 6 months of life, **weaning** and **proper infant feeding**. Integrated with water and agriculture-related initiatives conducted in partnership with other NGOs to help improve the nutritional conditions of both mothers and children,

the interventions sought to improve the quality of the services delivered by nutritional units by providing **health personnel training, supervision and nutritional supplements** critical for the treatment of malnourished individuals. To help foster children's **physical, cognitive, social and emotional development**, CUAMM integrated these activities with others aimed at promoting **early child development**. Our **HIV prevention and treatment efforts** in Tanzania continued in 2022. The program that implemented the **test-and-treat strategy** in the Shinyanga and Simiyu Regions with the aim of expanding the number of individuals tested for the virus, reducing HIV-related stigma, and launching a model of decentralized treatment (CLUBs) for stable HIV-positive individuals drew to an end, but our HIV work continued in the Shinyanga Region, with a special focus on adolescents and young adults. A key goal for CUAMM is to bolster **efforts to prevent and treat chronic diseases** at the national level. Our integrated project for the **prevention and treatment of diabetes and hypertension** in the Iringa DC District and at the Tosamaganga Hospital proceeded in 2022, with the hospital acting as the district's referral facility for the diagnosis and care of chronic patients and peripheral facilities supporting treatment and follow-up.

2022 SNAPSHOT

106
human resources

42
health facilities supported

€ 1,647,180
invested in projects

COUNTRY PROFILE

Dodoma
capital



524
maternal deaths
per 100,000 live births

65,642,682
population

947,300
sq. km.
land area



47
under-5 child deaths
per 1,000 live births

18.2
average age of population

68.7/72.3
life expectancy at birth (m/f)



20
newborn deaths
per 1,000 live births

4.3
average no. of children per woman

160th
out of 191
countries
human development index ranking



WHERE WE WORK

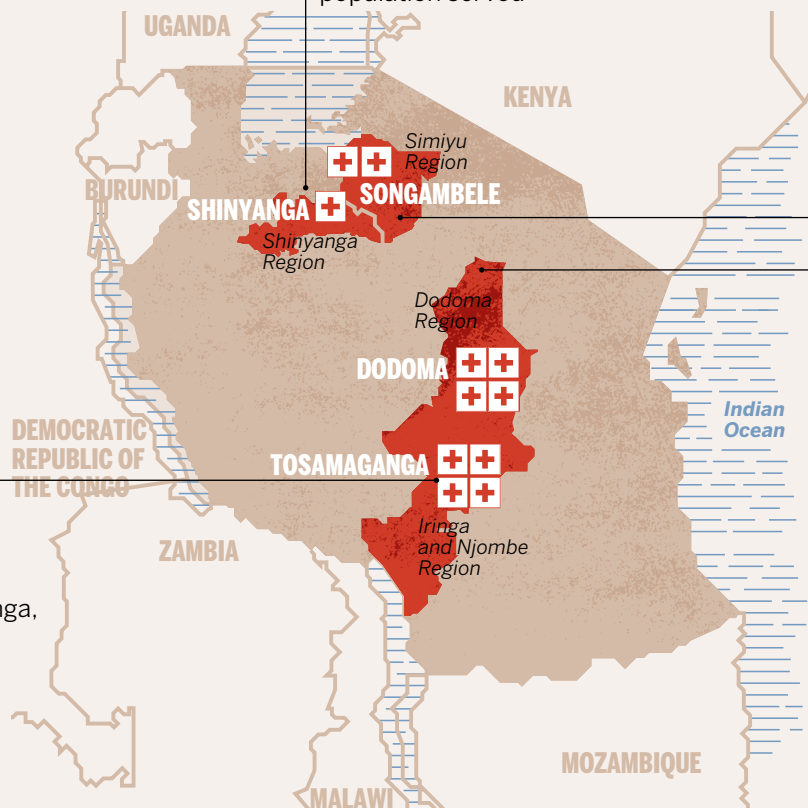


IRINGA AND NJOMBE REGION

4 hospitals (Tosamaganga, Kilolo District Hospital, Mafinga Town Council Hospital and Kibena)
15 health centers
2 districts
398,168 population served

SHINYANGA REGION

1 regional hospital (Shinyanga)
2 health centers
2 districts
684,561 population served



SIMIYU REGION

2 hospitals (Songambele and Bariadi)
3 health centers
3 districts
606,058 population served








DODOMA REGION

4 hospitals (Dodoma Regional Referral Hospital and Chamwino, Kongwa and Bahi District Hospitals)
11 health centers
3 districts
346,507 population served

0 150 300 km

RESULTS ACHIEVED

 MATERNAL AND CHILD HEALTH	38,268 prenatal visits conducted	11,621 deliveries attended	66,295 under-5 children examined	18,711 vaccination administered
 NUTRITION	379 children treated for severe acute malnutrition			
 INFECTIOUS DISEASES	2,610 patients treated for malaria	822 patients treated for tuberculosis	10,545 patients treated with antiretroviral therapy	
 CHRONIC DISEASES	1,474 visits for diabetes	2,992 visits for hypertension	102 patients with cardiomyopathies	31 patients with cerebral ischemia
 CONTINUAL TRAINING	31 nurses	24 midwives	52 doctors	97 others