

TANZANIA

doctorswithafrica.org/en/where-we-work/in-africa/our-work-in-tanzania/

IN 2021

Doctors with Africa CUAMM's activities in Tanzania were heavily impacted by the **COVID-19 crisis** in 2021. The country's already weak health facilities were therefore unable to take appropriate countermeasures, which left them unprepared to handle the large number of infected patients when the Delta variant emerged in July. Doctors with Africa CUAMM supported the health system by providing **medical supplies, drugs and protective materials** and making its **personnel** available to help treat the sick. In the fall, when COVID-19 vaccination campaigns kicked off, our organization lent its support to the 5 regions where we are active – Iringa, Njombe, Simiyu, Shinyanga and Dodoma – assisting with **logistics, vaccine distribution and immunization** in villages and helping to raise community awareness about the virus.

We also continued our intervention in the area of **maternal and child health, facilitating access to health services**, including **obstetric emergency services**, to those in need, to ensure greater service coverage, equity and quality. Support was provided to peripheral health facilities through the **training of health workers**, supervision and the supply of **drugs**. In addition, CUAMM worked to combat **acute and chronic malnutrition**, supporting Tanzania's national program with educational activities to promote the **exclusive**

breastfeeding of newborns for the first 6 months of life, **weaning, and proper infant feeding**. Integrated with water and agriculture-related initiatives carried out in partnership with other NGOs, the interventions sought to improve the quality of services provided by nutritional units through **health personnel training**, supervision and the supply of **nutritional supplements** critical for the treatment of malnourished individuals. CUAMM integrated them with other activities aimed at early child development to help foster children's **physical, cognitive, social and emotional development**.

Our HIV prevention and treatment efforts also continued with a program in the Shinyanga and Simiyu Regions that implemented the **test-and-treat strategy** and provided free care and treatment to HIV-positive patients. The program also involved **awareness-raising campaigns** to reduce HIV-related stigma and offered opportunities for testing, with a special focus on adolescents. Another key goal for CUAMM was to bolster **efforts to prevent and treat chronic diseases** at the national level. We developed an integrated project for the **prevention and treatment of diabetes and hypertension** at the Tosamaganga Hospital, which became the district referral facility for the diagnosis and care of such patients, with peripheral facilities supporting treatment and follow-up.

2021 SNAPSHOT

149
human resources

120
health facilities supported

€2,805,814
invested in projects

COUNTRY PROFILE

Dodoma
capital



524
maternal deaths
per 100,000
live births

61,048,540
population

885,800
sq. km.
land area



53
under-5 child deaths
per 1,000
live births

18
average age
of population

63.6/67.2
life expectancy
at birth (m/f)



4.8
average no.
of children
per woman

163rd
out of 189
countries
human
development
index ranking

37.6
newborn deaths
per 1,000
live births



WHERE WE WORK



SHINYANGA REGION

1 regional hospital (Shinyanga)
2 health centers
2 districts
511,178 population served

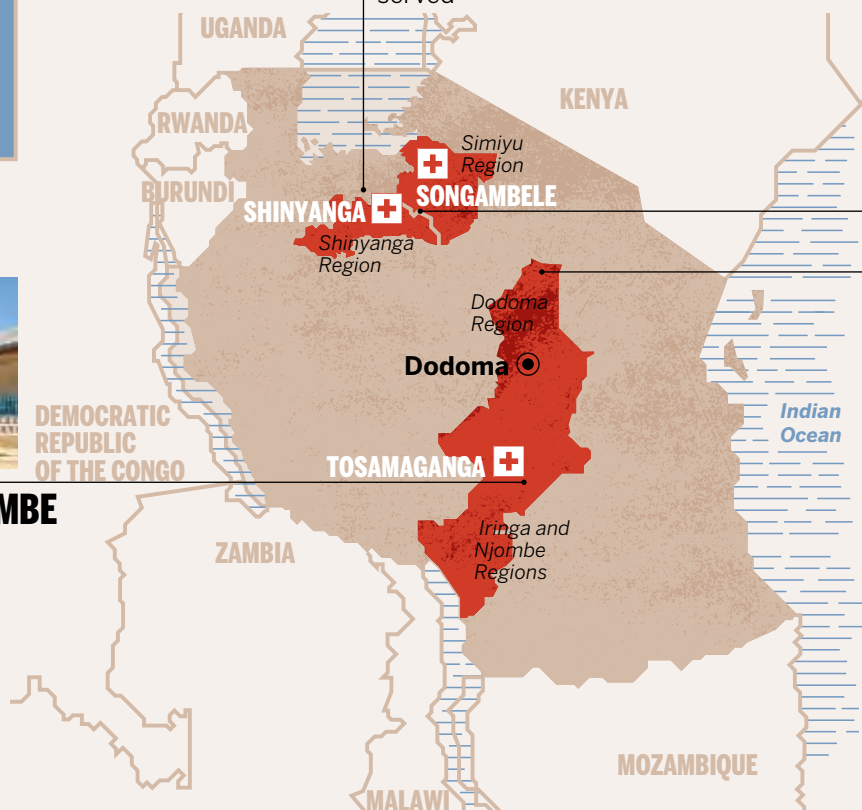
SIMIYU REGION

1 hospital (Songambele)
10 health centers
3 districts
1,211,630 population served



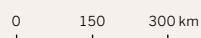
DODOMA REGION

8 health centers
2 districts
29,464 population served








IRINGA AND NJOMBE REGIONS

3 hospitals (Tosamaganga, Kilolo District Hospital and Mafinga Town Council Hospital)
27 health centers
4 districts
888,197 population served



RESULTS ACHIEVED

 MATERNAL AND CHILD HEALTH	33,009 prenatal visits conducted	401 trips provided for obstetric emergencies	15,255 deliveries attended	73,901 under-5 children examined	17,593 vaccinations administered
 NUTRITION	460 children treated for severe acute malnutrition	15,367 children under the age of 2 screened for stunting in Simiyu Region		40 children under the age of 2 diagnosed with chronic malnutrition in Simiyu Region	
 INFECTIOUS DISEASES	3,182 patients treated for malaria	212 patients treated for tuberculosis	11,289 patients treated with antiretroviral therapy		
 CHRONIC DISEASES	1,138 visits for diabetes	3,016 visits for hypertension	375 patients with cardiomyopathies	63 patients with cerebral ischemia	
 CONTINUAL TRAINING	11 community agents	61 nurses	21 midwives	28 doctors	47 others