

# MOZAMBIQUE

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## 2019 SNAPSHOT

**157**  
human resources

**37**  
health facilities supported

**4,783,157 €**  
invested in projects

## IN 2019

In 2019, Mozambique was struck by two cyclones: **Cyclone Idai in Sofala province and Cyclone Kenneth in Cabo Delgado province** (See Focus p. 18). CUAMM has strengthened the interventions at national level in the area of non-communicable diseases, helping to develop **national guidelines on managing diabetes and hypertension**. In Cabo Delgado, we stepped up our activities to support **maternal and child health** and started to bolster our action also in the area of **sexual and reproductive health of adolescents and young people, with interventions to fight HIV/AIDS** by promoting counselling. In Sofala province, our work on maternal and child health was extended to the **districts and hospitals of Dondo and Nhamatanda**, as well as **Beira**, through the redevelopment of the **neonatology unit**. In these areas, there have been numerous interventions to support the health facilities affected by Cyclone Idai; **a referral system of emergency obstetric and paediatric care was set up in the city of Beira** and 200 community activists were engaged in cholera prEventson.

## OUR HISTORY

- 1978**  
Start of intervention with health cooperation projects.
- 1992-1997**  
Functional rehabilitation of the health system in Sofala province.
- 1997-2001**  
Support for provincial health directorates (Sofala, Zambezia, Maputo).
- 2002**  
Support for Beira Central Hospital.
- 2004**  
Collaboration with the Catholic University of Mozambique in Beira.
- 2014**  
Intervention in Cabo Delgado province.
- 2016**  
"Mothers and Children First. 1000 Days." programme.
- 2017**  
Intervention in Tete province to combat HIV/AIDS among adolescents  
Start of the programme to combat non-communicable diseases.
- 2018**  
Start of the relations with Misau to develop national guidelines for the management and treatment of diabetes and hypertension.
- 2019**  
Start of the programme to combat non-communicable diseases (including cervical cancer) at the primary health level and level-four hospitals (provinces of Maputo, Maputo City, Sofala, Zambezia)

### Country profile

**Maputo**  
Capital

**29.5 million**  
population

**801,590 km<sup>2</sup>**  
area

**17.6 anni**  
età media della popolazione

**57/63 years**  
Life expectancy (m/f)

**4.9**  
Average number of children per woman

**180<sup>th</sup> of 189 countries**  
Human Development Index



**489 of 100,000 live births**  
Maternal mortality rate



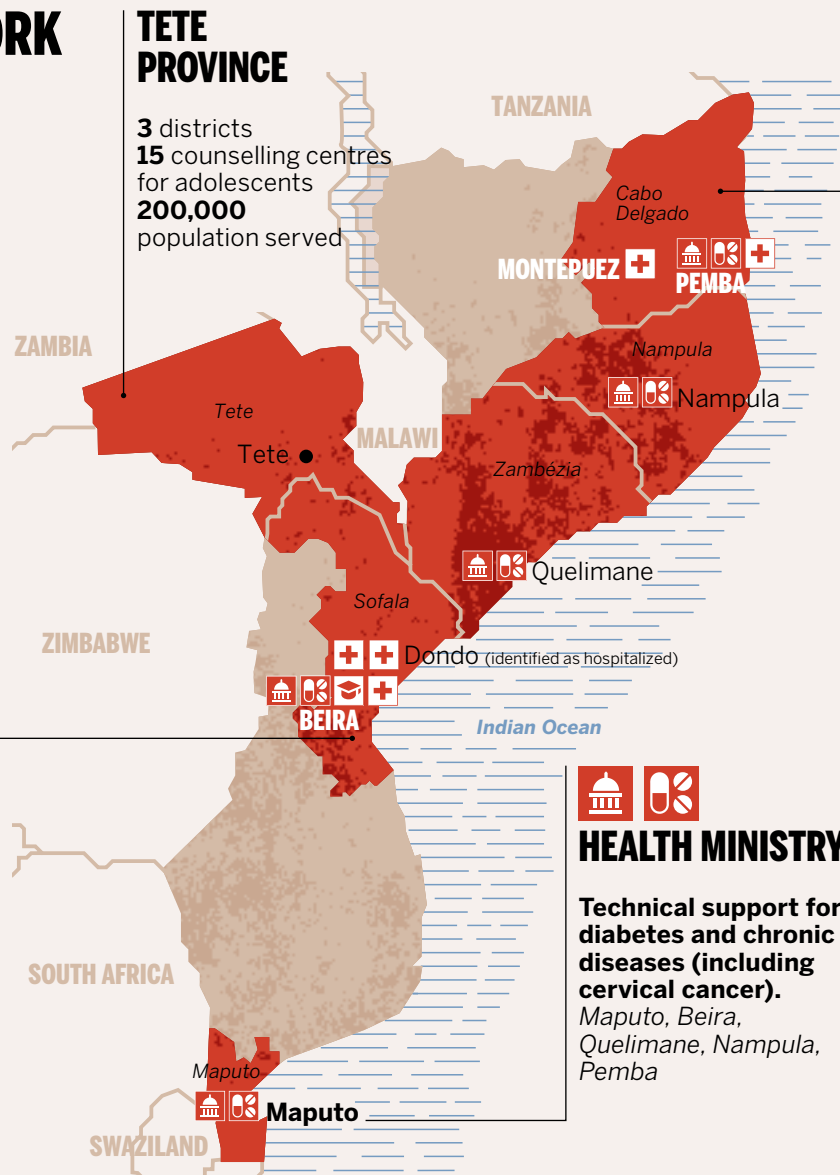
**72.4 of 1,000 live births**  
Under-five mortality rate



**53.3 of 1,000 live births**  
Neonatal mortality rate



# WHERE WE WORK



## TETE PROVINCE

3 districts  
15 counselling centres for adolescents  
200,000 population served

## CABO DELGADO PROVINCE

1 hospital  
Montepuez  
2 health centres  
Nampula  
6 districts  
1,235,844 population served








## SOFALA PROVINCE

3 Beira Central Hospital, Nhamatanda Hospital, Dondo health centre (hospital equivalent)  
1 Catholic University of Mozambique  
6 health centres  
463,442 population served

## HEALTH MINISTRY

Technical support for diabetes and chronic diseases (including cervical cancer).  
Maputo, Beira, Quelimane, Nampula, Pemba

# RESULTS ACHIEVED

	<b>MATERNAL AND CHILD HEALTH</b>	<b>56,904</b> parental visits	<b>24,247</b> attended births	<b>229,111</b> visits for children under 5 years
	<b>NUTRITION</b>	<b>70</b> children treated for severe acute malnutrition		
	<b>INFECTIOUS DISEASES</b>	<b>57,421</b> adolescents educated about HIV/AIDS	<b>357,421</b> adolescents tested for HIV	<b>810</b> adolescents tested positive
	<b>CHRONIC DISEASES</b>	<b>4,181</b> visits per diabete	<b>3,137</b> visits for hypertension	<b>3,336</b> patients with heart disease
	<b>ONGOING TRAINING</b>	<b>143</b> community agents	<b>11</b> nurses	<b>25</b> students graduated from the University of Beira
				<b>5</b> teachers sent for short teaching modules