IN 2019

In 2019, Mozambique was struck by two cyclones: Cyclone Idai in Sofala province and Cyclone Kenneth in Cabo Delgado province (See Focus p. 18). CUAMM has strengthened the interventions at national level in the area of non-communicable diseases, helping to develop national guidelines on managing diabetes and hypertension. In Cabo Delgado, we stepped up our activities to support maternal and child health and started to bolster our action also in the area of sexual and reproductive health of adolescents and young people, with interventions to fight HIV/AIDS by promoting counselling. In Sofala province, our work on maternal and child health was extended to the districts and hospitals of Dondo and Nhamatanda, as well as Beira, through the redevelopment of the neonatology unit. In these areas, there have been numerous interventions to support the health facilities affected by Cyclone Idai: a referral system of emergency obstetric and paediatric care was set up in the city of Beira and 200 community activists were engaged in cholera prEventson.

OUR HISTORY

1978 Start of intervention with health cooperation projects.
1997-2001 Support for provincial health directorates (Sofala, Zambezia, Maputo).
2002 Support for Beira Central Hospital.
2004 Collaboration with the Catholic University of Mozambique in Beira.
2014 Intervention in Cabo Delgado province.
2016 “Mothers and Children First. 1000 Days.” programme.
2017 Intervention in Tete province to combat HIV/AIDS among adolescents
Start of the programme to combat non-communicable diseases.
2018 Start of the relations with Misau to develop national guidelines for the management and treatment of diabetes and hypertension.
2019 Start of the programme to combat non-communicable diseases (including cervical cancer) at the primary health level and level-four hospitals (provinces of Maputo, Maputo City, Sofala, Zambezia)
WHERE WE WORK

**TETE PROVINCE**
- 3 districts
- 15 counselling centres for adolescents
- 200,000 population served

**CABO DELGADO PROVINCE**
- 1 hospital
- Montepuez
- 2 health centres
- 6 districts
- 1,235,844 population served

**SOFALA PROVINCE**
- 3 Beira Central Hospital, Nhamatanda Hospital, Dondo health centre (hospital equivalent)
- 1 Catholic University of Mozambique
- 6 health centres
- 463,442 population served

**HEALTH MINISTRY**
Technical support for diabetes and chronic diseases (including cervical cancer).
Maputo, Beira, Quelimane, Nampula, Pemba

RESULTS ACHIEVED

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<thead>
<tr>
<th><strong>MATERNAL AND CHILD HEALTH</strong></th>
<th>56,904 parental visits</th>
<th>24,247 attended births</th>
<th>229,111 visits for children under 5 years</th>
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<tbody>
<tr>
<td><strong>NUTRITION</strong></td>
<td>70 children treated for severe acute malnutrition</td>
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<td><strong>INFECTION DISEASES</strong></td>
<td>57,421 adolescents educated about HIV, 357,421 adolescents tested for HIV, 810 adolescents tested positive, 220,200 patients treated for malaria including 81,452 &lt; age 5</td>
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<tr>
<td><strong>CHRONIC DISEASES</strong></td>
<td>4,181 visits per diabetes, 3,137 visits for hypertension, 3,336 patients with heart disease</td>
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<td><strong>ONGOING TRAINING</strong></td>
<td>143 community agents, 11 nurses, 25 students graduated from the University of Beira, 5 teachers sent for short teaching modules</td>
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